

1 - 2 - 3
8 - 9 - 10
M A A R T

NEDERLANDSE
W I N T E R
K A M P I O E N
S C H A P P E N

Zwemmen

DORDRECHT



R.K. ZWEM- EN POLOVERENIGING
NAUTILUS
DORDRECHT



NWVK '91

NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



OLYMPISCHE
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

1 400m Wisselslag Pers. M.'78

Datum : 1- 3-91

1 Mariska van Harn	D.W.K.	78-566	34.30	1:13.80	1:54.03	2:35.18	3:20.99	4:07.28	4:43.15
			5:18.28						
2 Sabrina Fortes	De Kempvis	78-529	32.86	1:11.92	1:52.99	2:34.82	3:21.69	4:10.01	4:46.11
			5:22.52						
3 Wendy Timmermans	W.V.Z.	78-014	33.38	1:12.56	1:54.99	2:37.94	3:27.75	4:18.42	4:55.93
			5:32.91						

2 400m Wisselslag Pers. M.'77

Datum : 1- 3-91

1 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	32.45	1:09.26	1:46.15	2:23.78	3:08.03	3:52.15	4:26.68
			5:00.00						
2 Karen Wammes	T.Z.C.-Vahalis	77-296	33.69	1:11.79	1:49.93	2:29.79	3:17.36	4:04.46	4:38.91
			5:12.48						
3 Fleur Bakker	L.Z.1886	77-473	35.06	1:14.33	1:53.72	2:35.00	3:20.17	4:04.49	4:40.55
			5:13.35						
4 Madelon Baans	De Kempvis	77-624	33.37	1:12.58	1:52.65	2:34.28	3:19.14	4:05.93	4:42.20
			5:17.26						
5 Annemieke Mos	B & O Torpedo	77-043	34.58	1:15.00	1:55.78	2:37.60	3:26.05	4:15.32	4:53.70
			5:29.29						
6 Barbara van Lieshout	Nautilus	77-656	34.20	1:14.41	1:57.14	2:41.41	3:26.62	4:12.97	4:52.56
			5:29.48						

3 400m Wisselslag Pers. M.'76

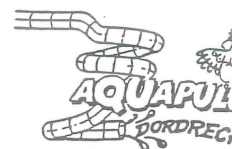
Datum : 1- 3-91

1 Kirsten Vlieghuis	De Dinkel	76-398	32.85	1:10.14	1:48.61	2:27.11	3:11.27	3:55.21	4:28.13
			4:59.22						
2 Kitty Mensink	De Dinkel	76-293	31.57	1:08.48	1:46.73	2:26.15	3:09.01	3:52.48	4:26.39
			4:59.70						
3 Regina van Bruggen	W.V.Z.	76-609	33.48	1:11.52	1:52.93	2:33.67	3:16.30	3:59.37	4:34.71
			5:09.12						
4 Wendy Groeneveld	De Dinkel	76-339	33.11	1:11.92	1:53.20	2:33.80	3:16.57	3:59.66	4:35.73
			5:11.09						
5 Bianca Hocks	L.Z.1886	76-439	34.63	1:13.94	1:52.96	2:33.29	3:19.31	4:05.08	4:40.46
			5:14.41						
6 Bianca Lutters	P.S.V.	76-037	33.86	1:12.92	1:55.00	2:37.35	3:21.25	4:07.13	4:42.37
			5:17.21						
7 Monique Hamstra	Stadskanaal	76-365	33.32	1:12.13	1:53.55	2:34.58	3:21.05	4:06.71	4:44.07
			5:19.85						
8 Danielle Klaverdijk	Nautilus	76-430	34.37	1:14.23	1:55.94	2:38.10	3:23.94	4:10.56	4:46.61
			5:23.22						



wegenbouw
verzijl b.v.

adidas



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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W. DE POLOVERENING
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

4 400m Wisselslag Pers. M.'75

Datum : 1- 3-91

1 Nida Zuhal	Double Duty-V.Z.C.	75-403	31.34	1:06.71	1:45.05	2:23.62	3:06.88	3:51.12	4:25.99
			4:59.55						
2 Linda v.d. Bosch	W.V.Z.	75-528	32.94	1:10.21	1:50.02	2:30.46	3:13.76	3:57.67	4:32.27
			5:05.88						
3 Wilma Veldhoen	D.S.Z.	75-404	32.09	1:08.34	1:48.60	2:29.57	3:15.63	4:01.83	4:37.78
			5:11.42						
4 Diana Ijspeert	D.W.K.	75-480	32.45	1:10.14	1:50.72	2:31.61	3:15.07	3:59.93	4:36.47
			5:11.46						
5 Nancy Timmermans	De Aa	75-441	33.11	1:10.64	1:50.63	2:31.57	3:18.41	4:06.26	4:38.82
			5:11.55						
6 Sandra van 't Hof	De Dolfijn	75-273	32.73	1:11.49	1:53.63	2:36.59	3:19.15	4:03.30	4:39.04
			5:13.38						

Prog. 5 400m Wisselslag Pers. M.'74/'73

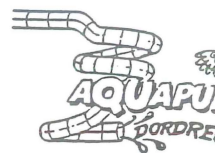
Datum : 1- 3-91

1 Kristel Tellegen	P.S.V.	74-016	31.56	1:07.47	1:46.92	2:27.39	3:07.36	3:48.00	4:21.54
			4:54.84						
2 Iris Westrik	De Dinkel	74-322	31.66	1:07.64	1:45.02	2:22.87	3:05.97	3:49.56	4:23.14
			4:56.99						
3 Radna Mulder	De Zijl/L.G.B.	73-146	32.31	1:08.69	1:47.45	2:26.58	3:09.75	3:53.88	4:27.68
			5:01.72						
4 Brenda Starink	De Kempvis	74-378	33.19	1:08.27	1:45.94	2:25.61	3:10.56	3:56.41	4:31.94
			5:06.25						
5 Sylvia Gase	De Dolfijn	73-311	31.49	1:08.64	1:48.38	2:28.99	3:12.21	3:57.07	4:34.94
			5:11.67						
6 Wendy Leemker	Orca	74-431	33.50	1:14.67	1:53.34	2:33.47	3:20.67	4:07.56	4:43.94
			5:20.32						

Prog. 6 400m Wisselslag Pers. DAMES

Datum : 1- 3-91

1 Yvette Vester	A.Z. & P.C.	71-125	32.23	1:08.97	1:47.21	2:26.57	3:07.98	3:50.18	4:23.71
			4:55.75						
2 Gea Veldhuizen	S.G.G. (Startgem)	71-646	32.31	1:09.10	1:47.82	2:27.46	3:10.82	3:54.64	4:28.44
			5:00.50						
3 Ingrid Koeman	De Dolfijn	71-067	31.39	1:06.52	1:46.08	2:26.09	3:08.72	3:52.68	4:27.33
			5:01.13						
4 Desiree de Bruijn	W.V.Z.	71-435	31.44	1:07.29	1:46.07	2:26.29	3:10.25	3:54.32	4:28.55
			5:03.15						
5 Carla Geurts	De Dolfijn	71-232	32.04	1:08.13	1:48.23	2:27.69	3:11.78	3:57.45	4:31.44
			5:04.44						
6 Angelique Jacobs	P.S.V.	72-039	31.53	1:07.68	1:47.49	2:28.70	3:15.19	4:01.39	4:37.71
			5:13.94						



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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NAUTILUS
DORDRECHT

ZWEMMEN 1991



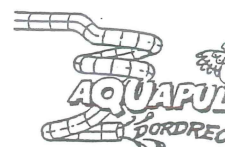
SPEEDO

MICROWAY
COMPUTERS

7 400m Wisselslag Pers. DAMES (all in)

Datum : 1- 3-91

1 Kristel Tellegen	P.S.V.	74-016	31.56	1:07.47	1:46.92	2:27.39	3:07.36	3:48.00	4:21.54
			4:54.84						
2 Yvette Vester	A.Z. & P.C.	71-125	32.23	1:08.97	1:47.21	2:26.57	3:07.98	3:50.18	4:23.75
			4:55.75						
3 Iris Westrik	De Dinkel	74-322	31.66	1:07.64	1:45.02	2:22.87	3:05.97	3:49.56	4:23.18
			4:56.99						
4 Kirsten Vliegheuis	De Dinkel	76-398	32.85	1:10.14	1:48.61	2:27.11	3:11.27	3:55.21	4:28.13
			4:59.22						
5 Nida Zuhai	Double Duty-V.Z.C.	75-403	31.34	1:06.71	1:45.05	2:23.62	3:06.88	3:51.12	4:25.99
			4:59.55						
6 Kitty Mensink	De Dinkel	76-293	31.57	1:08.48	1:46.73	2:26.15	3:09.01	3:52.48	4:26.39
			4:59.70						
7 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	32.45	1:09.26	1:46.15	2:23.78	3:08.03	3:52.15	4:26.68
			5:00.00						
8 Gea Veldhuizen	S.G.G. (Startgem)	71-646	32.31	1:09.10	1:47.82	2:27.46	3:10.82	3:54.64	4:28.41
			5:00.50						
9 Ingrid Koeman	De Dolfijn	71-067	31.39	1:06.52	1:46.08	2:26.09	3:08.72	3:52.68	4:27.32
			5:01.13						
10 Radna Mulder	De Zijl/L.G.B.	73-146	32.31	1:08.69	1:47.45	2:26.58	3:09.75	3:53.88	4:27.83
			5:01.72						
11 Desiree de Bruijn	W.V.Z.	71-435	31.44	1:07.29	1:46.07	2:26.29	3:10.25	3:54.32	4:28.52
			5:03.15						
12 Carla Geurts	De Dolfijn	71-232	32.04	1:08.13	1:48.23	2:27.69	3:11.78	3:57.45	4:31.46
			5:04.44						
13 Linda v.d. Bosch	W.V.Z.	75-528	32.94	1:10.21	1:50.02	2:30.46	3:13.76	3:57.67	4:32.27
			5:05.88						
14 Brenda Starink	De Kempvis	74-378	33.19	1:08.27	1:45.94	2:25.61	3:10.56	3:56.41	4 96
			5:06.25						
15 Regina van Bruggen	W.V.Z.	76-609	33.48	1:11.52	1:52.93	2:33.67	3:16.30	3:59.37	4:34.71
			5:09.12						
16 Wendy Groeneveld	De Dinkel	76-339	33.11	1:11.92	1:53.20	2:33.80	3:16.57	3:59.66	4:35.73
			5:11.09						
17 Wilma Veldhoen	D.S.Z.	75-404	32.09	1:08.34	1:48.60	2:29.57	3:15.63	4:01.83	4:37.78
			5:11.42						
18 Diana IJspeert	D.W.K.	75-480	32.45	1:10.14	1:50.72	2:31.61	3:15.07	3:59.93	4:36.47
			5:11.46						
19 Nancy Timmermans	De Aa	75-441	33.11	1:10.64	1:50.63	2:31.57	3:18.41	4:06.26	4:39.82
			5:11.55						
20 Sylvia Gase	De Dolfijn	73-311	31.49	1:08.64	1:48.38	2:28.99	3:12.21	3:57.07	4:34.91
			5:11.67						
21 Karen Wammes	T.Z.C.-Vahalis	77-296	33.69	1:11.79	1:49.93	2:29.79	3:17.36	4:04.46	4:38.91



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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DE POLOVERENING
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

8 50m Vrije slag HEREN

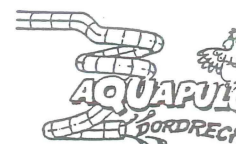
Datum : 1- 3-91

1 Ron Dekker	De IJssel	66-044	23.10
2 Hans Kroes	H.P.C.	65-264	23.14
3 Casper van Dam	Zwemlust-den Hommel	71-405	23.23
4 Wilco v.d. Akker	A.Z. & P.C.	73-019	23.36
5 Marcel de Natris	De Zijl/L.G.B.	70-049	23.64
6 Ruud Coone	De Dolfijn	68-065	23.75
7 Leon Verhage	Nautilus	64-539	23.81
8 Bram van Haandel	P.S.V.	73-087	23.85
9 Etienne Boukal	De Dolfijn	69-300	23.90
10 Dick Roest	L.Z.1886	68-616	24.02
11 Edwin de Wilde	A.Z. & P.C.	72-469	24.24
12 Daniel v.d. Weerd	De Steur	73-491	24.29
13 Edwin v.d. Wulp	Steenwijk 1934	70-332	24.42
14 Wilko Trompetter	D.Z. & P.C.	73-639	24.43
15 Rudi Goudswaard	Luctor et Emergo	69-236	24.55
16 Dennis Rijnbeek	Rapido'82	72-226	24.67
17 Michael van Rijn	Rapido'82	70-462	24.90
18 Raymond Groenhart	Aqua'68	68-312	25.47

9 1500m Vrije slag J.'78

Datum : 1- 3-91

1 Pieter v.d. Hoogenband	P.S.V.	78-414	30.24	1:03.86	1:37.78	2:11.43	2:46.16	3:20.55	3:54.83
			4:29.16	5:03.17	5:37.62	6:12.01	6:45.78	7:20.06	7:53.88
			8:27.66	9:01.32	9:35.08	10:08.88	10:42.48	11:16.50	11:50.17
			12:24.04	12:58.06	13:31.80	14:05.99	14:39.98	15:13.90	15:47.71
			16:20.76	16:52.34					
2 Johan van Beek	T.Z.C.-Vahalis	78-291	35.11	1:12.98	1:49.98	2:26.81	3:03.92	3:41.35	4:18.27
			4:55.51	5:32.50	6:09.71	6:46.58	7:23.40	8:00.54	8:37.26
			9:13.96	9:50.69	10:27.81	11:04.80	11:41.89	12:19.06	12:56.11
			13:33.21	14:10.59	14:47.22	15:24.50	16:01.77	16:39.09	17:16.57
			17:51.55	18:26.33					
3 Bob de Hoon	T.Z.C.-Vahalis	78-313	33.61	1:09.97	1:46.41	2:23.73	3:00.68	3:37.45	4:14.84
			4:52.11	5:29.55	6:07.15	6:44.56	7:22.15	7:59.62	8:37.14
			9:14.12	9:51.32	10:28.85	11:06.15	11:43.58	12:21.11	12:58.92
			13:36.68	14:14.10	14:51.83	15:29.64	16:07.28	16:44.11	17:21.49
			17:58.22	18:34.31					
4 Colin Liem	H.P.C.	78-679	32.39	1:10.19	1:48.94	2:26.51	3:04.14	3:41.38	4:19.07
			4:56.45	5:33.56	6:11.55	6:48.89	7:26.74	8:04.60	8:43.05
			9:20.94	9:57.82	10:35.42	11:12.64	11:50.52	12:28.51	13:06.29
			13:43.75	14:20.67	14:57.94	15:34.86	16:12.20	16:48.67	17:26.26
			18:02.45	18:38.45					
5 Johan van Zetten	T.Z.C.-Vahalis	78-321	35.49	1:13.50	1:52.75	2:31.11	3:09.64	3:47.07	4:25.92
			5:04.77	5:43.59	6:22.98	7:01.20	7:40.23	8:19.79	8:57.25
			9:36.20	10:14.91	10:53.13	11:31.62	12:10.59	12:48.97	13:26.95
			14:05.55	14:43.80	15:22.63	16:01.42	16:39.37	17:17.56	17:55.20
			18:32.47	19:07.93					



NATIONALE WINTERKAMPIOENSCHAPPEN



ZWEMMEN 1991



SPEEDO

Nashua

COPY SERVICE

MICROWAY
COMPUTERS

11. ZWEM- en POLYVAARDIGHEID
NAUTILUS
DORDRECHT

10 1500m Vrije slag J.'77

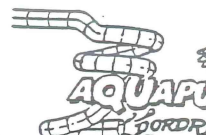
Datum : 1- 3-91

1 Michel Zwennes	D.W.K.	77-540	31.32	1:05.95	1:41.05	2:16.43	2:51.92	3:27.23	4:02.80
			4:38.29	5:13.62	5:49.26	6:24.93	7:00.60	7:36.45	8:12.15
			8:47.94	9:23.77	9:59.63	10:34.92	11:10.69	11:46.45	12:22.43
			12:58.21	13:33.87	14:09.66	14:45.57	15:21.15	15:56.68	16:32.09
			17:06.42	17:38.56					

11 1500m Vrije slag J.'76

Datum : 1- 3-91

1 Christian Fischer	H.P.C.	76-732	27.88	59.24	1:31.32	2:04.37	2:37.23	3:10.24	3:43.31
			4:17.02	4:50.51	5:24.06	5:57.76	6:31.59	7:06.09	7:40.41
			8:14.59	8:48.81	9:22.81	9:56.87	10:30.38	11:03.84	11:37.2
			12:10.73	12:44.23	13:17.58	13:51.21	14:25.26	14:58.64	15:32.9
			16:06.69	16:36.98					
2 Roy Meyboom	Z.O.N./S&S	76-124	29.59	1:02.17	1:35.98	2:09.82	2:43.39	3:17.12	3:51.2
			4:25.09	4:58.97	5:33.02	6:07.28	6:41.80	7:16.48	7:50.9
			8:24.81	8:58.65	9:32.72	10:06.86	10:41.23	11:15.30	11:49.9
			12:23.86	12:57.68	13:31.75	14:05.83	14:39.66	15:13.41	15:47.6
			16:21.25	16:55.06					
3 Jeroen Mulder	A.Z. & P.C.	76-827	28.68	1:01.61	1:34.97	2:08.89	2:42.65	3:16.55	3:50.4
			4:24.59	4:58.77	5:32.89	6:07.20	6:41.55	7:15.83	7:50.5
			8:24.89	8:59.40	9:33.98	10:08.69	10:43.38	11:17.83	11:52.3
			12:26.89	13:01.52	13:36.15	14:10.55	14:45.67	15:20.33	15:54.8
			16:29.02	17:01.54					
4 Eddy de Booy	De Otters	76-362	28.49	1:01.97	1:35.87	2:10.31	2:44.37	3:18.60	3:53.1
			4:27.86	5:02.83	5:38.49	6:14.06	6:49.53	7:25.11	8:00.1
			8:36.00	9:11.79	9:47.34	10:23.43	10:59.00	11:35.31	12:10.1
			12:46.27	13:22.50	13:58.11	14:34.98	15:10.84	15:46.64	16:22.1
			16:57.43	17:32.47					
5 Hans Geert Mast	D.Z. & P.C.	76-708	30.59	1:04.94	1:39.65	2:15.05	2:50.26	3:25.69	4:00.1
			4:36.72	5:12.01	5:47.59	6:23.32	6:59.20	7:35.03	8:10.1
			8:46.34	9:22.04	9:57.66	10:33.39	11:08.80	11:44.51	12:20.1
			12:55.97	13:31.62	14:06.75	14:42.73	15:18.54	15:54.07	16:29.1
			17:05.44	17:38.47					



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua
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NAUTILUS
DORDRECHT

ZWEMMEN 1991



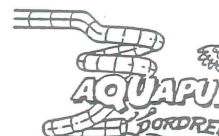
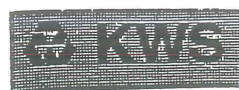
SPEEDO

MICROWAY
COMPUTERS

12 1500m Vrije slag J.'75

Datum : 1- 3-91

1 Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.36	57.52	1:28.97	2:00.38	2:32.28	3:04.28	3:36.66
			4:09.14	4:41.91	5:14.34	5:47.08	6:19.93	6:53.01	7:26.16
			7:59.23	8:32.42	9:05.34	9:38.43	10:11.83	10:45.49	11:18.91
			11:51.95	12:25.09	12:58.04	13:30.96	14:04.04	14:37.75	15:10.72
			15:44.11	16:15.82					
2 Etan Ronen	P.S.V.	75-049	28.67	59.63	1:31.46	2:03.97	2:37.01	3:10.05	3:42.71
			4:15.96	4:49.11	5:22.72	5:56.57	6:30.37	7:04.21	7:37.84
			8:11.70	8:45.36	9:18.97	9:52.51	10:26.36	11:00.17	11:34.94
			12:07.60	12:41.15	13:14.50	13:47.95	14:21.87	14:55.72	15:29.68
			16:01.65	16:33.94					
3 Ronnie Uitzetter	Z.P.A.	75-399	28.02	59.19	1:31.70	2:04.41	2:37.67	3:11.22	3:44.80
			4:18.48	4:52.61	5:26.63	6:00.43	6:34.64	7:08.47	7:42.40
			8:16.39	8:50.35	9:24.12	9:58.55	10:32.48	11:06.92	11:41.26
			12:15.40	12:49.71	13:24.14	13:58.21	14:32.30	15:06.19	15:40.92
			16:13.58	16:45.46					
4 Willy Hansen	De Dinkel	75-400	28.72	1:00.81	1:33.96	2:07.19	2:40.38	3:13.79	3:47.04
			4:20.93	4:55.28	5:29.54	6:03.63	6:37.93	7:11.99	7:45.89
			8:19.19	8:52.89	9:26.78	10:00.68	10:34.54	11:08.17	11:41.81
			12:15.80	12:49.80	13:23.57	13:57.47	14:31.56	15:05.14	15:39.62
			16:13.70	16:45.97					
5 Richard Middelbos	Stadskanaal	75-417	29.32	1:01.60	1:34.63	2:08.34	2:41.69	3:15.59	3:49.15
			4:23.44	4:57.37	5:31.66	6:05.87	6:39.92	7:13.83	7:47.85
			8:21.94	8:56.14	9:30.44	10:04.77	10:39.09	11:12.47	11:46.86
			12:21.43	12:55.88	13:29.82	14:04.45	14:38.46	15:12.60	15:46.88
			16:20.42	16:52.58					
6 Mark Dijkstra	B & O Torpedo	75-056	28.65	1:01.20	1:34.30	2:07.66	2:40.82	3:14.35	3:47.92
			4:21.28	4:55.39	5:29.06	6:03.33	6:37.58	7:12.06	7:45.46
			8:19.91	8:53.84	9:27.98	10:02.27	10:36.21	11:11.19	11:45.81
			12:20.22	12:54.99	13:29.74	14:04.24	14:39.06	15:13.18	15:47.80
			16:21.73	16:55.02					
7 Dennis Kruis	De Hoogwerf	75-282	28.82	1:01.16	1:34.74	2:08.26	2:41.88	3:15.56	3:49.53
			4:23.72	4:57.45	5:31.78	6:05.90	6:40.26	7:14.39	7:48.97
			8:23.30	8:57.69	9:31.78	10:06.23	10:40.83	11:15.35	11:49.90
			12:24.23	12:59.07	13:33.85	14:08.65	14:43.23	15:16.81	15:51.66
			16:24.99	16:57.14					
8 Nils Vonhoff	D.A.W./Sportline	75-454	30.56	1:03.76	1:37.85	2:12.11	2:46.47	3:20.72	3:55.33
			4:30.19	5:05.38	5:40.40	6:15.71	6:52.05	7:27.05	8:02.13
			8:37.53	9:12.94	9:48.72	10:24.39	10:59.92	11:35.72	12:11.33
			12:47.01	13:22.67	13:58.22	14:33.83	15:09.59	15:45.24	16:20.75
			16:56.08	17:30.74					



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

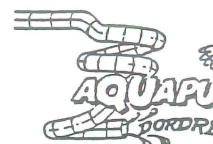
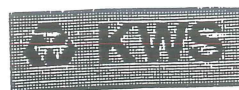
J. 13 1500m Vrije slag J.'74/'73

Datum : 1- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	28.47	1:00.03	1:30.93	2:02.38	2:33.78	3:05.20	3:36.51	
			4:08.04	4:39.11	5:10.62	5:42.13	6:13.64	6:45.22	7:16.90	
			7:48.81	8:20.42	8:51.46	9:22.63	9:54.06	10:25.50	10:57.29	
			11:28.98	12:00.57	12:32.35	13:03.90	13:35.70	14:07.24	14:39.02	
			15:10.10	15:40.35						
2 Mark v.d. Zijden	De Gouwe	73-699	28.37	59.69	1:31.92	2:04.40	2:36.84	3:09.12	3:41.58	
			4:14.14	4:46.54	5:19.24	5:52.03	6:24.83	6:57.66	7:30.31	
			8:03.06	8:35.62	9:08.05	9:40.76	10:13.28	10:45.47	11:17.71	
			11:50.16	12:22.78	12:55.57	13:28.18	14:01.01	14:33.85	15:06.11	
			15:38.10	16:08.90						
3 Patrick Jordan	De Meent	73-182	28.32	1:00.80	1:33.55	2:06.34	2:38.74	3:11.46	3:43.91	
			4:16.98	4:49.48	5:22.40	5:54.83	6:27.77	7:00.47	7:33.31	
			8:06.10	8:39.03	9:11.98	9:45.32	10:18.18	10:51.11	11:24.21	
			11:57.70	12:30.48	13:03.51	13:36.45	14:09.29	14:42.13	15:15.31	
			15:47.80	16:19.44						
4 Roy v.d. Veen	H.P.C.	73-075	28.32	59.73	1:31.82	2:04.57	2:36.80	3:09.12	3:42.01	
			4:15.01	4:48.05	5:21.31	5:54.88	6:28.54	7:02.14	7:35.81	
			8:09.78	8:42.86	9:16.97	9:50.86	10:24.99	10:58.58	11:32.71	
			12:06.35	12:40.18	13:14.34	13:48.59	14:22.58	14:56.42	15:30.51	
			16:04.52	16:37.67						
5 Eduard van Veenen	Stadskanaal	73-407	29.65	1:01.58	1:34.05	2:06.94	2:39.92	3:12.94	3:46.01	
			4:19.06	4:52.30	5:25.52	5:58.52	6:31.66	7:05.14	7:38.61	
			8:12.39	8:46.31	9:20.31	9:53.96	10:27.93	11:01.80	11:35.51	
			12:09.31	12:43.59	13:17.74	13:51.70	14:25.92	15:00.09	15:34.11	
			16:07.77	16:39.87						
6 Bas Ido Wennekes	D.W.K.	74-637	30.16	1:02.66	1:35.42	2:08.42	2:41.31	3:14.52	3:47.44	
			4:20.58	4:53.85	5:27.49	6:01.00	6:34.69	7:08.46	7:42.61	
			8:16.51	8:50.86	9:24.93	9:59.41	10:33.70	11:08.58	11:43.11	
			12:17.70	12:51.99	13:26.33	14:00.94	14:35.84	15:10.16	15:44.61	
			16:19.06	16:52.05						



adidas



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



14. DE FOLIOVERHOOGING
NAUTILUS
DORFREC

ZWEMMEN 1991



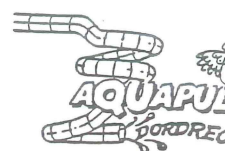
SPEEDO

MICROWAY
COMPUTERS

14 1500m Vrije slag HEREN

Datum : 1- 3-91

1 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	28.25	59.59	1:30.79	2:02.02	2:33.37	3:04.82	3:36.21
			4:07.52	4:39.14	5:10.87	5:42.53	6:14.27	6:46.26	7:17.87
			7:49.70	8:21.36	8:52.95	9:24.82	9:56.82	10:29.18	11:01.43
			11:33.47	12:05.46	12:37.41	13:09.30	13:41.28	14:13.38	14:45.93
			15:18.89	15:51.22					
2 Stan Steegeling	De Dolfijn	71-016	28.49	59.89	1:31.88	2:03.67	2:35.41	3:06.90	3:38.73
			4:10.78	4:42.89	5:14.91	5:47.06	6:19.27	6:51.55	7:23.94
			7:56.40	8:28.90	9:01.54	9:33.89	10:06.28	10:38.59	11:10.81
			11:43.13	12:15.31	12:47.75	13:20.15	13:52.65	14:24.73	14:57.06
			15:27.80	15:57.18					
3 Jan Sonneveld	De Dolfijn	72-015	28.96	1:01.20	1:33.19	2:05.57	2:37.72	3:09.77	3:42.27
			4:14.44	4:46.40	5:18.30	5:50.50	6:22.73	6:55.02	7:27.22
			7:59.60	8:31.82	9:03.95	9:36.45	10:08.88	10:40.78	11:12.95
			11:45.38	12:17.78	12:49.77	13:22.09	13:54.01	14:25.76	14:57.95
			15:29.09	15:58.98					
4 Alain de Kort	H.P.C.	69-222	27.82	58.99	1:30.52	2:02.32	2:34.09	3:05.90	3:37.79
			4:09.70	4:41.99	5:14.34	5:46.61	6:18.92	6:51.39	7:23.88
			7:56.34	8:28.80	9:01.51	9:34.46	10:07.52	10:40.47	11:13.16
			11:46.05	12:18.66	12:51.31	13:24.35	13:57.15	14:29.92	15:03.17
			15:35.65	16:07.68					
5 Jan Willem v.d. Hoek	De Gouwe	72-671	28.05	59.40	1:31.28	2:03.00	2:35.18	3:07.69	3:40.06
			4:12.57	4:45.35	5:18.33	5:51.27	6:24.22	6:57.27	7:30.43
			8:03.69	8:36.59	9:09.78	9:43.14	10:16.38	10:49.94	11:23.31
			11:56.63	12:29.55	13:02.94	13:36.27	14:09.64	14:42.49	15:15.68
			15:47.76	16:18.56					
6 Hans van Goor	Hoorn	70-203	28.23	1:00.00	1:32.17	2:04.17	2:36.60	3:08.84	3:41.17
			4:13.61	4:46.17	5:18.95	5:51.81	6:24.62	6:57.64	7:30.57
			8:03.25	8:36.13	9:08.85	9:41.65	10:14.90	10:48.07	11:21.66
			11:54.89	12:27.93	13:01.60	13:34.98	14:08.28	14:41.29	15:14.37
			15:47.28	16:19.03					
7 Martijn van Heusden	B & O Torpedo	72-030	28.73	1:00.84	1:33.53	2:06.36	2:39.31	3:12.47	3:45.47
			4:18.84	4:52.51	5:26.51	6:00.75	6:35.48	7:10.89	7:46.99
			8:22.67	8:58.45	9:33.88	10:09.67	10:45.70	11:21.63	11:57.10
			12:32.89	13:08.32	13:44.09	14:19.63	14:55.24	15:30.57	16:05.83
			16:40.84	17:14.77					



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

15 1500m Vrije slag HEREN (all in)

Datum : 1- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	28.47	1:00.03	1:30.93	2:02.38	2:33.78	3:05.20	3:36.55
			4:08.04	4:39.11	5:10.62	5:42.13	6:13.64	6:45.22	7:16.90
			7:48.81	8:20.42	8:51.46	9:22.63	9:54.06	10:25.50	10:57.29
			11:28.98	12:00.57	12:32.35	13:03.90	13:35.70	14:07.24	14:39.02
			15:10.10	15:40.35					
2 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	28.25	59.59	1:30.79	2:02.02	2:33.37	3:04.82	3:36.21
			4:07.52	4:39.14	5:10.87	5:42.53	6:14.27	6:46.26	7:17.87
			7:49.70	8:21.36	8:52.95	9:24.82	9:56.82	10:29.18	11:01.43
			11:33.47	12:05.46	12:37.41	13:09.30	13:41.28	14:13.38	14:45.93
			15:18.89	15:51.22					
3 Stan Steegeling	De Dolfijn	71-016	28.49	59.89	1:31.88	2:03.67	2:35.41	3:06.90	3:38.73
			4:10.78	4:42.89	5:14.91	5:47.06	6:19.27	6:51.55	7:23.94
			7:56.40	8:28.90	9:01.54	9:33.89	10:06.28	10:38.59	11:10.81
			11:43.13	12:15.31	12:47.75	13:20.15	13:52.65	14:24.73	14:57.06
			15:27.80	15:57.18					
4 Jan Sonneveld	De Dolfijn	72-015	28.96	1:01.20	1:33.19	2:05.57	2:37.72	3:09.77	3:42.27
			4:14.44	4:46.40	5:18.30	5:50.50	6:22.73	6:55.02	7:27.22
			7:59.60	8:31.82	9:03.95	9:36.45	10:08.88	10:40.78	11:12.95
			11:45.38	12:17.78	12:49.77	13:22.09	13:54.01	14:25.76	14:57.95
			15:29.09	15:58.98					
5 Alain de Kort	H.P.C.	69-222	27.82	58.99	1:30.52	2:02.32	2:34.09	3:05.90	3:37.79
			4:09.70	4:41.99	5:14.34	5:46.61	6:18.92	6:51.39	7:23.88
			7:56.34	8:28.80	9:01.51	9:34.46	10:07.52	10:40.47	11:13.16
			11:46.05	12:18.66	12:51.31	13:24.35	13:57.15	14:29.92	15:03.17
			15:35.65	16:07.68					
6 Mark v.d. Zijden	De Gouwe	73-699	28.37	59.69	1:31.92	2:04.40	2:36.84	3:09.12	3:41.58
			4:14.14	4:46.54	5:19.24	5:52.03	6:24.83	6:57.66	7:30.32
			8:03.06	8:35.62	9:08.05	9:40.76	10:13.28	10:45.47	11:17.71
			11:50.16	12:22.78	12:55.57	13:28.18	14:01.01	14:33.85	15:06.13
			15:38.10	16:08.90					
7 Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.36	57.52	1:28.97	2:00.38	2:32.28	3:04.28	3:36.66
			4:09.14	4:41.91	5:14.34	5:47.08	6:19.93	6:53.01	7:26.16
			7:59.23	8:32.42	9:05.34	9:38.43	10:11.83	10:45.49	11:18.91
			11:51.95	12:25.09	12:58.04	13:30.96	14:04.04	14:37.75	15:10.72
			15:44.11	16:15.82					
8 Jan-Willem v.d. Hoek	De Gouwe	72-671	28.05	59.40	1:31.28	2:03.00	2:35.18	3:07.69	3:40.06
			4:12.57	4:45.35	5:18.33	5:51.27	6:24.22	6:57.27	7:30.43
			8:03.69	8:36.59	9:09.78	9:43.14	10:16.38	10:49.94	11:23.31
			11:56.63	12:29.55	13:02.94	13:36.27	14:09.64	14:42.49	15:15.68
			15:47.76	16:18.56					
9 Hans van Goor	Hoorn	70-203	28.23	1:00.00	1:32.17	2:04.17	2:36.60	3:08.84	3:41.17



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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DORDRECHT

ZWEMMEN 1991



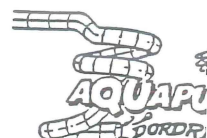
SPEEDO

MICROWAY
COMPUTERS

15 1500m Vrije slag HEREN (all in)

Datum : 1- 3-91

			4:13.61	4:46.17	5:18.95	5:51.81	6:24.62	6:57.64	7:30.57
			8:03.25	8:36.13	9:08.85	9:41.65	10:14.90	10:48.07	11:21.66
			11:54.89	12:27.93	13:01.60	13:34.98	14:08.28	14:41.29	15:14.37
			15:47.28	16:19.03					
10 Patrick Jordan	De Meent	73-182	28.32	1:00.80	1:33.55	2:06.34	2:38.74	3:11.46	3:43.91
			4:16.98	4:49.48	5:22.40	5:54.83	6:27.77	7:00.47	7:33.33
			8:06.10	8:39.03	9:11.98	9:45.32	10:18.18	10:51.11	11:24.22
			11:57.70	12:30.48	13:03.51	13:36.45	14:09.29	14:42.13	15:14.33
			15:47.80	16:19.44					
11 Etan Ronen	P.S.V.	75-049	28.67	59.63	1:31.46	2:03.97	2:37.01	3:10.05	3:42.77
			4:15.96	4:49.11	5:22.72	5:56.57	6:30.37	7:04.21	7:37.88
			8:11.70	8:45.36	9:18.97	9:52.51	10:26.36	11:00.17	11:33.99
			12:07.60	12:41.15	13:14.50	13:47.95	14:21.87	14:55.72	15:29.66
			16:01.65	16:33.94					
12 Christian Fischer	H.P.C.	76-732	27.88	59.24	1:31.32	2:04.37	2:37.23	3:10.24	3:43.33
			4:17.02	4:50.51	5:24.06	5:57.76	6:31.59	7:06.09	7:40.44
			8:14.59	8:48.81	9:22.81	9:56.87	10:30.38	11:03.84	11:37.44
			12:10.73	12:44.23	13:17.58	13:51.21	14:25.26	14:58.64	15:32.44
			16:06.69	16:36.98					
13 Roy v.d. Veen	H.P.C.	73-075	28.32	59.73	1:31.82	2:04.57	2:36.80	3:09.12	3:42.42
			4:15.01	4:48.05	5:21.31	5:54.88	6:28.54	7:02.14	7:35.55
			8:09.78	8:42.86	9:16.97	9:50.86	10:24.99	10:58.58	11:32.42
			12:06.35	12:40.18	13:14.34	13:48.59	14:22.58	14:56.42	15:30.42
			16:04.52	16:37.67					
14 Eduard van Veenen	Stadskanaal	73-407	29.65	1:01.58	1:34.05	2:06.94	2:39.92	3:12.94	3:46.46
			4:19.06	4:52.30	5:25.52	5:58.52	6:31.66	7:05.14	7:38.44
			8:12.39	8:46.31	9:20.31	9:53.96	10:27.93	11:01.80	11:35.44
			12:09.31	12:43.59	13:17.74	13:51.70	14:25.92	15:00.09	15:34.44
			16:07.77	16:39.87					
15 Ronnie Uitzetter	Z.P.A.	75-399	28.02	59.19	1:31.70	2:04.41	2:37.67	3:11.22	3:44.42
			4:18.48	4:52.61	5:26.63	6:00.43	6:34.64	7:08.47	7:42.42
			8:16.39	8:50.35	9:24.12	9:58.55	10:32.48	11:06.92	11:41.42
			12:15.40	12:49.71	13:24.14	13:58.21	14:32.30	15:06.19	15:40.42
			16:13.58	16:45.46					
16 Willy Hansen	De Dinkel	75-400	28.72	1:00.81	1:33.96	2:07.19	2:40.38	3:13.79	3:47.47
			4:20.93	4:55.28	5:29.54	6:03.63	6:37.93	7:11.99	7:45.47
			8:19.19	8:52.89	9:26.78	10:00.68	10:34.54	11:08.17	11:41.47
			12:15.80	12:49.80	13:23.57	13:57.47	14:31.56	15:05.14	15:39.47
			16:13.70	16:45.97					
17 Bas Ido Wennekes	D.W.K.	74-637	30.16	1:02.66	1:35.42	2:08.42	2:41.31	3:14.52	3:47.47
			4:20.58	4:53.85	5:27.49	6:01.00	6:34.69	7:08.46	7:42.47



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



ZWEMMEN 1991



SPEEDO

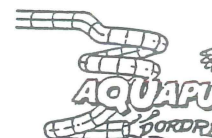
MICROWAY
COMPUTERS

ZWEMMEN
NAUTILUS
DORDRECHT

rog. 15 1500m Vrije slag HEREN (all in)

Datum : 1- 3-91

			8:16.51	8:50.86	9:24.93	9:59.41	10:33.70	11:08.58	11:43.10
			12:17.70	12:51.99	13:26.33	14:00.94	14:35.84	15:10.16	15:44.69
			16:19.06	16:52.05					
18 Pieter v.d. Hoogenband	P.S.V.	78-414	30.24	1:03.86	1:37.78	2:11.43	2:46.16	3:20.55	3:54.83
			4:29.16	5:03.17	5:37.62	6:12.01	6:45.78	7:20.06	7:53.88
			8:27.66	9:01.32	9:35.08	10:08.88	10:42.48	11:16.50	11:50.17
			12:24.04	12:58.06	13:31.80	14:05.99	14:39.98	15:13.90	15:47.71
			16:20.76	16:52.34					
19 Richard Middelbos	Stadskanaal	75-417	29.32	1:01.60	1:34.63	2:08.34	2:41.69	3:15.59	3:49.15
			4:23.44	4:57.37	5:31.66	6:05.87	6:39.92	7:13.83	7:47.85
			8:21.94	8:56.14	9:30.44	10:04.77	10:39.09	11:12.47	11:46.86
			12:21.43	12:55.88	13:29.82	14:04.45	14:38.46	15:12.60	15:46.88
			16:20.42	16:52.58					
20 Mark Dijkstra	B & O Torpedo	75-056	28.65	1:01.20	1:34.30	2:07.66	2:40.82	3:14.35	3:47.97
			4:21.28	4:55.39	5:29.06	6:03.33	6:37.58	7:12.06	7:46.41
			8:19.91	8:53.84	9:27.98	10:02.27	10:36.21	11:11.19	11:45.8
			12:20.22	12:54.99	13:29.74	14:04.24	14:39.06	15:13.18	15:47.8
			16:21.73	16:55.02					
21 Roy Meyboom	Z.O.N./S&S	76-124	29.59	1:02.17	1:35.98	2:09.82	2:43.39	3:17.12	3:51.2
			4:25.09	4:58.97	5:33.02	6:07.28	6:41.80	7:16.48	7:50.9
			8:24.81	8:58.65	9:32.72	10:06.86	10:41.23	11:15.30	11:49.9
			12:23.86	12:57.68	13:31.75	14:05.83	14:39.66	15:13.41	15:47.6
			16:21.25	16:55.06					
22 Dennis Kruis	De Hoogwerf	75-282	28.82	1:01.16	1:34.74	2:08.26	2:41.88	3:15.56	3:49.5
			4:23.72	4:57.45	5:31.78	6:05.90	6:40.26	7:14.39	7:48.9
			8:23.30	8:57.69	9:31.78	10:06.23	10:40.83	11:15.35	11:49.9
			12:24.23	12:59.07	13:33.85	14:08.65	14:43.23	15:16.81	15:51.6
			16:24.99	16:57.14					
23 Jeroen Mulder	A.Z. & P.C.	76-827	28.68	1:01.61	1:34.97	2:08.89	2:42.65	3:16.55	3:50.4
			4:24.59	4:58.77	5:32.89	6:07.20	6:41.55	7:15.83	7:50.4
			8:24.89	8:59.40	9:33.98	10:08.69	10:43.38	11:17.83	11:52.3
			12:26.89	13:01.52	13:36.15	14:10.55	14:45.67	15:20.33	15:54.8
			16:29.02	17:01.54					
24 Martijn van Heusden	B & O Torpedo	72-030	28.73	1:00.84	1:33.53	2:06.36	2:39.31	3:12.47	3:45.4
			4:18.84	4:52.51	5:26.51	6:00.75	6:35.48	7:10.89	7:46.1
			8:22.67	8:58.45	9:33.88	10:09.67	10:45.70	11:21.63	11:57.1
			12:32.89	13:08.32	13:44.09	14:19.63	14:55.24	15:30.57	16:05.1
			16:40.84	17:14.77					
25 Nils Vonhoff	D.A.W./Sportline	75-454	30.56	1:03.76	1:37.85	2:12.11	2:46.47	3:20.72	3:55.1
			4:30.19	5:05.38	5:40.40	6:15.71	6:52.05	7:27.05	8:02.1
			8:37.53	9:12.94	9:48.72	10:24.39	10:59.92	11:35.72	12:11.1



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

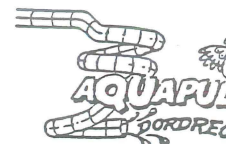
MICROWAY
COMPUTERS

15 1500m Vrije slag HEREN (all in)

Datum : 1- 3-91

12:47.01 13:22.67 13:58.22 14:33.83 15:09.59 15:45.24 16:20.75
16:56.08 17:30.74

26 Eddy de Booy	De Otters	76-362	28.49	1:01.97	1:35.87	2:10.31	2:44.37	3:18.60	3:53.27
			4:27.86	5:02.83	5:38.49	6:14.06	6:49.53	7:25.11	8:00.45
			8:36.00	9:11.79	9:47.34	10:23.43	10:59.00	11:35.31	12:10.71
			12:46.27	13:22.50	13:58.11	14:34.98	15:10.84	15:46.64	16:22.07
			16:57.43	17:32.47					
27 Hans Geert Mast	D.Z.& P.C.	76-708	30.59	1:04.94	1:39.65	2:15.05	2:50.26	3:25.69	4:00.74
			4:36.72	5:12.01	5:47.59	6:23.32	6:59.20	7:35.03	8:10.99
			8:46.34	9:22.04	9:57.66	10:33.39	11:08.80	11:44.51	12:20.38
			12:55.97	13:31.62	14:06.75	14:42.73	15:18.54	15:54.07	16:29.67
			17:05.44	17:38.47					
28 Michel Zwennes	D.W.K.	77-540	31.32	1:05.95	1:41.05	2:16.43	2:51.92	3:27.23	4:02.80
			4:38.29	5:13.62	5:49.26	6:24.93	7:00.60	7:36.45	8:12.15
			8:47.94	9:23.77	9:59.63	10:34.92	11:10.69	11:46.45	12:22.43
			12:58.21	13:33.87	14:09.66	14:45.57	15:21.15	15:56.68	16:32.09
			17:06.42	17:38.56					
29 Johan van Beek	T.Z.C.-Vahalis	78-291	35.11	1:12.98	1:49.98	2:26.81	3:03.92	3:41.35	4:18.27
			4:55.51	5:32.50	6:09.71	6:46.58	7:23.40	8:00.54	8:37.26
			9:13.96	9:50.69	10:27.81	11:04.80	11:41.89	12:19.06	12:56.11
			13:33.21	14:10.59	14:47.22	15:24.50	16:01.77	16:39.09	17:16.57
			17:51.55	18:26.33					
30 Bob de Hoon	T.Z.C.-Vahalis	78-313	33.61	1:09.97	1:46.41	2:23.73	3:00.68	3:37.45	4:14.84
			4:52.11	5:29.55	6:07.15	6:44.56	7:22.15	7:59.62	8:37.14
			9:14.12	9:51.32	10:28.85	11:06.15	11:43.58	12:21.11	12:58.92
			13:36.68	14:14.10	14:51.83	15:29.64	16:07.28	16:44.11	17: 49
			17:58.22	18:34.31					
31 Colin Liem	H.P.C.	78-679	32.39	1:10.19	1:48.94	2:26.51	3:04.14	3:41.38	4:19.07
			4:56.45	5:33.56	6:11.55	6:48.89	7:26.74	8:04.60	8:43.05
			9:20.94	9:57.82	10:35.42	11:12.64	11:50.52	12:28.51	13:06.29
			13:43.75	14:20.67	14:57.94	15:34.86	16:12.20	16:48.67	17:26.26
			18:02.45	18:38.45					
32 Johan van Zetten	T.Z.C.-Vahalis	78-321	35.49	1:13.50	1:52.75	2:31.11	3:09.64	3:47.07	4:25.92
			5:04.77	5:43.59	6:22.98	7:01.20	7:40.23	8:19.79	8:57.25
			9:36.20	10:14.91	10:53.13	11:31.62	12:10.59	12:48.97	13:26.95
			14:05.55	14:43.80	15:22.63	16:01.42	16:39.37	17:17.56	17:55.20
			18:32.47	19:07.93					



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

Prog. 16 50m Vrije slag FA HEREN FINALE

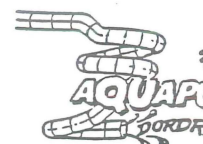
Datum : 1- 3-91

1 Ron Dekker	De IJsel	66-044	22.95
2 Hans Kroes	H.P.C.	65-264	22.96
3 Bram van Haandel	P.S.V.	73-087	23.57
4 Marcel de Natris	De Zijl/L.G.B.	70-049	23.58
5 Casper van Dam	Zwemlust-den Hommel	71-405	23.60
6 Leon Verhage	Nautilus	64-539	23.73
7 Wilco v.d. Akker	A.Z. & P.C.	73-019	23.84
8 Ruud Coone	De Dolfijn	68-065	23.97

Prog. 16 50m Vrije slag FB HEREN FINALE

Datum : 1- 3-91

1 Dick Roest	L.Z.1886	68-616	23.79
2 Etienne Boukal	De Dolfijn	69-300	23.91
3 Edwin de Wilde	A.Z. & P.C.	72-469	24.42
4 Rudi Goudswaard	Luctor et Emergo	69-236	24.55
5 Edwin v.d. Wulp	Steenwijk 1934	70-332	24.61
6 Dennis Rijnbeek	Rapido'82	72-226	24.62
7 Daniel v.d. Weerd	De Steur	73-491	24.68
8 Wilko Trompetter	D.Z. & P.C.	73-639	24.68



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



ZWEMMEN 1991



SPEEDO

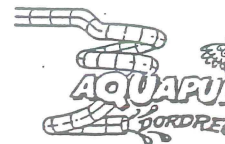
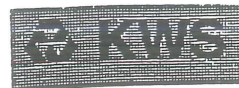
MICROWAY
COMPUTERS

NAUTILUS
DORDRECHT

17 4x200m Vrij slag estafette DAMES

Datum : 1- 3-91

1 De Dolfijn	De Dolfijn	ES-001	27.87	58.67	1:30.14	2:01.73	2:29.60	3:00.66	3:33.31
			4:05.87	4:34.55	5:06.38	5:38.94	6:11.50	6:39.52	7:11.28
			7:45.04	8:19.04					
2 De Dinkel I	De Dinkel	ES-001	28.84	1:01.00	1:34.31	2:07.47	2:36.38	3:08.42	3:41.66
			4:13.17	4:42.20	5:14.78	5:48.48	6:21.57	6:50.08	7:22.26
			7:55.02	8:27.25					
3 Z.P.A.	Z.P.A.	ES-001	29.95	1:02.93	1:36.70	2:10.01	2:40.80	3:15.48	3:52.43
			4:29.15	4:56.63	5:27.54	5:59.00	6:30.18	6:57.74	7:28.06
			7:59.00	8:30.30					
4 H.P.C.	H.P.C.	ES-001	30.11	1:02.88	1:37.02	2:12.44	2:40.97	3:13.39	3:46.79
			4:20.97	4:50.02	5:22.82	5:57.28	6:31.98	7:00.45	7: 60
			8:06.52	8:39.81					
5 P.S.V.	P.S.V.	ES-001	28.80	1:01.72	1:35.87	2:10.21	2:40.13	3:14.32	3:49.41
			4:23.09	4:53.02	5:26.75	6:00.63	6:34.97	7:03.93	7:35.55
			8:08.03	8:40.58					
6 De Dinkel II	De Dinkel	ES-002	29.17	1:01.52	1:34.73	2:08.70	2:37.96	3:11.20	3:45.12
			4:18.71	4:47.96	5:21.09	5:55.86	6:30.17	7:00.35	7:33.83
			8:08.38	8:42.03					
7 Nautilus	Nautilus	ES-001	29.29	1:02.45	1:37.41	2:13.48	2:43.45	3:17.32	3:52.26
			4:27.22	4:55.23	5:26.98	5:59.54	6:32.70	7:02.92	7:36.71
			8:11.52	8:47.13					
8 De Dinkel III	De Dinkel	ES-003	30.49	1:04.51	1:38.79	2:11.89	2:41.51	3:15.21	3:49.96
			4:24.36	4:54.22	5:28.82	6:03.99	6:38.59	7:08.16	7:41.65
			8:16.40	8:50.68					
9 W.V.Z.	W.V.Z.	ES-001	30.34	1:03.48	1:37.78	2:11.99	2:42.55	3:16.70	3:51.34
			4:26.35	4:57.16	5:31.04	6:06.67	6:41.61	7:10.70	7:43.85
			8:18.08	8:52.01					
10 De Zijl/L.G.B.	De Zijl/L.G.B.	ES-001	29.74	1:02.64	1:36.12	2:08.76	2:39.23	3:13.10	3:48.39
			4:23.52	4:54.14	5:29.10	6:05.04	6:40.40	7:10.15	7:43.93
			8:19.16	8:54.33					
11 D.S.Z.	D.S.Z.	ES-001	30.53	1:04.56	1:40.35	2:16.52	2:47.64	3:23.01	3:59.94
			4:35.87	5:05.07	5:38.68	6:13.86	6:48.90	7:19.22	7:53.58
			8:28.01	9:01.74					
12 D.Z.P.C.	D.Z. & P.C.	ES-001	30.87	1:05.29	1:40.58	2:15.92	2:45.51	3:18.41	3:52.95
			4:27.33	4:57.37	5:33.97	6:12.21	6:50.34	7:20.34	7:54.24
			8:29.03	9:03.46					
13 D.A.W./Sportline	D.A.W./Sportline	ES-001	29.67	1:03.37	1:37.83	2:12.12	2:42.88	3:17.02	3:52.26
			4:28.19	4:58.72	5:34.07	6:11.65	6:48.62	7:19.41	7:54.52
			8:30.65	9:05.54					
14 A.Z.P.C.	A.Z. & P.C.	ES-001	29.36	1:01.07	1:33.67	2:05.79	2:37.01	3:13.48	3:51.06
			4:27.36	4:58.13	5:33.54	6:11.17	6:48.96	7:19.28	7:53.65
			8:29.73	9:06.21					
15 Hoorn	Hoorn	ES-001	29.72	1:03.60	1:38.24	2:12.82	2:43.23	3:17.72	3:54.41
			4:30.75	5:01.50	5:36.59	6:13.54	6:49.09	7:20.55	7:55.85
			8:32.35	9:08.59					



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



DE POLVERMOEDER
NAUTILUS
DORDRECHT

ZWEMMEN 1991



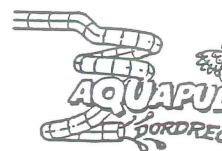
SPEEDO

MICROWAY
COMPUTERS

18 4x100m Vrije slag estafette J.O. 16jr

Datum : 1- 3-91

1 De Dolfijn	De Dolfijn	ES-001	26.12 3:43.77	54.87	1:21.99	1:51.96	2:18.82	2:48.86	3:14.58
2 A.Z.P.C.	A.Z. & P.C.	ES-001	26.63 3:45.08	56.70	1:23.45	1:53.52	2:20.72	2:50.59	3:15.93
3 P.S.V.	P.S.V.	ES-001	27.16 3:48.25	57.45	1:24.40	1:53.71	2:20.97	2:51.17	3:18.33
4 Groenlo	Groenlo	ES-001	28.10 3:49.41	58.20	1:26.12	1:57.46	2:25.00	2:56.32	3:21.54
5 H.P.C.	H.P.C.	ES-001	28.51 3:53.48	1:00.43	1:29.76	2:01.84	2:29.26	2:59.46	3:41.00
6 D.A.W./Sportline	D.A.W./Sportline	ES-001	27.09 3:53.73	57.12	1:25.20	1:57.18	2:25.59	2:57.29	3:24.55
7 A.Z.P.C. II	A.Z. & P.C.	ES-002	27.75 3:56.41	58.08	1:28.17	2:00.66	2:29.19	2:59.57	3:26.30
8 Z.P.A.	Z.P.A.	ES-001	27.46 3:56.43	56.86	1:24.61	1:55.89	2:25.06	2:56.65	3:24.16
9 De Gelenberg	De Gelenberg	ES-001	27.59 3:56.74	57.36	1:25.99	1:57.57	2:26.20	2:58.65	3:25.62
10 Oceanus	Oceanus	ES-001	28.38 3:57.94	58.58	1:27.14	1:57.99	2:27.74	3:00.52	3:28.40
11 Z.O.N./Sport en Spel	Z.O.N./S&S	ES-001	28.34 3:58.00	59.67	1:28.29	2:00.28	2:29.43	3:02.24	3:28.53
12 Stadskanaal	Stadskanaal	ES-001	29.15 3:58.20	1:01.65	1:30.30	2:03.11	2:30.33	2:59.82	3:27.81
13 De Dolfijn II	De Dolfijn	ES-002	27.82 3:58.90	59.37	1:28.27	2:01.35	2:29.99	3:01.16	3:28.32
14 Tiamat	Tiamat	ES-001	28.17 3:58.95	58.62	1:27.13	1:58.99	2:27.74	3:00.37	3:28.06
15 Breda	Breda	ES-001	28.22 4:00.95	59.56	1:29.45	2:02.88	2:31.58	3:03.72	3:30.84
16 L.Z. 1886	L.Z. 1886	ES-001	26.55 4:03.09	55.22	1:26.33	2:00.42	2:29.22	3:01.34	3:30.09
17 De Kempvis	De Kempvis	ES-001	29.73 4:05.00	1:03.71	1:32.54	2:05.17	2:33.13	3:05.51	3:33.47
18 M.Z.P.C.	M.Z. & P.C.	ES-001	29.04 4:10.19	1:01.16	1:32.80	2:09.47	2:40.28	3:14.79	3:41.19



NATIONALE WINTERKAMPIOENSCHAPPEN



ON POOLVENTERING
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

Nashua

COPY SERVICE

MICROWAY
COMPUTERS

Prog. 19 100m Vrije slag M.'78

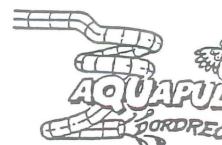
Datum : 2- 3-91

1 Mariska van Harn	D.W.K.	78-566	30.71	1:03.20
2 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	30.80	1:03.33
3 Wendy Timmermans	W.V.Z.	78-014	31.23	1:04.24
4 Petra Groeneveld	De Dinkel	78-363	30.67	1:04.31
5 Bianca Smids	De Dolfijn	78-146	30.85	1:04.31
6 Sabrina Fortes	De Kempvis	78-529	30.91	1:04.35
7 Rianne Bongers	De Bevers	78-426	31.28	1:04.62
8 Yvonne Meuken	Bubble	78-503	31.02	1:05.08
9 Eveline Wit	De Biesboschzwemmers	78-238	31.74	1:05.35
10 Lonneke Bloemendaal	E.Z.V.	78-157	31.81	1:06.57
11 Hester Broekhuizen	A.Z. & P.C.	78-631	31.94	1:07.66
12 Marina van Staveren	D.A.W./Sportline	78-444	35.13	1:11.79

Prog. 20 100m Vrije slag M.'77

Datum : 2- 3-91

1 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	28.94	59.89
2 Fleur Bakker	L.Z.1886	77-473	29.38	1:00.36
3 Madelon Baans	De Kempvis	77-624	29.36	1:01.08
4 Hylke Berk	P.S.V.	77-677	29.73	1:01.33
5 Saskia Stoteler	Groenlo	77-245	29.67	1:01.35
6 Martinique Koridon	De Steur	77-410	29.46	1:01.53
7 Marije Muthert	De Dolfijn	77-160	29.69	1:01.61
8 Karen Wammes	T.Z.C.-Vahalis	77-296	30.34	1:01.61
9 Barbara van Lieshout	Nautilus	77-650	29.86	1:02.25
10 Marielle Schaaf	Z.O.N./S&S	77-073	30.08	1:02.42
11 Annetie Mos	B & O Torpedo	77-043	30.44	1:02.74
12 Danielle van Vuuren	Z.V.D.O.'74	77-167	30.22	1:03.28
13 Johanna de Kooter	De Biesboschzwemmers	77-211	30.45	1:03.29
14 Marieke Ruysink	A.Z. & P.C.	77-141	30.22	1:03.41
15 Linda de Boer	D.A.W./Sportline	77-434	30.48	1:03.44
16 Marloes Neijman	B.Z.V.	77-545	30.41	1:03.59
17 Margot Hoogeveen	D.Z. & P.C.	77-673	30.56	1:03.69
18 Daniella Heyenrath	R.Z.	77-333	30.87	1:04.03
19 Annabel Kosten	Scheldestroom	77-149	30.30	1:04.28
20 Andrea Nooij	De Dolfijn	77-179	31.55	1:04.40
21 Linda van Hout	A.Z. & P.C.	77-625	30.63	1:04.89



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Prog. 21 100m Vrije slag M.'76

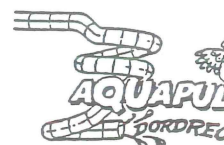
Datum : 2- 3-91

1 Kitty Mensink	De Dinkel	76-293	28.75	58.54
2 Kirsten Vliegheuis	De Dinkel	76-398	28.76	59.01
3 Bianca Lutters	P.S.V.	76-037	29.98	1:01.34
4 Bianca Hocks	L.Z.1886	76-439	29.99	1:01.43
5 Wendy Groeneveld	De Dinkel	76-339	30.11	1:01.52
6 Sigrid Pels	De Steur	76-450	30.21	1:01.99
7 Danielle Klaverdijk	Nautilus	76-430	29.76	1:02.03
8 Monique Hamstra	Stadskanaal	76-365	30.42	1:02.81
9 Lilian Visscher	De Steur	76-479	30.29	1:02.90
10 Noortje Dekkers	P.S.V.	76-104	30.50	1:03.00
11 Marjolein Bosma	T.Z.C.-Vahalis	76-358	30.58	1:03.07
12 Patricia Stokkers	De Meent	76-289	30.37	1:03.25

Prog. 22 100m Vrije slag M.'75

Datum : 2- 3-91

1 Karen Guldemon	H.P.C.	75-026	28.27	58.56
2 Renate Wijering	De Dinkel	75-401	28.21	58.77
3 Nancy Timmermans	De Aa	75-441	28.47	58.80
4 Marion van Hooft	De Gouwe	75-463	29.37	1:00.31
5 Ilse de Jonge	Scheldestroom	75-142	29.01	1:00.32
6 Anouk Visscher	De Dinkel	75-397	29.24	1:00.60
7 Jacqueline Nieland	Stadskanaal	75-415	29.67	1:00.99
8 Angelique Melman	De Zwoer	75-228	29.65	1:01.03
9 Karin Koelma	De Dinkel	75-399	29.83	1:02.23
10 Karin Stastra	L.Z.1886	75-403	29.76	1:02.41
11 Bianca Meyners	De Dinkel	75-324	30.04	1:02.78



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Prog. 23 100m Vrije slag M.'74/'73

Datum : 2- 3-91

1 Inge de Bruijn	Nautilus	73-663	27.29	57.25
2 Kristel Tellegen	P.S.V.	74-016	28.50	58.69
3 Brenda Starink	De Kempvis	74-378	28.48	58.72
4 Constantia Martens	De Stormvogel	73-351	28.69	1:00.14
5 Hanneke Koopmans	De Zijl/L.G.B.	74-058	29.25	1:00.16
6 Anita de Hoop	Orca	74-432	29.15	1:01.03

Prog. 24 100m Vrije slag DAMES

Datum : 2- 3-91

1 Marianne Muis	Z.P.A.	68-561	27.20	56.07
2 Karin Briennesse	Orca	69-377	27.70	57.30
3 Diana v.d. Plaats	De Dolfijn	71-717	27.87	57.66
4 Ingrid Baars	De Dolfijn	69-080	28.12	58.33
5 Ingrid Koeman	De Dolfijn	71-067	28.39	58.50
6 Angela Postma	D.Z.& P.C.	71-088	27.87	58.95
7 Renate Wigger	De Dinkel	70-176	28.38	59.03
8 Yvette Vester	A.Z.& P.C.	71-125	28.88	59.03
9 Angelique Jacobs	P.S.V.	72-039	28.97	1:00.05



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SPEEDO

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COMPUTERS

DI POLVERBOEG
NAUTILUS
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g. 25 100m Rugslag J.'78

Datum : 2- 3-91

1 Pieter v.d. Hoogenband	P.S.V.	78-414	31.66	1:07.41
2 Sebastiaan Kuyper	D.W.K.	78-601	33.30	1:09.97
3 Remco Singeling	L.Z.1886	78-503	34.48	1:11.73
4 Ferdie Witvoet	De Reestduikers	78-022	34.05	1:12.38
5 Paul Derksen	Natare	78-223	34.10	1:12.46
6 Patrick Steegstra	De Fuut	78-618	34.86	1:12.60
7 Dirk Jan Roos	Waterland	78-210	34.48	1:12.66
8 Ewout van 't Hert	M.S.V.-Zeemacht	78-476	34.20	1:13.50
9 Freddy Geurtsen	De Dolfijn	78-145	36.53	1:14.03
10 Mark Veens	H.Z.& P.C.Horst	78-397	35.52	1:15.51
11 Roy Meppelder	Bubble	78-448	36.48	1:16.98
12 Jeroen Dijk	Bubble	78-480	37.14	1:17.43

Prog. 26 100m Rugslag J.'77

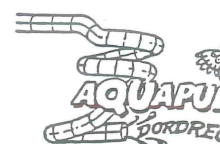
Datum : 2- 3-91

1 Pascal Lafort	Numansdorp	77-310	31.65	1:06.17
2 Sjoerd Witting	De IJsel	77-517	32.05	1:06.66
3 Sebastiaan Hagewoud	De Reestduikers	77-002	31.21	1:07.28
4 Hans Hulsen	P.S.V.	77-074	32.47	1:09.08
5 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	32.67	1:09.18
6 Dave Middelburg	De Hoogwerf	77-368	32.77	1:09.29
7 Marcel Groot	Kon.A.Z.1870	77-494	33.11	1:09.76
8 Erwin de Grijs	Hoorn	77-443	31.81	1:09.85
9 Edwin Wijnen	Damixa/Het Ravijn	77-614	32.47	1:10.26
10 Michel Zwennes	D.W.K.	77-540	34.09	1:10.67
11 Ivo Roozeboom	Z.V.W.'74	77-190	33.51	1:10.76
12 Robert Jan Derksen	Zwemlust-den Hommel	77-567	33.84	1:10.82
13 Ard Noeverman	Stadskanaal	77-358	33.94	1:10.86

g. 27 100m Rugslag J.'76

Datum : 2- 3-91

1 Christian Fischer	H.P.C.	76-732	29.81	1:02.73
2 Dave Kempers	Groenlo	76-269	30.52	1:03.95
3 Ronald Fijn	De Steur	76-449	31.16	1:04.48
4 Antoine Calis	De Dolfijn	76-154	30.86	1:05.52
5 Kim Bouwes	Stadskanaal	76-307	31.44	1:05.58
6 Hans Geert Mast	D.Z.& P.C.	76-708	31.27	1:06.00
7 Sander Horenberg	Zevenhuizen	76-398	31.64	1:06.95
8 Roy Meyboom	Z.O.N./S&S	76-124	32.05	1:07.76
9 Rowin Timmermans	W.V.Z.	76-013	32.86	1:08.10
10 Maarten Jaarsma	Z.P.A.	76-531	32.55	1:08.31
11 Michiel Krikke	De Dolfijn	76-010	32.57	1:09.15
12 Chong Woo Chiang	De Reest	76-311	32.62	1:09.19
13 Robbert Liesting	De Bevers	76-394	32.91	1:09.57
14 John Huiskens	Nautilus	76-604	32.63	1:09.60



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og. 28 100m Rugslag J.'75

Datum : 2- 3-91

1 Christian de Groot	L.Z.1886	75-574	29.55	1:01.63
2 Jeroen v.d. Loosdrecht	De Kempvis	75-451	30.05	1:02.09
3 Rob Nijweide	Groenlo	75-302	29.54	1:02.57
4 Jeroen Jacobs	De Gelenberg	75-300	30.08	1:03.94
5 Frank Laffeber	Nautilus	75-613	30.67	1:04.13
6 Hugo Ruymbeke	T.R.B./R.E.S.	75-551	30.94	1:04.17
7 Edwin Ruysink	A.Z. & P.C.	75-062	30.78	1:04.59
8 Nicolai Steenberg	De Reestduikers	75-010	30.35	1:05.31
9 Ronnie Uitzetter	Z.P.A.	75-399	31.51	1:05.56
10 Remco Hitzert	A.Z. & P.C.	75-476	31.74	1:05.99
11 Martijn Perlee	H.P.C.	75-583	31.76	1:06.23
12 Eddy Brinkmeijer	D.A.W./Sportline	75-429	31.52	1:06.34
13 Barry van Leeuwen	D.Z.V./Koudijs	75-482	31.48	1:06.73
14 Bart Gersen	Oceanus	75-332	32.28	1:07.78
15 Maikel Klaver	Orca	75-398	31.98	1:08.65
16 Sancho Berbers	De Warande	75-575	32.72	1:09.67

RD

og. 29 100m Rugslag J.'74/'73

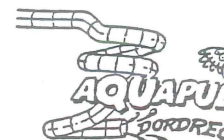
Datum : 2- 3-91

1 Wilco v.d. Akker	A.Z. & P.C.	73-019	27.47	58.01
2 Bram van Haandel	P.S.V.	73-087	28.57	1:00.51
3 Vincent Elgersma	De Dolfijn	73-286	29.61	1:01.65
4 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	29.23	1:02.11
5 Robin Boon	Oceanus	73-355	29.79	1:02.30
6 John Oude Egbrink	De Dinkel	73-279	30.54	1:03.80

og. 30 100m Rugslag HEREN

Datum : 2- 3-91

1 Richard Blank	De Dolfijn	72-551	28.53	59.02
2 Milco Hogerbrug	Nautilus	72-292	28.39	59.32
3 Guido Keutgen	Raket	68-371	28.06	59.43
4 Frank ter Brugge	S.G.G. (Startgem)	70-322	28.52	59.82
5 Marco v.d. Berg	D.S.Z.	69-427	28.48	59.86
6 Johan Dijkstra	Orca	71-434	28.77	1:00.18
7 Ruud Coone	De Dolfijn	68-065	28.70	1:00.24
8 Peter de Rover	De Dolfijn	67-344	28.90	1:00.44
9 Bram Pronk	De Zijl/L.G.B.	67-051	29.45	1:00.68
10 Edwin v.d. Wulp	Steenwijk 1934	70-332	29.40	1:01.65



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DORDRECHT

Prog. 31 200m Rugslag M.'78

Datum : 2- 3-91

1 Mariska van Harn	D.W.K.	78-566	36.36	1:15.54	1:54.45	2:32.58
2 Wendy Timmermans	W.V.Z.	78-014	35.76	1:14.61	1:54.45	2:33.13
3 Marijke van Schagen	De Bevers	78-488	34.16	1:13.15	1:53.94	2:34.89
4 Sabrina Fortes	De Kempvis	78-529	36.16	1:16.01	1:56.93	2:37.52
5 Name Zuhail	Double Duty-V.Z.C.	78-683	36.92	1:17.15	1:58.10	2:38.08
6 Miriam de Vries	Z.C.N.F.'34	78-301	36.21	1:16.21	1:57.03	2:38.19
7 Magalien de Vries	Bubble	78-520	37.23	1:18.61	2:00.51	2:38.73
8 Tamara Hooyman	M.S.V.-Zeemacht	78-536	36.13	1:16.90	1:59.08	2:40.12
9 Judith Borsboom	De Hoogwerf	78-354	36.95	1:17.47	1:59.22	2:40.51
10 Bianca Smids	De Dolfijn	78-146	36.30	1:17.13	1:59.13	2:40.51
11 Iris Veenendaal	Z.C.E.	78-624	35.35	1:16.51	1:58.62	2:41.98
12 Saskia Steenbruggen	Damixa/Het Ravijn	78-620	36.55	1:17.69	2:00.45	2:41.99
13 Danielle van Alst	De Dinkel	78-385	37.26	1:18.94	2:00.95	2:43.09
14 Anouk Aaldering	Z.P.A.	78-499	37.64	1:18.98	2:01.58	2:43.44
15 Tamara v.d. Wal	Het IJ	78-030	36.87	1:18.78	2:01.90	2:44.81

Prog. 32 200m Rugslag M.'77

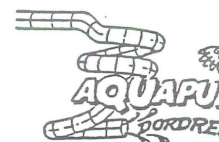
Datum : 2- 3-91

1 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	32.11	1:07.63	1:43.59	2:19.39
2 Olga Olde Olthuis	De Dinkel	77-362	34.41	1:12.84	1:52.30	2:29.84
3 Karen Wammes	T.Z.C.-Vahalis	77-296	35.11	1:13.39	1:52.15	2:30.51
4 Saskia Stoteler	Groenlo	77-245	34.68	1:13.65	1:52.80	2:30.78
5 Marieke Ruysink	A.Z.& P.C.	77-141	34.57	1:13.21	1:53.54	2:33.06
6 Saskia de Keyzer	L.Z.1886	77-568	35.09	1:12.70	1:52.95	2:33.24
7 Linda van Hout	A.Z.& P.C.	77-625	35.06	1:13.71	1:54.88	2:35.80
8 Fleur Bakker	L.Z.1886	77-473	35.16	1:14.83	1:55.74	2:35.88
9 Nadia van Houwelingen	A.Z.& P.C.	77-039	34.78	1:13.63	1:54.07	2:36.65
10 Priscilla Laurens	Z.P.A.	77-498	36.21	1:17.46	1:59.69	2:39.53
11 Sabine Keizers	De Dinkel	77-382	37.39	1:18.00	1:58.95	2:39.71
12 Linda de Boer	D.A.W./Sportline	77-434	36.24	1:15.92	1:58.12	2:39.71
13 Karin Hammink	Z.P.A.	77-496	36.69	1:17.46	1:59.10	2:41.06

Prog. 33 200m Rugslag M.'76

Datum : 2- 3-91

1 Marielle Piels	T.Z.C.-Vahalis	76-311	33.20	1:09.77	1:47.75	2:25.37
2 Kirsten Vliegheuis	De Dinkel	76-398	34.29	1:12.10	1:50.40	2:27.99
3 Leda Bitanc	V.Z.C.	76-533	34.28	1:11.80	1:50.97	2:30.13
4 Monique Hamstra	Stadskanaal	76-365	34.41	1:12.70	1:51.76	2:31.52
5 Bianca Hocks	L.Z.1886	76-439	34.47	1:13.04	1:52.83	2:32.49
6 Alice de Jong	Groenlo	76-225	34.20	1:12.59	1:54.06	2:34.59
7 Noortje Dekkers	P.S.V.	76-104	35.39	1:14.51	1:54.75	2:35.47



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j. 34 200m Rugslag M.'75

Datum : 2- 3-91

1 Nida Zuhal	Double Duty-V.Z.C.	75-403	34.08	1:11.11	1:48.82	2:26.84
2 Catherine Hoogveen	D.Z. & P.C.	75-549	33.85	1:11.62	1:50.37	2:28.36
3 Bianca Meyners	De Dinkel	75-324	34.89	1:13.02	1:51.99	2:29.98
4 Anouk Visscher	De Dinkel	75-397	35.55	1:14.19	1:52.92	2:31.62
5 Karen Guldmond	H.P.C.	75-026	35.42	1:13.25	1:52.45	2:31.83
6 Linda v.d. Bosch	W.V.Z.	75-528	35.38	1:13.77	1:53.01	2:31.96
7 Danielle Sloatjes	Orca	75-502	33.63	1:11.51	1:52.30	2:33.20
8 Ilse v.d. Dussen	De Gouwe	75-739	35.34	1:14.02	1:53.64	2:34.12
9 Jacqueline Nieland	Stadskanaal	75-415	35.25	1:13.99	1:54.46	2:34.61

j. 35 200m Rugslag M.'74/'73

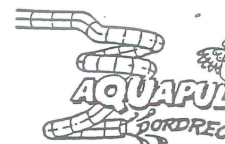
Datum : 2- 3-91

1 Iris Westrik	De Dinkel	74-322	32.77	1:08.64	1:44.87	2:21.01
2 Wendy Leemker	Orca	74-431	32.62	1:08.70	1:46.59	2:24.48
3 Brenda Starink	De Kempvis	74-378	32.96	1:09.41	1:47.13	2:24.56
4 Suzanne Wouda	C.Z.M.Uden(Startgem)	74-492	33.29	1:09.95	1:47.59	2:25.30
5 Wendy Alberts	D.W.K.	74-547	33.00	1:09.33	1:46.94	2:25.93
6 Renata van Leeuwen	M.S.V.-Zeemacht	73-533	33.84	1:11.58	1:49.17	2:28.56
7 Marieke Westerhof	De Dinkel	74-319	34.32	1:13.70	1:52.92	2:33.34
8 Marjo Kuijt	D.W.K.	74-524	35.06	1:13.65	1:53.52	2:33.76

j. 36 200m Rugslag DAMES

Datum : 2- 3-91

1 Ellen Elzerman	B & O Torpedo	71-008	31.31	1:06.13	1:41.56	2:17.22
2 Gudule v.d. Meer	De Dolfijn	72-164	32.92	1:10.05	1:46.81	2:23.47
3 Renate Wigger	De Dinkel	70-176	33.24	1:09.62	1:46.37	2:23.78
4 Saskia Lammerts	't Tolhekke	70-133	32.98	1:09.35	1:47.16	2:24.47
5 Hilde Swinkels	P.S.V.	69-120	34.30	1:11.93	1:49.43	2:27.37
6 Desiree de Bruijn	W.V.Z.	71-435	33.95	1:10.96	1:49.17	2:27.45
7 Debby v.d. Staay	H.P.C.	71-655	33.32	1:10.11	1:48.60	2:27.67
8 Saskia Schuys	Nautilus	68-603	33.45	1:11.68	1:49.31	2:28.47
9 Meike Wouda	Hoorn	71-276	33.10	1:10.63	1:49.80	2:28.50
10 Trea Frikkee	W.Z. & P.C.	70-536	33.81	1:11.39	1:50.09	2:28.77



NATIONALE WINTERKAMPIOENSCHAPPEN

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g. 37 200m Wisselslag pers. J.'78

Datum : 2- 3-91

1	Pieter v.d. Hoogenband	P.S.V.	78-414	31.18	1:08.46	1:52.87	2:25.09
2	Sebastiaan Kuyper	D.W.K.	78-601	35.13	1:13.69	1:57.52	2:31.35
3	Erik Oly	De Kempvis	78-533	33.38	1:13.20	1:56.32	2:32.22
4	Remco Singeling	L.Z.1886	78-503	33.06	1:12.14	1:56.58	2:32.30
5	Gijs Ganzevles	Zeus	78-521	33.56	1:13.62	2:00.85	2:34.45
6	Freddy Geurtsen	De Dolfijn	78-145	36.60	1:16.16	2:01.12	2:36.24
7	Mark Timmermans	Stadskanaal	78-411	34.50	1:17.39	1:59.90	2:36.54
8	Bob de Hoon	T.Z.C.-Vahalis	78-313	34.77	1:15.01	2:03.74	2:38.35
9	Kees v.d. Sluys	Kerkdriel	78-301	33.97	1:15.73	2:04.31	2:40.42
10	Jeroen Dijk	Bubble	78-480	35.51	1:17.49	2:02.65	2:39.76

SLVH

Prog. 38 200m Wisselslag pers. J.'77

Datum : 2- 3-91

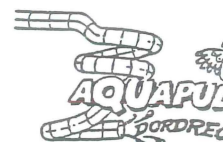
1	Pascal Lafort	Numansdorp	77-310	30.77	1:07.63	1:47.25	2:19.10
2	Ronald van Charante	De Dolfijn	77-147	29.64	1:07.14	1:46.88	2:19.27
3	Michel Zwennes	D.W.K.	77-540	32.92	1:10.13	1:53.59	2:25.54
4	Hans Hulsen	P.S.V.	77-074	31.04	1:08.86	1:54.37	2:27.45
5	Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	31.50	1:09.98	1:52.38	2:27.48
6	Dave Middelburg	De Hoogwerf	77-368	30.73	1:08.94	1:53.39	2:27.51
7	Erwin de Grijs	Hoorn	77-443	31.97	1:10.60	1:53.18	2:29.93

g. 39 200m Wisselslag pers. J.'76

Datum : 2- 3-91

1	Ronald Fijn	De Steur	76-449	29.32	1:04.23	1:45.85	2:16.48
2	Antoine Calis	De Dolfijn	76-154	30.21	1:05.05	1:46.72	2:19.32
3	Jeroen Goes	A.Z.& P.C.	76-041	30.82	1:09.40	1:49.10	2:22.16
4	Frank Kleyer	D.W.K.	76-530	30.44	1:07.46	1:46.22	2:22.20
5	Frans Merks	Tiamat	76-233	31.30	1:09.50	1:50.20	2:23.13
6	Evert Jan van Harten	D.W.K.	76-478	29.96	1:07.88	1:50.08	2:23.18
7	Jeroen Mulder	A.Z.& P.C.	76-827	30.23	1:08.50	1:51.96	2:23.33
8	Sander Horenberg	Zevenhuizen	76-398	29.83	1:07.21	1:52.56	2:23.36
9	Edwink Blom	Nautilus	76-581	30.74	1:10.19	1:50.71	2:24.47
10	Rowin Timmermans	W.V.Z.	76-013	32.71	1:12.14	1:56.00	2:31.03
11	Christian Fischer	H.P.C.	76-732	29.39	1:03.12	1:43.36	2:15.65
12	Kim Bouwes	Stadskanaal	76-307	31.86	1:08.94	1:55.22	2:28.41
13	Chong Woo Chiang	De Reest	76-311	30.94	1:09.26	1:50.73	2:26.31
14	Dave Kempers	Groenlo	76-269	32.16	1:09.47	1:53.25	2:27.35

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15. 01. 1991
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Prog. 40 200m Wisselslag pers. J.'75

Datum : 2- 3-91

1	Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.71	1:01.65	1:39.27	2:10.47
2	Frank Laffeber	Nautilus	75-613	29.37	1:03.87	1:43.81	2:14.70
3	Edwin Ruysink	A.Z. & P.C.	75-062	28.16	1:03.16	1:45.09	2:16.61
4	Edgar Thimister	M.Z. & P.C.	75-676	27.70	1:05.10	1:45.25	2:17.02
5	Martijn Baans	De Kempvis	75-623	28.22	1:04.06	1:46.01	2:17.29
6	Etan Ronen	P.S.V.	75-049	30.70	1:06.67	1:45.49	2:17.53
7	Rob Onderwijzer	W.Z. & P.C.	75-384	30.80	1:05.93	1:45.89	2:17.70
8	Jan Willem van Dijk	A.Z. & P.C.	75-139	29.12	1:05.36	1:46.01	2:17.83
9	Jasper Bisselink	H.P.C.	75-644	30.14	1:05.32	1:44.64	2:18.01
10	Jos Middelberg	De Dolfijn	75-078	29.94	1:06.99	1:46.45	2:18.88
11	Takuya Suzuki	Oceanus	75-559	30.43	1:06.33	1:46.63	2:20.61
12	Ronnie Uitzetter	Z.P.A.	75-399	29.53	1:04.50	1:48.80	2:20.63
13	Dennis Schouten	De Zijl/L.G.B.	75-129	29.73	1:05.58	1:47.79	2:21.07
14	Michel Bom	Zeus	75-518	29.81	1:07.09	1:48.90	2:21.26
15	Stefan Aartsen	V.Z.C.	75-025	28.74	1:06.12	1:49.55	2:21.43
16	Olof van Gelder	P.S.V.	75-008	30.74	1:08.18	1:48.78	2:21.69
17	Michiel Jansen	De Gelenberg	75-310	31.38	1:08.02	1:48.39	2:21.71
18	Lesley Voorn	De Otters	75-583	30.10	1:07.37	1:48.03	2:22.43
19	Willy Hansen	De Dinkel	75-400	31.07	1:09.05	1:50.52	2:22.61
20	Eddy Brinkmeijer	D.A.W./Sportline	75-429	31.59	1:08.22	1:49.31	2:23.19
21	Patrick Reniers	Breda	75-270	29.59	1:06.30	1:49.71	2:23.41
22	Sancho Berbers	De Warande	75-575	30.21	1:07.51	1:50.78	2:25.17
23	Jeroen Jacobs	De Gelenberg	75-300	29.97	1:06.29	1:49.95	2:25.45

Prog. 41 200m Wisselslag pers. J.'74/'73

Datum : 2- 3-91

1	Tim Hoeymans	P.S.V.	74-426	28.21	1:02.06	1:38.81	2:08.79
2	Mark v.d. Zijden	De Gouwe	73-699	28.05	1:01.10	1:38.47	2:09.07
3	Dennis Parlevliet	P.S.V.	73-644	27.80	1:00.66	1:40.03	2:10.04
4	Roy v.d. Veen	H.P.C.	73-075	28.71	1:02.54	1:42.10	2:12.98
5	Wilko Rutgers	Steenwijk 1934	73-259	29.03	1:03.58	1:41.26	2:13.81
6	Bram van Haandel	P.S.V.	73-087	27.14	1:00.60	1:41.84	2:13.85
7	Pim Commandeur	Groenlo	74-303	28.45	1:03.76	1:45.87	2:19.87
8	Robin Boon	Oceanus	73-355	28.32	1:03.36	1:47.39	2:21.28

Prog. 42 200m Wisselslag pers. HEREN

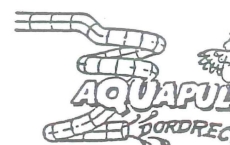
Datum : 2- 3-91

1	Ron Dekker	De IJssel	66-044	26.50	1:00.09	1:34.86	2:04.65
2	Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	27.90	59.59	1:36.22	2:05.75
3	Richard Blank	De Dolfijn	72-551	28.77	59.26	1:37.29	2:06.73
4	Stan Steegeling	De Dolfijn	71-016	27.99	1:00.71	1:36.97	2:06.90
5	Milco Hogerbrug	Nautilus	72-292	27.77	59.78	1:38.80	2:08.53
6	Johan Dijkstra	Orca	71-434	27.80	1:00.57	1:40.10	2:10.57
7	Almar v.d. Meer	B & O Torpedo	72-015	29.06	1:03.54	1:42.47	2:12.76
8	John Machielsens	H.P.C.	68-707	27.41	1:02.91	1:43.14	2:13.23
9	Dick Roest	L.Z.1886	68-616	27.81	1:01.80	1:41.84	2:13.43
10	Marcel de Natris	De Zijl/L.G.B.	70-049	28.42	1:01.72	1:41.50	2:14.54
11	Jan Willem v.d. Hoek	De Gouwe	72-671	28.76	1:02.25	1:43.69	2:15.17



wegenbouw V grondwerken
verzijl b.v.

adidas



NATIONALE WINTERKAMPIOENSCHAPPEN



ZWEMMEN 1991



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K. ZWEM- EN POLOVERENING
NAUTILUS
DORDRECHT

og. 43 200m Vlinderslag M.'78

Datum : 2- 3-91

1 Sabrina Fortes	De Kempvis	78-529	32.95	1:11.57	1:53.08	2:34.75
2 Wendy Timmermans	W.V.Z.	78-014	33.97	1:13.51	1:55.78	2:36.58
3 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	35.02	1:15.58	1:57.71	2:39.97
4 Mariska van Harn	D.W.K.	78-566	34.97	1:14.64	1:58.00	2:40.65
5 Wilma de Lange	De Devel	78-440	35.75	1:17.65	2:01.43	2:46.51
6 Petra Groeneveld	De Dinkel	78-363	36.35	1:20.24	2:03.72	2:47.92
7 Iris Veenendaal	Z.C.E.	78-624	35.38	1:18.02	2:03.39	2:48.72
8 Petra van Heusden	B & O Torpedo	78-054	34.37	1:16.13	2:03.59	2:50.43
9 Yvonne Meuken	Bubble	78-503	36.13	1:20.58	2:06.10	2:51.57

og. 44 200m Vlinderslag M.'77

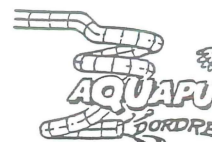
Datum : 2- 3-91

1 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	32.45	1:09.58	1:48.24	2:27.15
2 Karen Wammes	T.Z.C.-Vahalis	77-296	33.84	1:11.92	1:50.21	2:29.27
3 Madelon Baans	De Kempvis	77-624	33.34	1:12.51	1:52.49	2:32.08
4 Martinique Koridon	De Steur	77-410	33.12	1:10.99	1:51.54	2:34.29
5 Annemieke Mos	B & O Torpedo	77-043	34.02	1:13.54	1:55.29	2:37.08
6 Margot Hoogeveen	D.Z. & P.C.	77-673	33.88	1:14.21	1:57.04	2:37.84
7 Barbara van Lieshout	Nautilus	77-650	34.20	1:14.38	1:56.83	2:38.56
8 Sabine Keizers	De Dinkel	77-382	35.44	1:15.39	1:57.16	2:38.90
9 Marieke Ruysink	A.Z. & P.C.	77-141	33.84	1:13.41	1:56.42	2:38.90

og. 45 200m Vlinderslag M.'76

Datum : 2- 3-91

1 Kitty Mensink	De Dinkel	76-293	31.46	1:08.67	1:47.87	2:25.95
2 Sigrid Pels	De Steur	76-450	33.34	1:10.90	1:49.47	2:28.02
3 Mariska Leegte	Stadskanaal	76-327	34.05	1:11.65	1:51.12	2:31.47
4 Regina van Bruggen	W.V.Z.	76-609	33.77	1:12.37	1:53.16	2:32.02
5 Jitske Zengerink	C.Z.M.Uden(Startgem)	76-028	32.81	1:11.15	1:51.25	2:32.26
6 Bianca Hocks	L.Z.1886	76-439	34.26	1:13.72	1:54.76	2:34.06
7 Bianca Lutters	P.S.V.	76-037	34.47	1:14.04	1:55.44	2:37.94
8 Natasha Rijk	De Stormvogel	76-411	34.57	1:14.12	1:56.46	2:38.52
9 Danielle Klaverdijk	Nautilus	76-430	34.39	1:14.91	1:57.53	2:40.20



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Prog. 46 200m Vlinderslag M.'75

Datum : 2- 3-91

1 Nida Zuhal	Double Duty-V.Z.C.	75-403	31.57	1:07.01	1:43.52	2:20.41
2 Wilma Veldhoen	D.S.Z.	75-404	32.10	1:08.78	1:46.00	2:23.86
3 Linda v.d. Bosch	W.V.Z.	75-528	33.42	1:10.21	1:48.18	2:25.76
4 Nancy Timmermans	De Aa	75-441	33.17	1:11.62	1:52.02	2:31.31
5 Diana IJspeert	D.W.K.	75-480	33.93	1:12.83	1:52.50	2:31.59

Prog. 47 200m Vlinderslag M.'74/'73

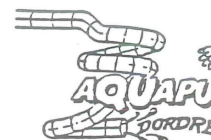
Datum : 2- 3-91

1 Anita de Hoop	Orca	74-432	30.66	1:05.79	1:42.29	2:18.76
2 Radna Mulder	De Zijl/L.G.B.	73-146	31.76	1:07.67	1:45.49	2:22.98
3 Iris Westrik	De Dinkel	74-322	32.55	1:09.15	1:46.19	2:23.06
4 Kristel Tellegen	P.S.V.	74-016	31.72	1:08.32	1:45.99	2:24.33
5 Marleen Vos	De Houtrib	74-558	32.48	1:08.70	1:46.34	2:25.16

Prog. 48 200m Vlinderslag DAMES

Datum : 2- 3-91

1 Gea Veldhuizen	S.G.G. (Startgem)	71-646	31.62	1:06.49	1:41.51	2:17.33
2 Ingrid Koeman	De Dolfijn	71-067	31.11	1:06.06	1:42.03	2:18.82
3 Mildred Muis	Z.P.A.	68-560	31.23	1:06.26	1:42.75	2:20.52
4 Nina Hulleman	D.Z. & P.C.	71-521	31.03	1:06.22	1:43.15	2:20.95
5 Christien Pieterse	De Vrije Slag	67-374	31.73	1:08.23	1:44.68	2:21.07
6 Wandy Kater	De Zijl/L.G.B.	71-048	31.85	1:07.96	1:45.55	2:22.88
7 Renate Wigger	De Dinkel	70-176	31.69	1:07.87	1:45.31	2:24.07
8 Angelique Jacobs	P.S.V.	72-039	31.58	1:08.63	1:46.08	2:25.81



NATIONALE WINTERKAMPIOENSCHAPPEN



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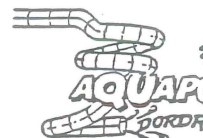
MICROWAY
COMPUTERS

NAUTILUS
DORDRECHT

Prog. 900 100m Vrije slag (uitslag all in)

Datum : 2- 3-91

1	Marianne Muis	Z.P.A.	68-561	27.20	56.07
2	Inge de Bruijn	Nautilus	73-663	27.29	57.25
3	Karin Brienesse	Orca	69-377	27.70	57.30
4	Diana v.d. Plaats	De Dolfijn	71-717	27.87	57.66
5	Ingrid Baars	De Dolfijn	69-080	28.12	58.33
6	Ingrid Koeman	De Dolfijn	71-067	28.39	58.50
7	Kitty Mensink	De Dinkel	76-293	28.75	58.54
8	Karen Guldemon	H.P.C.	75-026	28.27	58.56
9	Kristel Tellegen	P.S.V.	74-016	28.50	58.69
10	Brenda Starink	De Kempvis	74-378	28.48	58.72
11	Renate Wijering	De Dinkel	75-401	28.21	58.77
12	Nancy Timmermans	De Aa	75-441	28.47	58.80
13	Angela Postma	D.Z.& P.C.	71-088	27.87	58.95
14	Kirsten Vliegheuis	De Dinkel	76-398	28.76	59.01
15	Renate Wigger	De Dinkel	70-176	28.38	59.03
16	Yvette Vester	A.Z.& P.C.	71-125	28.88	59.03
17	Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	28.94	59.89
18	Angelique Jacobs	P.S.V.	72-039	28.97	1:00.05
19	Constantia Martens	De Stormvogel	73-351	28.69	1:00.14
20	Hanneke Koopmans	De Zijl/L.G.B.	74-058	29.25	1:00.16
21	Marion van Hooft	De Gouwe	75-463	29.37	1:00.31
22	Ilse de Jonge	Scheldestroom	75-142	29.01	1:00.32
23	Fleur Bakker	L.Z.1886	77-473	29.38	1:00.36
24	Anouk Visscher	De Dinkel	75-397	29.24	1:00.60
25	Jacqueline Nieland	Stadskanaal	75-415	29.67	1:00.99
26	Angelique Melman	De Zwoer	75-228	29.65	1:01.03
27	Anita de Hoop	Orca	74-432	29.15	1:01.03
28	Madelon Baans	De Kempvis	77-624	29.36	1:01.08
29	Hylke Berk	P.S.V.	77-677	29.73	1:01.33
30	Bianca Lutters	P.S.V.	76-037	29.98	1:01.34
31	Saskia Stoteler	Groenlo	77-245	29.67	1:01.35
32	Bianca Hocks	L.Z.1886	76-439	29.99	1:01.43
33	Wendy Groeneveld	De Dinkel	76-339	30.11	1:01.52
34	Martinique Koridon	De Steur	77-410	29.46	1:01.53
35	Marije Muthert	De Dolfijn	77-160	29.69	1:01.61
36	Karen Wammes	T.Z.C.-Vahalis	77-296	30.34	1:01.61
37	Sigrid Pels	De Steur	76-450	30.21	1:01.99
38	Danielle Klaverdijk	Nautilus	76-430	29.76	1:02.03
39	Karin Koelma	De Dinkel	75-399	29.83	1:02.23
40	Barbara van Lieshout	Nautilus	77-650	29.86	1:02.25
41	Karin Stastra	L.Z.1886	75-403	29.76	1:02.41



NATIONALE WINTERKAMPIOENSCHAPPEN



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DORDRECHT

ZWEMMEN 1991



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Prog. 900 100m Vrije slag (uitslag all in)

Datum : 2- 3-91

42 Marielle Schaaf	Z.O.N./S&S	77-073	30.08	1:02.42
43 Annemieke Mos	B & O Torpedo	77-043	30.44	1:02.74
44 Bianca Meyners	De Dinkel	75-324	30.04	1:02.78
45 Monique Hamstra	Stadskanaal	76-365	30.42	1:02.81
46 Lilian Visscher	De Steur	76-479	30.29	1:02.90
47 Noortje Dekkers	P.S.V.	76-104	30.50	1:03.00
48 Marjolein Bosma	T.Z.C.-Vahalis	76-358	30.58	1:03.07
49 Mariska van Harn	D.W.K.	78-566	30.71	1:03.20
50 Patricia Stokkers	De Meent	76-289	30.37	1:03.25
51 Danielle van Vuuren	Z.V.D.O.'74	77-167	30.22	1:03.28
52 Johanna de Kooter	De Biesboschzwemmers	77-211	30.45	1:03.29
53 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	30.80	1:03.33
54 Marieke Ruysink	A.Z.& P.C.	77-141	30.22	1:03.41
55 Linda de Boer	D.A.W./Sportline	77-434	30.48	1:03.44
56 Marloes Neijman	B.Z.V.	77-545	30.41	1:03.59
57 Margot Hoogveen	D.Z.& P.C.	77-673	30.56	1:03.69
58 Daniella Heyenrath	R.Z.	77-333	30.87	1:04.03
59 Wendy Timmermans	W.V.Z.	78-014	31.23	1:04.24
60 Annabel Kosten	Scheldestroom	77-149	30.30	1:04.28
61 Petra Groeneveld	De Dinkel	78-363	30.67	1:04.31
62 Bianca Smids	De Dolfijn	78-146	30.85	1:04.31
63 Sabrina Fortes	De Kempvis	78-529	30.91	1:04.35
64 Andrea Nooij	De Dolfijn	77-179	31.55	1:04.40
65 Rianne Bongers	De Bevers	78-426	31.28	1:04.62
66 Linda van Hout	A.Z.& P.C.	77-625	30.63	1:04.89
67 Yvonne Meuken	Bubble	78-503	31.02	1:05.08
68 Eveline Wit	De Biesboschzwemmers	78-238	31.74	1:05.35
69 Lonneke Bloemendaal	E.Z.V.	78-157	31.81	1:06.57
70 Hester Broekhuizen	A.Z.& P.C.	78-631	31.94	1:07.66
71 Marina van Staveren	D.A.W./Sportline	78-444	35.13	1:11.79



NATIONALE WINTERKAMPIOENSCHAPPEN



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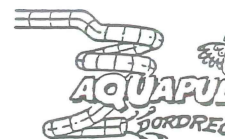
MICROWAY
COMPUTERS

NAUTILUS
DORDRECHT

Uitslag 901 100m Rugslag (uitslag all in)

Datum : 2- 3-91

1 Wilco v.d. Akker	A.Z. & P.C.	73-019	27.47	58.01
2 Richard Blank	De Dolfijn	72-551	28.53	59.02
3 Milco Hogerbrug	Nautilus	72-292	28.39	59.32
4 Guido Keutgen	Raket	68-371	28.06	59.43
5 Frank ter Brugge	S.G.G. (Startgem)	70-322	28.52	59.82
6 Marco v.d. Berg	D.S.Z.	69-427	28.48	59.86
7 Johan Dijkstra	Orca	71-434	28.77	1:00.18
8 Ruud Coone	De Dolfijn	68-065	28.70	1:00.24
9 Peter de Rover	De Dolfijn	67-344	28.90	1:00.44
10 Bram van Haandel	P.S.V.	73-087	28.57	1:00.51
11 Bram Pronk	De Zijl/L.G.B.	67-051	29.45	1:00.68
12 Christian de Groot	L.Z.1886	75-574	29.55	1:01.63
13 Vincent Elgersma	De Dolfijn	73-286	29.61	1:01.65
14 Edwin v.d. Wulp	Steenwijk 1934	70-332	29.40	1:01.65
15 Jeroen v.d. Loosdrecht	De Kempvis	75-451	30.05	1:02.09
16 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	29.23	1:02.11
17 Robin Boon	Oceanus	73-355	29.79	1:02.30
18 Rob Nijweide	Groenlo	75-302	29.54	1:02.57
19 Christian Fischer	H.P.C.	76-732	29.81	1:02.73
20 John Oude Egbrink	De Dinkel	73-279	30.54	1:03.80
21 Jeroen Jacobs	De Gelenberg	75-300	30.08	1:03.94
22 Dave Kempers	Groenlo	76-269	30.52	1:03.95
23 Frank Laffeber	Nautilus	75-613	30.67	1:04.13
24 Hugo Ruymbeke	T.R.B./R.E.S.	75-551	30.94	1:04.17
25 Ronald Fijn	De Steur	76-449	31.16	1:04.48
26 Edwin Ruysink	A.Z. & P.C.	75-062	30.78	1:04.59
27 Nicolai Steenberg	De Reestduikers	75-010	30.35	1:05.31
28 Antoine Calis	De Dolfijn	76-154	30.86	1:05.52
29 Ronnie Uitzetter	Z.P.A.	75-399	31.51	1:05.56
30 Kim Bouwes	Stadskanaal	76-307	31.44	1:05.58
31 Remco Hitzert	A.Z. & P.C.	75-476	31.74	1:05.99
32 Hans Geert Mast	D.Z. & P.C.	76-708	31.27	1:06.00
33 Pascal Lafort	Numansdorp	77-310	31.65	1:06.17
34 Martijn Perlee	H.P.C.	75-583	31.76	1:06.23
35 Eddy Brinkmeijer	D.A.W./Sportline	75-429	31.52	1:06.34
36 Sjoerd Witting	De IJssel	77-517	32.05	1:06.66
37 Barry van Leeuwen	D.Z.V./Koudijs	75-482	31.48	1:06.73
38 Sander Horenberg	Zevenhuizen	76-398	31.64	1:06.95
39 Sebastiaan Hagewoud	De Reestduikers	77-002	31.21	1:07.28
40 Pieter v.d. Hoogenband	P.S.V.	78-414	31.66	1:07.41
41 Roy Meyboom	Z.O.N./S&S	76-124	32.05	1:07.76



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



114-01 POLOVERENDE
NAUTILUS
DORDRECHT

ZWEMMEN 1991



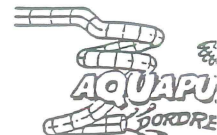
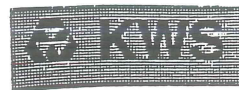
SPEEDO

MICROWAY
COMPUTERS

Prog. 901 100m Rugslag (uitslag all in)

Datum : 2- 3-91

42 Bart Gersen	Oceanus	75-332	32.28	1:07.78
43 Rowin Timmermans	W.V.Z.	76-013	32.86	1:08.10
44 Maarten Jaarsma	Z.P.A.	76-531	32.55	1:08.31
45 Maikel Klaver	Orca	75-398	31.98	1:08.65
46 Hans Hulsen	P.S.V.	77-074	32.47	1:09.08
47 Michiel Krikke	De Dolfijn	76-010	32.57	1:09.15
48 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	32.67	1:09.18
49 Chong`Woo Chiang	De Reest	76-311	32.62	1:09.19
50 Dave Middelburg	De Hoogwerf	77-368	32.77	1:09.29
51 Robbert Liesting	De Bevers	76-394	32.91	1:09.57
52 John Huiskens	Nautilus	76-604	32.63	1:09.60
53 Marcel Groot	Kon.A.Z.1870	77-494	33.11	1:09.76
54 Erwin de Grijs	Hoorn	77-443	31.81	1:09.85
55 Sebastiaan Kuiper	D.W.K.	78-601	33.30	1:09.97
56 Edwin Wijnen	Damixa/Het Ravijn	77-614	32.47	1:10.26
57 Michel Zwennes	D.W.K.	77-540	34.09	1:10.67
58 Ivo Roozeboom	Z.V.W.'74	77-190	33.51	1:10.76
59 Robert`Jan Derksen	Zwemlust-den Hommel	77-567	33.84	1:10.82
60 Ard Noeverman	Stadskanaal	77-358	33.94	1:10.86
61 Remco Singeling	L.Z.1886	78-503	34.48	1:11.73
62 Ferdie Witvoet	De Reestduikers	78-022	34.05	1:12.38
63 Paul Derksen	Natare	78-223	34.10	1:12.46
64 Patrick Steegstra	De Fuut	78-618	34.86	1:12.60
65 Dirk Jan Roos	Waterland	78-210	34.48	1:12.66
66 Ewout van 't Hert	M.S.V.-Zeemacht	78-476	34.20	1:13.50
67 Freddy Geurtsen	De Dolfijn	78-145	36.53	1:14.03
68 Mark Veens	H.Z.& P.C.Horst	78-397	35.52	1:15.51
69 Roy Meppelder	Bubble	78-448	36.48	1:16.98
70 Jeroen Dijk	Bubble	78-480	37.14	1:17.43
71 Sancho Berbers	De Warande	75-575	32.72	1:09.67



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



NAUTILUS

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

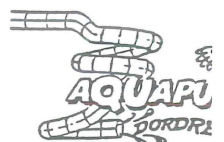
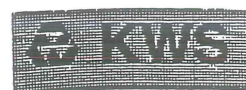
Prog. 902 200m Rugslag (uitslag all in)

Datum : 2- 3-91

1 Ellen Elzerman	B & O Torpedo	71-008	31.31	1:06.13	1:41.56	2:17.22
2 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	32.11	1:07.63	1:43.59	2:19.39
3 Iris Westrik	De Dinkel	74-322	32.77	1:08.64	1:44.87	2:21.01
4 Gudule v.d. Meer	De Dolfijn	72-164	32.92	1:10.05	1:46.81	2:23.47
5 Renate Wigger	De Dinkel	70-176	33.24	1:09.62	1:46.37	2:23.78
6 Saskia Lammerts	't Tolhekke	70-133	32.98	1:09.35	1:47.16	2:24.47
7 Wendy Leemker	Orca	74-431	32.62	1:08.70	1:46.59	2:24.48
8 Brenda Starink	De Kempvis	74-378	32.96	1:09.41	1:47.13	2:24.56
9 Suzanne Wouda	C.Z.M.Uden(Startgem)	74-492	33.29	1:09.95	1:47.59	2:25.30
10 Marielle Piels	T.Z.C.-Vahalis	76-311	33.20	1:09.77	1:47.75	2:25.37
11 Wendy Alberts	D.W.K.	74-547	33.00	1:09.33	1:46.94	2:25.93
12 Nida Zuhail	Double Duty-V.Z.C.	75-403	34.08	1:11.11	1:48.82	2:26.84
13 Hilde Swinkels	P.S.V.	69-120	34.30	1:11.93	1:49.43	2:27.37
14 Desiree de Bruijn	W.V.Z.	71-435	33.95	1:10.96	1:49.17	2:27.45
15 Debby v.d. Staay	H.P.C.	71-655	33.32	1:10.11	1:48.60	2:27.67
16 Kirsten Vliegheuis	De Dinkel	76-398	34.29	1:12.10	1:50.40	2:27.99
17 Catherine Hoogeven	D.Z.& P.C.	75-549	33.85	1:11.62	1:50.37	2:28.36
18 Saskia Schuys	Nautilus	68-603	33.45	1:11.68	1:49.31	2:28.47
19 Meike Wouda	Hoorn	71-276	33.10	1:10.63	1:49.80	2:28.50
20 Renata van Leeuwen	M.S.V.-Zeemacht	73-533	33.84	1:11.58	1:49.17	2:28.56
21 Trea Frikkee	W.Z.& P.C.	70-536	33.81	1:11.39	1:50.09	2:28.77
22 Olga Olde Olthuis	De Dinkel	77-362	34.41	1:12.84	1:52.30	2:29.84
23 Bianca Meyners	De Dinkel	75-324	34.89	1:13.02	1:51.99	2:29.98
24 Leda Bitanc	V.Z.C.	76-533	34.28	1:11.80	1:50.97	2:30.13
25 Karen Wammes	T.Z.C.-Vahalis	77-296	35.11	1:13.39	1:52.15	2:30.51
26 Saskia Stoteler	Groenlo	77-245	34.68	1:13.65	1:52.80	2:30.78
27 Monique Hamstra	Stadskanaal	76-365	34.41	1:12.70	1:51.76	2:31.52
28 Anouk Visscher	De Dinkel	75-397	35.55	1:14.19	1:52.92	2:31.62
29 Karen Guldmond	H.P.C.	75-026	35.42	1:13.25	1:52.45	2:31.83
30 Linda v.d. Bosch	W.V.Z.	75-528	35.38	1:13.77	1:53.01	2:31.96
31 Bianca Hocks	L.Z.1886	76-439	34.47	1:13.04	1:52.83	2:32.49
32 Mariska van Harn	D.W.K.	78-566	36.36	1:15.54	1:54.45	2:32.58
33 Marieke Ruysink	A.Z.& P.C.	77-141	34.57	1:13.21	1:53.54	2:33.06
34 Wendy Timmermans	W.V.Z.	78-014	35.76	1:14.61	1:54.45	2:33.13
35 Danielle Sloodjes	Orca	75-502	33.63	1:11.51	1:52.30	2:33.20
36 Saskia de Keyzer	L.Z.1886	77-568	35.09	1:12.70	1:52.95	2:33.24
37 Marieke Westerhof	De Dinkel	74-319	34.32	1:13.70	1:52.92	2:33.34
38 Marjo Kuijt	D.W.K.	74-524	35.06	1:13.65	1:53.52	2:33.76
39 Ilse v.d. Dussen	De Gouwe	75-739	35.34	1:14.02	1:53.64	2:34.12
40 Alice de Jong	Groenlo	76-225	34.20	1:12.59	1:54.06	2:34.59
41 Jacqueline Nieland	Stadskanaal	75-415	35.25	1:13.99	1:54.46	2:34.61



adidas



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



DE POLYMERBOND
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

Prog. 902 200m Rugslag (uitslag all in)

Datum : 2- 3-91

42 Marijke van Schagen	De Bevers	78-488	34.16	1:13.15	1:53.94	2:34.89
43 Noortje Dekkers	P.S.V.	76-104	35.39	1:14.51	1:54.75	2:35.47
44 Linda van Hout	A.Z. & P.C.	77-625	35.06	1:13.71	1:54.88	2:35.80
45 Fleur Bakker	L.Z.1886	77-473	35.16	1:14.83	1:55.74	2:35.88
46 Nadia van Houweligen	A.Z. & P.C.	77-039	34.78	1:13.63	1:54.07	2:36.65
47 Sabrina Fortes	De Kempvis	78-529	36.16	1:16.01	1:56.93	2:37.52
48 Name Zuhail	Double Duty-V.Z.C.	78-683	36.92	1:17.15	1:58.10	2:38.08
49 Miriam de Vries	Z.C.N.F.'34	78-301	36.21	1:16.21	1:57.03	2:38.19
50 Magalien de Vries	Bubble	78-520	37.23	1:18.61	2:00.51	2:38.73
51 Priscilla Laurens	Z.P.A.	77-498	36.21	1:17.46	1:59.69	2:39.53
52 Sabine Keizers	De Dinkel	77-382	37.39	1:18.00	1:58.95	2:39.71
53 Linda de Boer	D.A.W./Sportline	77-434	36.24	1:15.92	1:58.12	2:39.71
54 Tamara Hooyman	M.S.V.-Zeemacht	78-536	36.13	1:16.90	1:59.08	2:40.12
55 Judith Borsboom	De Hoogwerf	78-354	36.95	1:17.47	1:59.22	2:40.51
56 Bianca Smids	De Dolfijn	78-146	36.30	1:17.13	1:59.13	2:40.51
57 Karin Hammink	Z.P.A.	77-496	36.69	1:17.46	1:59.10	2:41.06
58 Iris Veenendaal	Z.C.E.	78-624	35.35	1:16.51	1:58.62	2:41.98
59 Saskia Steenbruggen	Damixa/Het Ravijn	78-620	36.55	1:17.69	2:00.45	2:41.99
60 Danielle van Alst	De Dinkel	78-385	37.26	1:18.94	2:00.95	2:43.09
61 Anouk Aaldering	Z.P.A.	78-499	37.64	1:18.98	2:01.58	2:43.44
62 Tamara v.d. Wal	Het IJ	78-030	36.87	1:18.78	2:01.90	2:44.81



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



ZWEMMEN 1991



SPEEDO

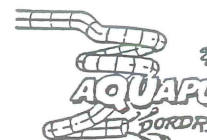
MICROWAY
COMPUTERS

DE DORDRECHT
NAUTILUS

Prog. 903 200m Wisselslag pers. (uitslag all in)

Datum : 2- 3-91

1 Ron Dekker	De IJssel	66-044	26.50	1:00.09	1:34.86	2:04.65
2 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	27.90	59.59	1:36.22	2:05.75
3 Richard Blank	De Dolfijn	72-551	28.77	59.26	1:37.29	2:06.73
4 Stan Steegeling	De Dolfijn	71-016	27.99	1:00.71	1:36.97	2:06.90
5 Milco Hogerbrug	Nautilus	72-292	27.77	59.78	1:38.80	2:08.53
6 Tim Hoeymans	P.S.V.	74-426	28.21	1:02.06	1:38.81	2:08.79
7 Mark v.d. Zijden	De Gouwe	73-699	28.05	1:01.10	1:38.47	2:09.07
8 Dennis Parlevliet	P.S.V.	73-644	27.80	1:00.66	1:40.03	2:10.04
9 Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.71	1:01.65	1:39.27	2:10.47
10 Johan Dijkstra	Orca	71-434	27.80	1:00.57	1:40.10	2:10.57
11 Almar v.d. Meer	B & O Torpedo	72-015	29.06	1:03.54	1:42.47	2:12.76
12 Roy v.d. Veen	H.P.C.	73-075	28.71	1:02.54	1:42.10	2:12.98
13 John Machielsen	H.P.C.	68-707	27.41	1:02.91	1:43.14	2:13.23
14 Dick Roest	L.Z.1886	68-616	27.81	1:01.80	1:41.84	2:13.43
15 Wilko Rutgers	Steenwijk 1934	73-259	29.03	1:03.58	1:41.26	2:13.81
16 Bram van Haandel	P.S.V.	73-087	27.14	1:00.60	1:41.84	2:13.85
17 Marcel de Natris	De Zijl/L.G.B.	70-049	28.42	1:01.72	1:41.50	2:14.54
18 Frank Laffeber	Nautilus	75-613	29.37	1:03.87	1:43.81	2:14.70
19 Jan-Willem v.d. Hoek	De Gouwe	72-671	28.76	1:02.25	1:43.69	2:15.17
20 Ronald Fijn	De Steur	76-449	29.32	1:04.23	1:45.85	2:16.48
21 Edwin Ruysink	A.Z. & P.C.	75-062	28.16	1:03.16	1:45.09	2:16.61
22 Edgar Thimister	M.Z. & P.C.	75-676	27.70	1:05.10	1:45.25	2:17.02
23 Martijn Baans	De Kempvis	75-623	28.22	1:04.06	1:46.01	2:17.29
24 Etan Ronen	P.S.V.	75-049	30.70	1:06.67	1:45.49	2:17.53
25 Rob Onderwijzer	W.Z. & P.C.	75-384	30.80	1:05.93	1:45.89	2:17.70
26 Jan Willem van Dijk	A.Z. & P.C.	75-139	29.12	1:05.36	1:46.01	2:17.83
27 Jasper Bisselink	H.P.C.	75-644	30.14	1:05.32	1:44.64	2:18.01
28 Jos Middelberg	De Dolfijn	75-078	29.94	1:06.99	1:46.45	2:18.88
29 Pascal Lafort	Numansdorp	77-310	30.77	1:07.63	1:47.25	2:19.10
30 Ronald van Charante	De Dolfijn	77-147	29.64	1:07.14	1:46.88	2:19.27
31 Antoine Calis	De Dolfijn	76-154	30.21	1:05.05	1:46.72	2:19.32
32 Pim Commandeur	Groenlo	74-303	28.45	1:03.76	1:45.87	2:19.87
33 Takuya Suzuki	Oceanus	75-559	30.43	1:06.33	1:46.63	2:20.61
34 Ronnie Uitzetter	Z.P.A.	75-399	29.53	1:04.50	1:48.80	2:20.63
35 Dennis Schouten	De Zijl/L.G.B.	75-129	29.73	1:05.58	1:47.79	2:21.07
36 Michel Bom	Zeus	75-518	29.81	1:07.09	1:48.90	2:21.26
37 Robin Boon	Oceanus	73-355	28.32	1:03.36	1:47.39	2:21.28
38 Stefan Aartsen	V.Z.C.	75-025	28.74	1:06.12	1:49.55	2:21.43
39 Olof van Gelder	P.S.V.	75-008	30.74	1:08.18	1:48.78	2:21.69
40 Michiel Jansen	De Gelenberg	75-310	31.38	1:08.02	1:48.39	2:21.71
41 Jeroen Goes	A.Z. & P.C.	76-041	30.82	1:09.40	1:49.10	2:22.16



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua
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14-01-1991
NAUTILUS
Dordrecht

ZWEMMEN 1991



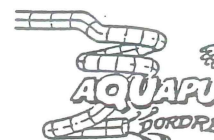
SPEEDO

MICROWAY
COMPUTERS

Prog. 903 200m Wisselslag pers. (uitslag all in)

Datum : 2- 3-91

42 Frank Kleyer	D.W.K.	76-530	30.44	1:07.46	1:46.22	2:22.20
43 Lesley Voorn	De Otters	75-583	30.10	1:07.37	1:48.03	2:22.43
44 Willy Hansen	De Dinkel	75-400	31.07	1:09.05	1:50.52	2:22.61
45 Frans Merks	Tiamat	76-233	31.30	1:09.50	1:50.20	2:23.13
46 Evert Jan van Harten	D.W.K.	76-478	29.96	1:07.88	1:50.08	2:23.18
47 Eddy Brinkmeijer	D.A.W./Sportline	75-429	31.59	1:08.22	1:49.31	2:23.19
48 Jeroen Mulder	A.Z. & P.C.	76-827	30.23	1:08.50	1:51.96	2:23.33
49 Sander Horenberg	Zevenhuizen	76-398	29.83	1:07.21	1:52.56	2:23.36
50 Patrick Reniers	Breda	75-270	29.59	1:06.30	1:49.71	2:23.41
51 Edwink Blom	Nautilus	76-581	30.74	1:10.19	1:50.71	2:24.47
52 Pieter v.d. Hoogenband	P.S.V.	78-414	31.18	1:08.46	1:52.87	2:25.09
53 Sancho Berbers	De Warande	75-575	30.21	1:07.51	1:50.78	2:25.17
54 Jeroen Jacobs	De Gelenberg	75-300	29.97	1:06.29	1:49.95	2:25.45
55 Michel Zwennes	D.W.K.	77-540	32.92	1:10.13	1:53.59	2:25.54
56 Hans Hulsen	P.S.V.	77-074	31.04	1:08.86	1:54.37	2:27.45
57 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	31.50	1:09.98	1:52.38	2:27.48
58 Dave Middelburg	De Hoogwerf	77-368	30.73	1:08.94	1:53.39	2:27.51
59 Erwin de Grijs	Hoorn	77-443	31.97	1:10.60	1:53.18	2:29.93
60 Rowin Timmermans	W.V.Z.	76-013	32.71	1:12.14	1:56.00	2:31.03
61 Sebastiaan Kuyper	D.W.K.	78-601	35.13	1:13.69	1:57.52	2:31.35
62 Erik Oly	De Kempvis	78-533	33.38	1:13.20	1:56.32	2:32.22
63 Remco Singeling	L.Z.1886	78-503	33.06	1:12.14	1:56.58	2:32.30
64 Gijs Ganzevles	Zeus	78-521	33.56	1:13.62	2:00.85	2:34.45
65 Freddy Geurtsen	De Dolfijn	78-145	36.60	1:16.16	2:01.12	2:36.24
66 Mark Timmermans	Stadskanaal	78-411	34.50	1:17.39	1:59.90	2:36.54
67 Bob de Hoon	T.Z.C.-Vahalis	78-313	34.77	1:15.01	2:03.74	2:38.35
68 Kees v.d. Sluys	Kerkdriel	78-301	33.97	1:15.73	2:04.31	2:40.42
69 Christian Fischer	H.P.C.	76-732	29.39	1:03.12	1:43.36	2:15.65
70 Kim Bouwes	Stadskanaal	76-307	31.86	1:08.94	1:55.22	2:28.41
71 Chong`Woo Chiang	De Reest	76-311	30.94	1:09.26	1:50.73	2:26.31
72 Jeroen Dijk	Bubble	78-480	35.51	1:17.49	2:02.65	2:39.76
73 Dave Kempers	Groenlo	76-269	32.16	1:09.47	1:53.25	2:27.35



NATIONALE WINTERKAMPIOENSCHAPPEN



14. ON POLOVERBODING
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

Nashua

COPY SERVICE

MICROWAY
COMPUTERS

og. 904 200m Vlinderslag (uitslag all in)

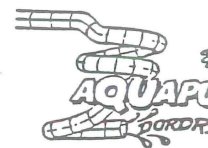
Datum : 2- 3-91

1	Gea Veldhuizen	S.G.G. (Startgem)	71-646	31.62	1:06.49	1:41.51	2:17.33
2	Anita de Hoop	Orca	74-432	30.66	1:05.79	1:42.29	2:18.76
3	Ingrid Koeman	De Dolfijn	71-067	31.11	1:06.06	1:42.03	2:18.82
4	Nida Zuhai	Double Duty-V.Z.C.	75-403	31.57	1:07.01	1:43.52	2:20.41
5	Mildred Muis	Z.P.A.	68-560	31.23	1:06.26	1:42.75	2:20.52
6	Nina Hulleman	D.Z. & P.C.	71-521	31.03	1:06.22	1:43.15	2:20.95
7	Christien Pieterse	De Vrije Slag	67-374	31.73	1:08.23	1:44.68	2:21.07
8	Wandy Kater	De Zijl/L.G.B.	71-048	31.85	1:07.96	1:45.55	2:22.88
9	Radna Mulder	De Zijl/L.G.B.	73-146	31.76	1:07.67	1:45.49	2:22.98
10	Iris Westrik	De Dinkel	74-322	32.55	1:09.15	1:46.19	2:23.06
11	Wilma Veldhoen	D.S.Z.	75-404	32.10	1:08.78	1:46.00	2:23.86
12	Renate Wigger	De Dinkel	70-176	31.69	1:07.87	1:45.31	2:24.07
13	Kristel Tellegen	P.S.V.	74-016	31.72	1:08.32	1:45.99	2:24.33
14	Marleen Vos	De Houtrib	74-558	32.48	1:08.70	1:46.34	2:25.16
15	Linda v.d. Bosch	W.V.Z.	75-528	33.42	1:10.21	1:48.18	2:25.76
16	Angelique Jacobs	P.S.V.	72-039	31.58	1:08.63	1:46.08	2:25.81
17	Kitty Mensink	De Dinkel	76-293	31.46	1:08.67	1:47.87	2:25.95
18	Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	32.45	1:09.58	1:48.24	2:27.15
19	Sigrid Pels	De Steur	76-450	33.34	1:10.90	1:49.47	2:28.02
20	Karen Wammes	T.Z.C.-Vahalis	77-296	33.84	1:11.92	1:50.21	2:29.27
21	Nancy Timmermans	De Aa	75-441	33.17	1:11.62	1:52.02	2:31.31
22	Mariska Leegte	Stadskanaal	76-327	34.05	1:11.65	1:51.12	2:31.47
23	Diana IJspeert	D.W.K.	75-480	33.93	1:12.83	1:52.50	2:31.59
24	Regina van Bruggen	W.V.Z.	76-609	33.77	1:12.37	1:53.16	2:32.02
25	Madelon Baans	De Kempvis	77-624	33.34	1:12.51	1:52.49	2:32.08
26	Jitske Zengerink	C.Z.M.Uden(Startgem)	76-028	32.81	1:11.15	1:51.25	2:32.26
27	Bianca Hocks	L.Z.1886	76-439	34.26	1:13.72	1:54.76	2:34.06
28	Martinique Koridon	De Steur	77-410	33.12	1:10.99	1:51.54	2:34.29
29	Sabrina Fortes	De Kempvis	78-529	32.95	1:11.57	1:53.08	2:34.75
30	Wendy Timmermans	W.V.Z.	78-014	33.97	1:13.51	1:55.78	2:36.58
31	Annemieke Mos	B & O Torpedo	77-043	34.02	1:13.54	1:55.29	2:37.08
32	Margot Hoogveen	D.Z. & P.C.	77-673	33.88	1:14.21	1:57.04	2:37.84
33	Bianca Lutters	P.S.V.	76-037	34.47	1:14.04	1:55.44	2:37.94
34	Natasha Rijk	De Stormvogel	76-411	34.57	1:14.12	1:56.46	2:38.52
35	Barbara van Lieshout	Nautilus	77-650	34.20	1:14.38	1:56.83	2:38.56
36	Sabine Keizers	De Dinkel	77-382	35.44	1:15.39	1:57.16	2:38.90
37	Marieke Ruysink	A.Z. & P.C.	77-141	33.84	1:13.41	1:56.42	2:38.90
38	Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	35.02	1:15.58	1:57.71	2:39.97
39	Danielle Klaverdijk	Nautilus	76-430	34.39	1:14.91	1:57.53	2:40.20
40	Mariska van Harn	D.W.K.	78-566	34.97	1:14.64	1:58.00	2:40.65
41	Wilma de Lange	De Devel	78-440	35.75	1:17.65	2:01.43	2:46.51
42	Petra Groeneveld	De Dinkel	78-363	36.35	1:20.24	2:03.72	2:47.92
43	Iris Veenendaal	Z.C.E.	78-624	35.38	1:18.02	2:03.39	2:48.72
44	Petra van Heusden	B & O Torpedo	78-054	34.37	1:16.13	2:03.59	2:50.43
45	Yvonne Meuken	Bubble	78-503	36.13	1:20.58	2:06.10	2:51.57



wegenbouw  grondwerken
verzijl b.v.

adidas 



NATIONALE WINTERKAMPIOENSCHAPPEN



ZWEMMEN 1991



SPEEDO

Nashua

COPY SERVICE

MICROWAY
COMPUTERS

ZWEM- en POLOVERBODING
NAUTILUS
DORDRECHT

Prog. 49 100m Vrije slag FA DAMES FINALE

Datum : 2- 3-91

1	Marianne Muis	Z.P.A.	68-561	27.01	56.07
2	Karin Briennesse	Orca	69-377	27.28	56.49
3	Inge de Bruijn	Nautilus	73-663	27.30	56.82
4	Ingrid Baars	De Dolfijn	69-080	27.65	57.63
5	Kristel Tellegen	P.S.V.	74-016	28.51	58.75
6	Ingrid Koeman	De Dolfijn	71-067	28.52	58.80
7	Kitty Mensink	De Dinkel	76-293	28.52	59.17
8	Karen Guldemon	H.P.C.	75-026	28.74	1:00.37

Prog. 49 100m Vrije slag FB DAMES FINALE

Datum : 2- 3-91

1	Angela Postma	D.Z. & P.C.	71-088	27.68	58.18
2	Brenda Starink	De Kempvis	74-378	28.82	59.02
3	Renate Wijering	De Dinkel	75-401	28.44	59.03
4	Kirsten Vliegghuis	De Dinkel	76-398	28.69	59.04
5	Yvette Vester	A.Z. & P.C.	71-125	28.81	59.40
6	Nancy Timmermans	De Aa	75-441	29.23	59.50
7	Angelique Jacobs	P.S.V.	72-039	29.18	1:00.55
8	Renate Wigger	De Dinkel	70-176	29.39	1:02.06



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua
COPY SERVICE



OF POLOVERBOOD
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

Prog. 50 100m Rugslag FA HEREN FINALE

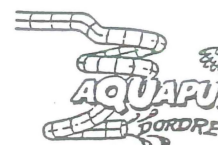
Datum : 2- 3-91

1 Richard Blank	De Dolfijn	72-551	28.33	58.39
2 Wilco v.d. Akker	A.Z. & P.C.	73-019	27.66	58.49
3 Milco Hogerbrug	Nautilus	72-292	27.74	58.61
4 Guido Keutgen	Raket	68-371	27.62	58.61
5 Frank ter Brugge	S.G.G. (Startgem)	70-322	28.36	59.68
6 Ruud Coone	De Dolfijn	68-065	28.44	59.70
7 Marco v.d. Berg	D.S.Z.	69-427	28.13	59.71
8 Johan Dijkstra	Orca	71-434	29.05	1:00.37

og. 50 100m Rugslag FB HEREN FINALE

Datum : 2- 3-91

1 Bram Pronk	De Zijl/L.G.B.	67-051	28.28	59.26
2 Peter de Rover	De Dolfijn	67-344	28.77	1:00.42
3 Bram van Haandel	P.S.V.	73-087	28.74	1:01.15
4 Edwin v.d. Wulp	Steenwijk 1934	70-332	29.27	1:01.65
5 Christian de Groot	L.Z.1886	75-574	29.66	1:02.21
6 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	29.78	1:02.77
7 Robin Boon	Oceanus	73-355	30.31	1:03.80
8 John Oude Egbrink	De Dinkel	73-279	31.02	1:04.55



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

ZWEM- en POLOVERBODEN

NAUTILUS

DORDRECHT

Prog. 51 200m Rugslag FA DAMES FINALE

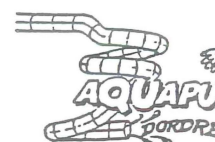
Datum : 2- 3-91

1 Ellen Elzerman	B & O Torpedo	71-008	31.74	1:05.69	1:40.54	2:14.87
2 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	32.64	1:08.16	1:44.44	2:19.76
3 Iris Westrik	De Dinkel	74-322	33.11	1:08.58	1:44.70	2:19.86
4 Renate Wigger	De Dinkel	70-176	33.00	1:09.16	1:45.76	2:22.34
5 Gudule v.d. Meer	De Dolfijn	72-164	32.97	1:09.02	1:45.35	2:22.69
6 Brenda Starink	De Kempvis	74-378	32.81	1:08.80	1:45.93	2:23.67
7 Saskia Lammerts	't Tolhekke	70-133	32.92	1:09.35	1:46.92	2:24.03
8 Wendy Leemker	Orca	74-431	33.53	1:11.09	1:48.88	2:27.42

og. 51 200m Rugslag FB DAMES FINALE

Datum : 2- 3-91

1 Debby v.d. Staay	H.P.C.	71-655	34.03	1:10.46	1:48.35	2:26.45
2 Kirsten Vliegheuis	De Dinkel	76-398	34.98	1:12.43	1:50.52	2:26.74
3 Wendy Alberts	D.W.K.	74-547	34.46	1:12.04	1:50.17	2:27.86
4 Suzanne Wouda	C.Z.M.Uden(Startgem)	74-492	33.34	1:10.98	1:49.29	2:27.96
5 Desiree de Bruijn	W.V.Z.	71-435	34.55	1:12.24	1:51.11	2:29.97
6 Catherine Hoogeveen	D.Z. & P.C.	75-549	34.14	1:12.34	1:51.63	2:30.99
7 Nida Zuhail	Double Duty-V.Z.C.	75-403	35.84	1:14.86	1:54.49	2:33.73
8 Hilde Swinkels	P.S.V.	69-120	34.83	1:13.21	1:53.09	2:34.26



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

NAUTILUS
DORDRECHT

Prog. 52 200m Wisselslag pers. FA HEREN FINALE

Datum : 2- 3-91

1 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	27.71	59.35	1:35.43	2:04.09
2 Ron Dekker	De IJsel	66-044	26.82	59.82	1:34.68	2:04.20
3 Stan Steegeling	De Dolfijn	71-016	27.54	1:00.00	1:37.03	2:06.71
4 Tim Hoeymans	P.S.V.	74-426	28.04	1:01.50	1:38.62	2:08.45
5 Milco Hogerbrug	Nautilus	72-292	27.84	59.94	1:39.87	2:09.66
6 Mark v.d. Zijden	De Gouwe	73-699	28.13	1:01.77	1:39.36	2:09.88
7 Roy v.d. Veen	H.P.C.	73-075	28.07	1:01.79	1:41.37	2:11.71
8 Johan Dijkstra	Orca	71-434	28.05	1:01.38	1:41.86	2:12.75

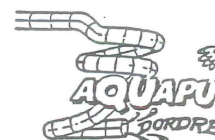
Prog. 52 200m Wisselslag pers. FB HEREN FINALE

Datum : 2- 3-91

1 Dick Roest	L.Z.1886	68-616	28.32	1:02.51	1:41.18	2:11.26
2 Jan-Willem v.d. Hoek	De Gouwe	72-671	29.05	1:02.43	1:41.99	2:12.21
3 John Machielsen	H.P.C.	68-707	27.32	1:03.55	1:42.94	2:12.81
4 Wilko Rutgers	Steenwijk 1934	73-259	29.66	1:03.71	1:40.52	2:12.93
5 Marcel de Natris	De Zijl/L.G.B.	70-049	27.96	1:03.81	1:44.12	2:15.95
6 Ronald Fijn	De Steur	76-449	29.18	1:04.69	1:47.36	2:18.29
7 Edgar Thimister	M.Z.& P.C.	75-676	31.28	1:09.75	1:51.19	2:24.17
8 Edwin Ruysink	A.Z.& P.C.	75-062	29.45	1:08.90	1:53.78	2:28.78



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NATIONALE WINTERKAMPIOENSCHAPPEN

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COPY SERVICE



• ON VOLGENDE
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

Prog. 53 200m Vlinderslag FA DAMES FINALE

Datum : 2- 3-91

1 Anita de Hoop	Orca	74-432	30.35	1:05.02	1:40.14	2:15.98
2 Ingrid Koeman	De Dolfijn	71-067	30.98	1:05.88	1:42.04	2:17.82
3 Gea Veldhuizen	S.G.G. (Startgem)	71-646	31.95	1:06.93	1:42.28	2:18.21
4 Nida Zuhal	Double Duty-V.Z.C.	75-403	32.01	1:06.69	1:43.11	2:18.81
5 Mildred Muis	Z.P.A.	68-560	30.98	1:06.58	1:42.71	2:18.97
6 Radna Mulder	De Zijl/L.G.B.	73-146	31.59	1:07.17	1:43.82	2:20.84
7 Christien Pieterse	De Vrije Slag	67-374	31.56	1:07.69	1:45.05	2:22.63
8 Nina Hulleman	D.Z.& P.C.	71-521	30.92	1:06.33	1:44.31	2:23.84

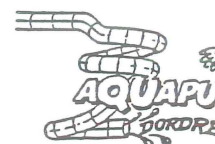
Prog. 53 200m Vlinderslag FB DAMES FINALE

Datum : 2- 3-91

1 Iris Westrik	De Dinkel	74-322	32.36	1:08.80	1:45.78	2:22.38
2 Kristel Tellegen	P.S.V.	74-016	32.18	1:09.12	1:46.61	2:25.32
3 Angelique Jacobs	P.S.V.	72-039	31.76	1:07.93	1:46.06	2:25.54
4 Wilma Veldhoen	D.S.Z.	75-404	32.44	1:09.93	1:48.69	2:27.80
5 Linda v.d. Bosch	W.V.Z.	75-528	34.06	1:12.61	1:51.62	2:30.42
6 Sigrid Pels	De Steur	76-450	33.44	1:12.46	1:53.61	2:33.25
7 Kitty Mensink	De Dinkel	76-293	33.31	1:12.56	1:53.23	2:33.46



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NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS



OF POLYMERBAND

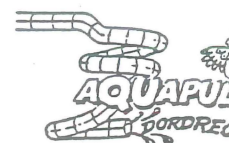
NAUTILUS

DORDRECHT

54 4x200m Vrije slag estafette J.O. 16 jr

Datum : 2- 3-91

1 P.S.V.	P.S.V.	ES-001	29.09	1:00.85	1:32.40	2:02.91	2:31.27	3:03.37	3:36.96
			4:10.64	4:38.21	5:09.78	5:41.70	6:12.89	6:41.14	7:12.14
			7:42.53	8:12.79					
2 A.Z.P.C.	A.Z. & P.C.	ES-001	28.34	59.96	1:32.29	2:04.44	2:32.17	3:04.62	3:38.00
			4:09.61	4:37.29	5:08.84	5:40.63	6:13.06	6:39.48	7:10.13
			7:41.75	8:12.93					
3 De Dolfijn	De Dolfijn	ES-001	28.26	59.72	1:31.79	2:03.62	2:32.51	3:04.21	3:36.32
			4:08.43	4:36.50	5:08.43	5:41.40	6:13.12	6:40.98	7:12.33
			7:43.54	8:15.12					
4 Groenlo	Groenlo	ES-001	26.83	56.79	1:27.35	1:58.20	2:26.83	2:59.66	3:33.74
			4:08.30	4:36.57	5:09.49	5:44.26	6:20.25	6:48.65	7:12.24
			7:55.51	8:29.13					
5 H.P.C.	H.P.C.	ES-001	28.89	1:00.51	1:32.91	2:05.65	2:36.38	3:11.41	3:47.35
			4:23.15	4:52.40	5:25.77	6:00.66	6:34.63	7:01.70	7:32.03
			8:03.95	8:35.93					
6 D.A.W./Sportline	D.A.W./Sportline	ES-001	28.76	1:01.07	1:33.96	2:07.00	2:36.36	3:10.74	3:46.52
			4:21.91	4:49.10	5:20.11	5:53.42	6:26.44	6:55.72	7:28.70
			8:02.90	8:36.58					
7 Oceanus	Oceanus	ES-001	28.87	1:00.24	1:32.80	2:05.16	2:34.37	3:06.77	3:40.34
			4:12.77	4:41.53	5:15.89	5:54.44	6:32.76	7:01.37	7:33.51
			8:06.50	8:39.14					
8 De Otters	De Otters	ES-001	29.10	1:02.21	1:36.59	2:10.29	2:38.46	3:11.62	3:46.75
			4:19.67	4:49.67	5:23.80	6:01.34	6:36.92	7:04.21	7:35.69
			8:09.36	8:43.04					
9 De Dolfijn II	De Dolfijn	ES-002	29.24	1:01.64	1:35.36	2:09.25	2:39.98	3:14.09	3:48.53
			4:21.65	4:53.31	5:27.66	6:04.00	6:37.71	7:05.97	7:38.08
			8:10.99	8:43.05					
10 Z.P.A.	Z.P.A.	ES-001	28.15	59.53	1:31.32	2:02.60	2:32.90	3:06.50	3:41.64
			4:16.29	4:45.64	5:20.33	5:56.64	6:32.40	7:00.85	7:32.93
			8:08.54	8:43.61					
11 B & O Torpedo	B & O Torpedo	ES-001	27.58	58.37	1:30.35	2:02.10	2:31.71	3:05.79	3:40.84
			4:15.91	4:45.54	5:18.69	5:53.25	6:27.43	6:58.65	7:33.75
			8:10.83	8:47.98					
12 Stadskanaal	Stadskanaal	ES-001	29.06	1:00.34	1:33.03	2:05.45	2:26.39	3:12.46	3:49.37
			4:24.61	4:54.67	5:29.47	6:06.16	6:41.77	7:10.38	7:42.22
			8:16.31	8:48.68					
13 A.Z.P.C. II	A.Z. & P.C.	ES-002	29.65	1:03.93	1:39.29	2:16.17	2:47.33	3:22.27	3:59.24
			4:35.31	5:03.89	5:36.43	6:10.74	6:43.78	7:13.12	7:45.91
			8:18.23	8:49.15					
14 Tiamat	Tiamat	ES-001	29.10	1:02.17	1:36.46	2:09.79	2:39.33	3:13.24	3:48.40
			4:23.58	4:52.96	5:27.73	6:04.83	6:40.36	7:11.11	7:43.33
			8:17.04	8:50.64					
15 L.Z. 1886	L.Z.1886	ES-001	28.57	1:00.84	1:31.27	2:01.65	2:31.57	3:05.77	3:41.15
			4:16.12	4:46.21	5:21.58	5:58.04	6:33.11	7:04.06	7:38.73
			8:15.60	8:51.02					



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



DE POLYMEREN
NAUTILUS

ZWEMMEN 1991



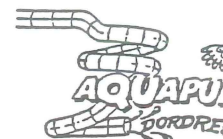
SPEEDO

MICROWAY
COMPUTERS

55 4x100m Wisselslag estafette M.O. 16 jr

Datum : 2- 3-91

1 De Dinkel I	De Dinkel	ES-001	33.81	1:09.07	1:44.11	2:23.14	2:53.75	3:30.19	3:58.17
			4:29.01						
2 De Dinkel II	De Dinkel	ES-002	33.60	1:10.56	1:46.19	2:26.12	2:57.96	3:33.94	4:02.80
			4:33.64						
3 P.S.V.	P.S.V.	ES-001	34.16	1:11.71	1:46.21	2:25.30	2:57.81	3:36.20	4:05.38
			4:36.97						
4 A.Z.P.C.	A.Z. & P.C.	ES-001	33.23	1:11.08	1:46.06	2:26.13	2:58.70	3:37.16	4:06.74
			4:39.41						
5 T.Z.C.-Vahalis	T.Z.C.-Vahalis	ES-001	32.29	1:08.09	1:45.07	2:26.96	2:59.60	3:37.47	4:07.15
			4:39.43						
6 L.Z. 1886	L.Z.1886	ES-001	34.14	1:11.55	1:47.34	2:29.28	3:01.25	3:38.49	4:07.50
			4:39.67						
7 Stadskanaal	Stadskanaal	ES-001	33.53	1:10.70	1:46.21	2:26.67	2:59.34	3:37.36	4:06.96
			4:40.31						
8 De Gouwe	De Gouwe	ES-001	34.48	1:12.94	1:50.45	2:33.13	3:04.20	3:40.46	4:09.26
			4:41.07						
9 De Steur	De Steur	ES-001	35.63	1:15.45	1:51.93	2:32.85	3:04.43	3:42.01	4:11.35
			4:43.77						
10 De Dolfijn	De Dolfijn	ES-001	35.84	1:14.97	1:51.69	2:32.87	3:04.81	3:41.68	4:11.11
			4:44.02						
11 Scheldestroom	Scheldestroom	ES-001	32.69	1:09.02	1:47.31	2:31.62	3:03.11	3:41.34	4:11.36
			4:46.26						
12 D.Z.P.C.	D.Z. & P.C.	ES-001	33.37	1:10.38	1:47.56	2:30.28	3:02.77	3:42.84	4:13.86
			4:47.64						



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Prog. 56 100m Vlinderslag J.'78

Datum : 3- 3-91

1 Pieter v.d. Hoogenband	P.S.V.	78-414	29.95	1:05.82
2 Remco Singeling	L.Z.1886	78-503	32.31	1:09.69
3 Erik Oly	De Kempvis	78-533	33.01	1:11.07
4 Rudmer Heerema	D.A.W./Sportline	78-450	33.43	1:11.96
5 Kees v.d. Sluys	Kerkdriel	78-301	33.67	1:11.99
6 Wesley Bijl	De Kempvis	78-515	33.61	1:12.09
7 Bob de Hoon	T.Z.C.-Vahalis	78-313	33.98	1:12.33
8 Thierry Vriens	B & O Torpedo	78-067	33.99	1:13.77
9 Ronald Smits	P.S.V.	78-405	35.27	1:16.19

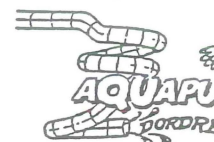
Prog. 57 100m Vlinderslag J.'77

Datum : 3- 3-91

1 Ronald van Charante	De Dolfijn	77-147	29.80	1:03.70
2 Richard van Duyvenbode	L.Z.1886	77-567	31.09	1:05.71
3 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	30.26	1:06.01
4 Dave Middelburg	De Hoogwerf	77-368	30.61	1:06.97
5 Hans Hulsen	P.S.V.	77-074	31.41	1:08.20
6 Marcel Groot	Kon.A.Z.1870	77-494	31.81	1:09.01
7 Erwin de Grijs	Hoorn	77-443	31.50	1:09.14



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SPEEDO

MICROWAY
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..og. 58 100m Vlinderslag J.'76

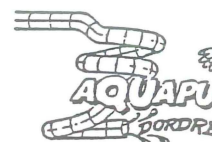
Datum : 3- 3-91

1 Christian Fischer	H.P.C.	76-732	28.46	1:00.78
2 Sander Horenberg	Zevenhuizen	76-398	28.97	1:01.99
3 Ronald Fijn	De Steur	76-449	29.19	1:02.40
4 Roy Meyboom	Z.O.N./S&S	76-124	30.04	1:02.54
5 Antoine Calis	De Dolfijn	76-154	29.40	1:03.43
6 Evert Jan van Harten	D.W.K.	76-478	29.87	1:03.47
7 Edwink Blom	Nautilus	76-581	30.40	1:04.09
8 Chong'Woo Chiang	De Reest	76-311	30.09	1:04.96
9 Kim Bouwes	Stadskanaal	76-307	30.63	1:05.08
10 Eelco Nelissen	Mosa-Regio	76-445	29.58	1:05.47
11 Robbert Liesting	De Bevers	76-394	30.73	1:06.62
12 John Huiskens	Nautilus	76-604	30.47	1:08.50

og. 59 100m Vlinderslag J.'75

Datum : 3- 3-91

1 Edgar Thimister	M.Z.& P.C.	75-676	27.50	58.87
2 Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.17	59.20
3 Christian de Groot	L.Z.1886	75-574	27.63	59.27
4 Martijn Baans	De Kempvis	75-623	27.86	59.78
5 Ronnie Uitzetter	Z.P.A.	75-399	28.88	1:01.28
6 Edwin Ruysink	A.Z.& P.C.	75-062	28.11	1:01.42
7 Stefan Aartsen	V.Z.C.	75-025	28.34	1:02.14
8 Patrick Gehasse	Orca	75-353	29.31	1:03.40
9 Jeroen Jacobs	De Gelenberg	75-300	29.41	1:03.72
10 Jan Willem van Dijk	A.Z.& P.C.	75-139	29.09	1:03.74
11 Patrick Reniers	Breda	75-270	29.47	1:03.99
12 Maikel Klaver	Orca	75-398	29.58	1:04.03
13 Mark Liesting	De Bevers	75-348	29.56	1:04.24
14 Nicolas Riverola	De Stormvogel	75-318	29.34	1:04.41
15 Sancho Berbers	De Warande	75-575	29.41	1:04.65



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MICROWAY
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Prog. 60 100m Vlinderslag J.'74/'73

Datum : 3- 3-91

1 Bram van Haandel	P.S.V.	73-087	26.86	57.02
2 Vincent Elgersma	De Dolfijn	73-286	27.17	57.10
3 Dennis Parlevliet	P.S.V.	73-644	26.79	57.12
4 Tim Hoeymans	P.S.V.	74-426	27.44	58.40
5 Arjan van Vliet	Nautilus	73-497	27.57	58.89
6 Robin Boon	Oceanus	73-355	27.56	59.40
7 Wilco v.d. Akker	A.Z. & P.C.	73-019	26.93	59.87
8 Pim Commandeur	Groenlo	74-303	27.97	1:00.41
9 Sven Brehler	Hatto Heim	73-296	27.20	1:00.43
10 Frank Huisman	M.S.V.-Zeemacht	73-372	28.11	1:00.94
11 Patrick Jordan	De Meent	73-182	28.43	1:01.07
12 Bas Ido Wennekes	D.W.K.	74-637	28.58	1:01.36

og. 61 100m Vlinderslag HEREN

Datum : 3- 3-91

1 Casper van Dam	Zwemlust-den Hommel	71-405	26.02	54.93
2 John Machielsen	H.P.C.	68-707	26.97	57.12
3 Marco v.d. Berg	D.S.Z.	69-427	26.63	57.53
4 Frank ter Brugge	S.G.G. (Startgem)	70-322	26.66	57.60
5 Raimond Vahrmeijer	De Dolfijn	69-148	26.92	57.66
6 Marcel de Natris	De Zijl/L.G.B.	70-049	27.02	57.96
7 Milco Hogerbrug	Nautilus	72-292	26.75	58.47
8 Walter Schellingerhout	Oceanus	69-162	27.83	58.80
9 Vili Adam	De Zijl/L.G.B.	69-144	27.56	58.87
10 Dick Roest	L.Z.1886	68-616	27.54	59.00
11 Johan Dijkstra	Orca	71-434	27.44	59.60
12 Eelco van Gemert	De Stormvogel	72-275	27.25	59.63



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SPEEDO

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Prog. 62 200m Schoolslag M.'78

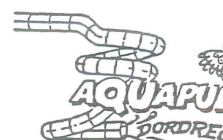
Datum : 3- 3-91

1 Mariska van Harn	D.W.K.	78-566	40.62	1:25.74	2:10.47	2:54.52
2 Miranda Bosma	Mosa-Regio	78-470	39.73	1:24.73	2:09.92	2:54.57
3 Hester Broekhuizen	A.Z. & P.C.	78-631	39.70	1:25.23	2:10.69	2:55.56
4 Natasja Spierts	Z.O.N./S&S	78-084	41.13	1:27.40	2:12.30	2:56.52
5 Eline Bruin	D.A.W./Sportline	78-423	39.58	1:23.91	2:10.01	2:56.99
6 Bianca Smids	De Dolfijn	78-146	41.15	1:27.40	2:13.66	2:59.43
7 Jackelien Klaverdijk	Nautilus	78-505	40.20	1:26.25	2:13.21	2:59.95
8 Marja Terlage	Kon.A.Z.1870	78-500	40.33	1:26.96	2:15.33	3:02.55

Prog. 63 200m Schoolslag M.'77

Datum : 3- 3-91

1 Martine Janssen	De Vrije Slag	77-391	35.77	1:15.77	1:56.98	2:38.63
2 Madelon Baans	De Kempvis	77-624	35.76	1:18.25	2:02.15	2:45.38
3 Fleur Bakker	L.Z.1886	77-473	37.95	1:21.09	2:05.11	2:47.02
4 Barbara van Lieshout	Nautilus	77-650	37.64	1:20.68	2:04.32	2:47.65
5 Marloes Neijman	B.Z.V.	77-545	37.78	1:19.85	2:03.45	2:48.97
6 Priscilla Laurens	Z.P.A.	77-498	38.88	1:23.32	2:07.95	2:51.97
7 Renate Haack	Rapido'82	77-363	38.26	1:22.17	2:07.59	2:52.02
8 Paula Boot	Orca	77-499	38.71	1:22.68	2:08.06	2:52.74
9 Martinique Koridon	De Steur	77-410	38.57	1:22.30	2:07.32	2:53.12
10 Ryan Verplanke	Scheldestroom	77-152	38.71	1:22.64	2:08.38	2:53.64
11 Irma Kolk	Oceanus	77-428	38.86	1:22.77	2:08.47	2:53.84
12 Wilma van 't Hullenaar	G.Z.C.	77-699	39.53	1:24.63	2:09.78	2:54.48
13 Joyce Alevén	Rapido'82	77-318	39.04	1:23.40	2:09.08	2:55.43
14 Sally Dinjens	M.Z. & P.C.	77-677	39.58	1:23.97	2:10.50	2:56.39
15 Saskia Stoteler	Groenlo	77-245	39.29	1:24.37	2:11.43	2:57.89



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SPEEDO

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Prog. 64 200m Schoolslag M.'76

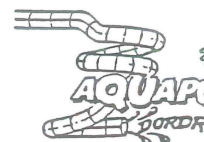
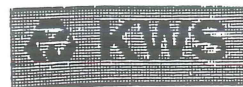
Datum : 3- 3-91

1 Mary Peeters	P.S.V.	76-116	35.11	1:15.22	1:55.79	2:37.19
2 Wendy Groeneveld	De Dinkel	76-339	36.88	1:17.66	1:59.22	2:42.15
3 Mariska Leegte	Stadskanaal	76-327	36.61	1:17.92	2:00.52	2:43.78
4 Regina van Bruggen	W.V.Z.	76-609	38.21	1:19.92	2:02.21	2:45.49
5 Lilian Visscher	De Steur	76-479	37.59	1:19.55	2:02.93	2:45.51
6 Francis de Kort	A.Z. & P.C.	76-063	37.94	1:20.23	2:03.87	2:45.61
7 Monique Hamstra	Stadskanaal	76-365	37.48	1:19.65	2:03.58	2:47.59
8 Andrea Hoenselaar	De Zijl/L.G.B.	76-151	38.17	1:21.85	2:06.16	2:49.33
9 Olga Bouwmeester	L.Z.1886	76-495	38.47	1:22.79	2:07.02	2:51.28
10 Christina Negerman	Orca	76-501	37.59	1:19.55	2:02.93	2:43.47

Prog. 65 200m Schoolslag M.'75

Datum : 3- 3-91

1 Monique Juist	De Dolfijn	75-577	36.83	1:17.63	1:59.84	2:42.33
2 Karin Koelma	De Dinkel	75-399	37.26	1:19.15	2:02.65	2:45.13
3 Diana IJspeert	D.W.K.	75-480	38.04	1:20.95	2:03.89	2:45.79
4 Hilde Swiers	Bubble	75-427	36.46	1:18.32	2:02.05	2:46.26
5 Jacqueline Nieland	Stadskanaal	75-415	36.77	1:19.00	2:03.00	2:47.04
6 Nida Zuhail	Double Duty-V.Z.C.	75-403	38.46	1:21.26	2:04.92	2:48.68
7 Linda v.d. Bosch	W.V.Z.	75-528	38.51	1:21.55	2:05.64	2:48.88
8 Sandra van 't Hof	De Dolfijn	75-273	37.16	1:19.95	2:04.19	2:46.99



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Prog. 66 200m Schoolslag M.'74/'73

Datum : 3- 3-91

1 Kristel Tellegen	P.S.V.	74-016	35.45	1:15.34	1:55.17	2:35.75
2 Sylvia Gase	De Dolfijn	73-311	35.78	1:15.59	1:56.35	2:37.77
3 Radna Mulder	De Zijl/L.G.B.	73-146	36.74	1:17.54	1:59.45	2:41.95
4 Hanneke Koopmans	De Zijl/L.G.B.	74-058	38.01	1:19.09	2:00.42	2:42.28
5 Marieke Rump	De Reest	73-259	36.18	1:18.48	2:01.77	2:44.89
6 Renate Duim	De Dolfijn	74-569	37.02	1:18.80	2:02.47	2:47.19
7 Tanya Barrett	D.A.W./Sportline	73-557	37.84	1:19.95	2:03.34	2:47.43
8 Marjo Kuijt	D.W.K.	74-524	38.35	1:20.86	2:04.02	2:47.54
9 Birgit Heijl	Merlet	73-205	37.56	1:20.74	2:04.38	2:47.77
10 Nancy Kijk i/d Vegte	De Zijl/L.G.B.	74-150	37.75	1:21.10	2:05.35	2:49.36

Prog. 67 200m Schoolslag DAMES

Datum : 3- 3-91

1 Linda Moes	S.G.G. (Startgem)	71-633	34.18	1:12.24	1:51.81	2:32.19
2 Mildred Muis	Z.P.A.	68-560	35.06	1:14.61	1:54.03	2:34.26
3 Ynske Smit	Orca	71-382	35.92	1:15.05	1:55.37	2:36.84
4 Marianne Muis	Z.P.A.	68-561	35.97	1:16.23	1:56.72	2:38.48
5 Ingrid Koeman	De Dolfijn	71-067	37.09	1:17.97	1:59.82	2:41.93
6 Karin Stein	V.Z.C.	71-401	36.78	1:17.71	1:59.98	2:42.18
7 Nina Hulleman	D.Z. & P.C.	71-521	36.70	1:17.73	1:59.42	2:42.19
8 Karin Moed	T.Z.C.-Vahalis	71-190	37.13	1:19.02	2:01.13	2:43.89
9 Saskia Lammerts	't Tolhekke	70-133	35.25	1:16.86	1:59.82	2:44.28



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Prog. 68 100m Schoolslag J.'78

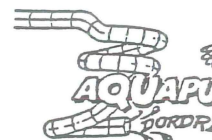
Datum : 3- 3-91

1 Jan Stinissen	P.S.V.	78-021	36.63	1:17.37
2 Rutger de Vries	Merlet	78-365	36.74	1:17.64
3 Sebastiaan Kuyper	D.W.K.	78-601	37.11	1:18.00
4 Thierry Vriens	B & O Torpedo	78-067	36.78	1:18.36
5 Joost Hoetjes	D.A.W./Sportline	78-518	37.43	1:18.80
6 Roy Wessels	Damixa/Het Ravijn	78-629	36.56	1:18.94
7 Bob de Bruijn	De Gouwe	78-780	37.52	1:19.07
8 Jeroen Dijk	Bubble	78-480	37.37	1:19.12
9 Roland Wetzels	Hellas	78-460	38.01	1:20.55
10 Erik Oly	De Kempvis	78-533	38.47	1:20.59
11 Jeroen Martin	De Woelwaters	78-481	36.91	1:20.64
12 Alwin Houtsma	De IJsselmeeuwen	78-634	37.76	1:21.15
13 Raymond Petten	A.Z. & P.C.	78-628	38.51	1:21.85
14 Werner v.d. Ven	T.Z.C.-Vahalis	78-318	38.69	1:22.45
15 Jurgen Steenwelle	De Aa	78-518	38.60	1:22.76
16 Ivo Bijker	L.Z.1886	78-575	38.20	1:22.78
17 Jelle van Baggem	A.Z. & P.C.	78-629	38.35	1:23.36
18 Mark Timmermans	Stadskanaal	78-411	35.46	1:15.56
19 Colin Liem	H.P.C.	78-679	38.02	1:20.99

Prog. 69 100m Schoolslag J.'77

Datum : 3- 3-91

1 Pascal Lafort	Numansdorp	77-310	34.25	1:12.17
2 Paul Mullaart	C.Z.M.Uden(Startgem)	77-584	34.43	1:12.30
3 Ralf Nijenhuis	De Kempvis	77-550	34.30	1:12.68
4 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	33.52	1:12.97
5 Ronald van Charante	De Dolfijn	77-147	35.05	1:13.40
6 Rogier Stam	A.Z. & P.C.	77-828	34.83	1:13.70
7 Erwin de Grijs	Hoorn	77-443	34.55	1:14.27
8 Jan Douwe v.d. Veen	Wetterwille	77-282	34.86	1:14.42
9 Thijs Ettema	C.Z.M.Uden(Startgem)	77-007	35.54	1:16.51
10 Marius Evers	De Aa	77-478	35.61	1:16.92
11 Jasper Aerts	Breda	77-430	36.28	1:17.17
12 Richard van Duyvenbode	L.Z.1886	77-567	37.48	1:18.36
13 Arjan Vries	Oceanus	77-591	36.80	1:17.41



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g. 70 100m Schoolslag J.'76

Datum : 3- 3-91

1 Chong`Woo Chiang	De Reest	76-311	31.74	1:07.81
2 Frank Kleyer	D.W.K.	76-530	32.24	1:09.05
3 Jeroen Goes	A.Z.& P.C.	76-041	32.83	1:10.48
4 Edwink Blom	Nautilus	76-581	34.36	1:12.22
5 Niels Hoogsteder	Hoorn	76-475	34.44	1:13.13
6 Frans Merks	Tiamat	76-233	34.52	1:13.33
7 Roelof Hofman	Steenwijk 1934	76-291	34.64	1:13.51
8 Pascal Cuypers	Patrick	76-001	34.32	1:13.86
9 Bjorn Snijders	Groenlo	76-242	34.88	1:15.05

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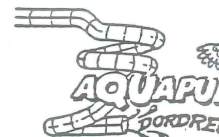
g. 71 100m Schoolslag J.'75

Datum : 3- 3-91

1 Etienne Grootenboer	De Devel	75-413	31.81	1:07.84
2 Dennis Schouten	De Zijl/L.G.B.	75-129	31.66	1:07.84
3 Jos Middelberg	De Dolfijn	75-078	32.47	1:08.65
4 Lesley Voorn	De Otters	75-583	32.44	1:09.06
5 Takuya Suzuki	Oceanus	75-559	33.05	1:10.16
6 Edgar Thimister	M.Z.& P.C.	75-676	33.27	1:10.40
7 Jasper Bisselink	H.P.C.	75-644	33.54	1:10.75
8 Michiel Jansen	De Gelenberg	75-310	33.67	1:11.91
9 Sandy Pleijte	De Stormvogel	75-291	33.59	1:11.92
10 Richard Bosman	B.Z.&P.C.	75-662	33.36	1:12.52
11 Emiel Hengst	Z.V.W.'74	75-245	33.50	1:12.63
12 Willy Hansen	De Dinkel	75-400	34.18	1:12.78
13 Jeroen Korstanje	Koewacht	75-153	34.21	1:15.04
14 Maarten v.d. Zwan	De Schelde	75-227	33.04	1:12.86
15 Olof van Gelder	P.S.V.	75-008	33.44	1:10.60

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Log. 72 100m Schoolslag J.'74/'73

Datum : 3- 3-91

1 Marko van Brummelen	De Zijl/L.G.B.	73-063	30.24	1:03.36
2 Corne Baars	Nautilus	73-496	29.89	1:04.10
3 Tim Hoeymans	P.S.V.	74-426	30.86	1:06.22
4 Melvin Bakker	De Houtrib	74-296	30.95	1:06.35
5 Lars van Leeuwen	Raket	73-242	30.84	1:06.59
6 Benno Kuipers	De Vrije Slag	74-383	31.36	1:06.72
7 Mark v.d. Zijden	De Gouwe	73-699	31.66	1:06.88
8 Jurgen Langer	Hellas	73-446	31.41	1:07.10
9 Danny Senden	M.Z.& P.C.	74-669	31.77	1:07.13
10 Wilko Rutgers	Steenwijk 1934	73-259	31.23	1:07.15
11 Wilco v.d. Akker	A.Z.& P.C.	73-019	31.68	1:07.90
12 Sander Vester	A.Z.& P.C.	73-715	32.25	1:09.12
13 Robert Langeler	V.Z.& P.C.	74-258	32.83	1:09.07

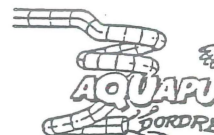
Log. 73 100m Schoolslag HEREN

Datum : 3- 3-91

1 Ron Dekker	De IJsel	66-044	28.93	1:00.96
2 Michael van Rijn	Rapido'82	70-462	29.27	1:02.28
3 Patrick Braam	De Zijl/L.G.B.	68-152	29.28	1:02.73
4 Antoine van Weerde	L.Z.1886	68-286	30.42	1:04.72
5 Casper van Dam	Zwemlust-den Hommel	71-405	29.70	1:05.36
6 Martijn vd Maagdenberg	Raket	71-428	30.94	1:05.50
7 Geert Donkers	De Zijl/L.G.B.	72-145	31.21	1:05.92
8 Kees Robbertsen	D.Z.& P.C.	71-776	30.70	1:05.98
9 Edwin Visser	De Zijl/L.G.B.	70-147	30.71	1:06.22
10 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	30.79	1:06.35
11 Ronald van Ombergen	Luctor et Emergo	72-agv	31.48	1:07.29
12 Rutger Huygens	Raket	66-369	31.08	1:07.35
13 Harold Matla	P.S.V.	68-079	31.36	1:07.81
14 Stan Steegeling	De Dolfijn	71-016	00.00	0:00.00



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SPEEDO

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27-1-14 DI POLYMERBOND
NAUTILUS
DORDRECHT

g. 74 400m Vrije slag M.'78

Datum : 3- 3-91

1 Wendy Timmermans	W.V.Z.	78-014	32.08	1:07.34	1:43.95	2:20.73	2:57.00	3:34.13	4:10.68
			4:44.72						
2 Mariska van Harn	D.W.K.	78-566	31.72	1:07.18	1:43.54	2:20.83	2:57.04	3:34.10	4:10.06
			4:44.76						
3 Petra Groeneveld	De Dinkel	78-363	32.39	1:08.54	1:44.91	2:21.94	2:59.02	3:36.04	4:11.61
			4:46.45						
4 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	31.92	1:07.48	1:44.69	2:22.23	2:59.58	3:37.10	4:14.31
			4:51.45						

g. 75 400m Vrije slag M.'77

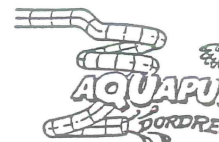
Datum : 3- 3-91

1 Karen Wammes	T.Z.C.-Vahalis	77-296	30.62	1:03.98	1:37.86	2:11.92	2:46.44	3:21.15	3:55.40
			4:27.60						
2 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	30.62	1:04.48	1:38.75	2:13.73	2:48.35	3:23.37	3:57.59
			4:30.63						
3 Fleur Bakker	L.Z.1886	77-473	31.46	1:05.56	1:40.26	2:15.12	2:50.07	3:25.87	4:00.64
			4:33.56						
4 Annemieke Mos	B & O Torpedo	77-043	31.11	1:04.82	1:39.39	2:14.36	2:50.01	3:25.45	4:01.04
			4:34.19						
5 Marije Muthert	De Dolfijn	77-160	31.04	1:05.12	1:40.70	2:16.91	2:53.63	3:30.68	4:06.82
			4:41.69						
6 Marieke Ruysink	A.Z. & P.C.	77-141	31.28	1:06.07	1:41.97	2:18.28	2:54.63	3:31.36	4:07.40
			4:41.90						
7 Priscilla Laurens	Z.P.A.	77-498	31.69	1:06.30	1:42.28	2:18.83	2:55.37	3:32.07	4:07.76
			4:42.22						
8 Dorien Baas	Eemsrobber	77-602	31.93	1:06.16	1:41.72	2:17.77	2:54.67	3:31.71	
			4:43.66						
9 Madelon Baans	De Kempvis	77-624	30.90	1:06.11	1:42.27	2:18.80	2:55.32	3:32.29	4:08.68
			4:43.92						
10 Andrea Nooij	De Dolfijn	77-179	31.66	1:06.72	1:42.82	2:19.54	2:56.88	3:34.58	4:11.39
			4:47.63						

rog. 76 400m Vrije slag M.'76

Datum : 3- 3-91

1 Kirsten Vliegheuis	De Dinkel	76-398	29.90	1:02.70	1:36.43	2:09.68	2:42.99	3:16.61	3:49.79
			4:22.02						
2 Kitty Mensink	De Dinkel	76-293	29.65	1:02.16	1:35.96	2:10.09	2:44.10	3:18.53	3:53.16
			4:27.42						
3 Regina van Bruggen	W.V.Z.	76-609	31.25	1:05.43	1:40.55	2:16.19	2:51.63	3:27.14	4:02.69
			4:36.28						
4 Bianca Lutters	P.S.V.	76-037	31.98	1:07.18	1:42.70	2:18.51	2:53.45	3:28.70	4:03.42
			4:36.98						
5 Sigrid Pels	De Steur	76-450	31.43	1:05.96	1:41.71	2:17.52	2:53.57	3:29.50	4:05.48
			4:39.32						
6 Bianca Hocks	L.Z.1886	76-439	31.36	1:06.13	1:42.06	2:18.21	2:53.71	3:29.65	4:05.55
			4:39.86						
7 Noortje Dekkers	P.S.V.	76-104	31.46	1:06.75	1:41.78	2:17.48	2:53.44	3:29.30	4:05.11
			4:40.07						



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Prog. 77 400m Vrije slag M.'75

Datum : 3- 3-91

1 Anouk Visscher	De Dinkel	75-398	30.17	1:03.74	1:37.74	2:12.14	2:46.59	3:20.90	3:54.80
			4:26.60						
2 Renate Wijering	De Dinkel	75-401	29.98	1:03.08	1:36.78	2:11.27	2:45.74	3:20.51	3:54.43
			4:26.64						
3 Nida Zuhal	Double Duty-V.Z.C.	75-403	30.96	1:04.48	1:38.72	2:13.14	2:47.36	3:21.50	3:55.25
			4:27.50						
4 Nancy Timmermans	De Aa	75-441	30.58	1:04.30	1:38.61	2:13.03	2:47.53	3:22.62	3:56.31
			4:28.30						
5 Karen Guldmond	H.P.C.	75-026	30.02	1:03.18	1:37.28	2:12.37	2:47.01	3:21.88	3:56.68
			4:31.13						
6 Bianca Meyners	De Dinkel	75-324	30.66	1:05.39	1:40.61	2:15.78	2:50.34	3:25.45	4:00.80
			4:35.82						
7 Wilma Veldhoen	D.S.Z.	75-404	31.86	1:06.93	1:41.55	2:16.47	2:51.62	3:27.87	4:03.54
			4:38.63						

Prog. 78 400m Vrije slag M.'74/'73

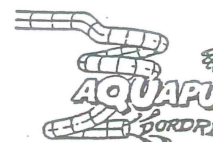
Datum : 3- 3-91

1 Kristel Tellegen	P.S.V.	74-016	30.29	1:03.52	1:37.08	2:10.49	2:43.33	3:16.50	3:49.40
			4:22.24						
2 Radna Mulder	De Zijl/L.G.B.	73-146	29.99	1:03.51	1:37.01	2:10.62	2:44.40	3:18.53	3:52.42
			4:25.58						
3 Brenda Starink	De Kempvis	74-378	30.06	1:03.32	1:37.47	2:11.88	2:46.50	3:21.35	3:56.25
			4:30.44						
4 Iris Westrik	De Dinkel	74-322	30.79	1:04.90	1:39.23	2:14.07	2:48.83	3:24.30	3:59.54
			4:34.21						

Prog. 79 400m Vrije slag DAMES

Datum : 3- 3-91

1 Yvette Vester	A.Z. & P.C.	71-125	30.07	1:02.09	1:34.50	2:07.17	2:40.28	3:13.19	3:46
			4:19.43						
2 Carla Geurts	De Dolfijn	71-232	29.97	1:02.59	1:35.42	2:08.73	2:41.84	3:15.25	3:49
			4:22.38						
3 Gea Veldhuizen	S.G.G. (Startgem)	71-646	31.41	1:04.98	1:39.29	2:13.82	2:47.80	3:21.84	3:54
			4:27.22						
4 Desiree de Bruijn	W.V.Z.	71-435	30.83	1:04.48	1:38.63	2:12.91	2:47.50	3:22.11	3:56
			4:31.13						





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RODENT



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MICROWAY
COMPUTERS

Datum : 3- 3-91

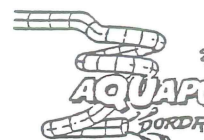
1	Pieter v.d. Hoogenband	P.S.V.	78-414	28.95	1:01.39	1:34.18	2:05.86
2	Gijs Ganzevles	Zeus	78-521	29.79	1:02.44	1:37.02	2:12.46
3	Johan van Beek	T.Z.C.-Vahalis	78-291	31.39	1:05.35	1:40.49	2:15.26
4	Rudmer Heerema	D.A.W./Sportline	78-450	30.95	1:05.46	1:41.21	2:16.01
5	Johan van Zetten	T.Z.C.-Vahalis	78-321	30.83	1:05.24	1:41.17	2:16.37
6	Bob de Hoon	T.Z.C.-Vahalis	78-313	31.17	1:05.79	1:41.49	2:16.43
7	Patrick Steegstra	De Fuut	78-618	31.17	1:06.59	1:42.87	2:17.11
8	Freddy Geurtsen	De Dolfijn	78-145	32.31	1:07.42	1:43.49	2:18.01
9	Colin Liem	H.P.C.	78-679	31.53	1:07.01	1:43.55	2:18.89
10	Kees v.d. Sluys	Kerkdriel	78-301	31.73	1:06.50	1:43.36	2:19.20
11	Thierry Vriens	B & O Torpedo	78-067	32.16	1:08.09	1:45.56	2:21.37
12	Gjero Bos	Bubble	78-496	32.75	1:08.63	1:46.12	2:22.58
13	Bob de Bruijn	De Gouwe	78-780	32.50	1:09.06	1:46.83	2:24.27

Datum : 3- 3-91

1	Ronald van Charante	De Dolfin	77-147	29.50	1:01.80	1:34.55	2:06.33
2	Pascal Lafort	Numansdorp	77-310	28.84	1:01.22	1:34.09	2:06.63
3	Hans Hulsen	P.S.V.	77-074	29.19	1:01.94	1:34.92	2:06.71
4	Michel Zwennes	D.W.K.	77-540	29.89	1:03.35	1:37.29	2:10.00
5	Richard van Duyvenbode	L.Z.1886	77-567	30.71	1:03.87	1:37.83	2:10.69
6	Robert-Jan Derksen	Zwemlust-den Hommel	77-567	29.99	1:03.20	1:37.76	2:11.95
7	Ivo Wesseling	T.Z.C.-Vahalis	77-346	29.20	1:02.64	1:37.86	2:13.83
8	Marcel Groot	Kon.A.Z.1870	77-494	29.45	1:03.06	1:39.34	2:14.56

Datum : 3- 3-91

1	Christian Fischer	H.P.C.	76-732	27.76	57.60	1:28.80	1:58.74
2	Ronald Fijn	De Steur	76-449	27.51	57.64	1:28.55	1:59.43
3	Jeroen Mulder	A.Z. & P.C.	76-827	28.24	59.99	1:32.05	2:02.48
4	Roy Meyboom	Z.O.N./S&S	76-124	29.18	1:00.23	1:31.62	2:02.71
5	Sander Horenberg	Zevenhuizen	76-398	29.33	1:01.33	1:33.03	2:03.83
6	Jasper Middelberg	De Dolfijn	76-077	28.54	1:00.28	1:32.99	2:04.73
7	Kim Bouwes	Stadskanaal	76-307	28.95	1:01.04	1:34.90	2:05.98
8	Jeroen Goes	A.Z. & P.C.	76-041	28.71	1:01.43	1:33.92	2:06.58
9	Niels Hooaster	Hoorn	76-475	29.38	1:01.98	1:35.70	2:08.31



NATIONALE WINTERKAMPIOENSCHAPPEN

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ON POLVERENDE
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Prog. 83 200m Vrije slag J.'75

Datum : 3- 3-91

1 Jeroen v.d. Loosdrecht	De Kempvis	75-451	26.56	55.35	1:25.26	1:55.06
2 Frank Laffeber	Nautilus	75-613	26.99	56.07	1:26.73	1:56.96
3 Stefan Aartsen	V.Z.C.	75-025	27.17	57.13	1:28.56	1:58.90
4 Willy Hansen	De Dinkel	75-400	27.66	57.36	1:28.44	1:59.61
5 Martijn Baans	De Kempvis	75-623	27.25	57.53	1:28.73	1:59.87
6 Rob Nijweide	Groenlo	75-302	27.56	57.02	1:28.55	2:00.01
7 Ronnie Uitzetter	Z.P.A.	75-399	27.46	57.87	1:29.87	2:01.15
8 Rob Onderwijzer	W.Z. & P.C.	75-384	27.43	57.95	1:30.58	2:01.37
9 Dennis Schouten	De Zijl/L.G.B.	75-129	28.81	1:01.02	1:31.69	2:01.71
10 Edwin Ruysink	A.Z. & P.C.	75-062	27.45	58.09	1:29.94	2:01.72
11 Etan Ronen	P.S.V.	75-049	28.19	59.55	1:31.04	2:01.83
12 Mark Dijkstra	B & O Torpedo	75-056	27.83	58.06	1:30.21	2:02.31
13 Michel Bom	Zeus	75-518	27.55	58.80	1:31.62	2:04.89
14 Jos Middelberg	De Dolfijn	75-078	27.74	59.24	1:31.97	2:05.14
15 Christian de Groot	L.Z.1886	75-574	28.23	59.47	1:32.32	2:05.70
16 Bart Gersen	Oceanus	75-332	28.54	59.40	1:32.87	2:06.13

Prog. 84 200m Vrije slag J.'74/'73

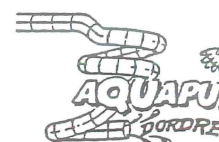
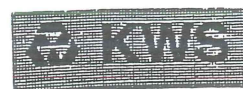
Datum : 3- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	25.61	53.28	1:21.68	1:49.88
2 Tim Hoeymans	P.S.V.	74-426	26.56	55.31	1:24.31	1:52.83
3 Dennis Parlevliet	P.S.V.	73-644	26.45	55.37	1:24.18	1:53.63
4 Mark v.d. Zijden	De Gouwe	73-699	27.03	56.82	1:26.83	1:55.89
5 Bram van Haandel	P.S.V.	73-087	26.52	55.72	1:26.08	1:57.22
6 Patrick Jordan	De Meent	73-182	27.58	57.63	1:28.59	1:58.68
7 Theo Hulshof	Nautilus	74-378	26.92	56.54	1:27.27	1:58.77
8 Marco Mulder	A.Z. & P.C.	74-826	27.43	57.51	1:28.71	1:59.32
9 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	28.03	57.88	1:28.79	1:59.62
10 Martijn Both	De Dolfijn	74-578	27.86	58.80	1:30.08	2:02.34

Prog. 85 200m Vrije slag HEREN

Datum : 3- 3-91

1 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	26.46	55.16	1:23.77	1:52.05
2 Richard Blank	De Dolfijn	72-551	26.40	55.08	1:23.96	1:52.44
3 Danny Nelson	Nautilus	71-541	27.17	55.86	1:25.01	1:54.07
4 Stan Steegeling	De Dolfijn	71-016	26.01	54.72	1:25.07	1:54.84
5 Marco v.d. Berg	D.S.Z.	69-427	26.93	56.44	1:25.69	1:54.90
6 Leon Verhage	Nautilus	64-539	26.70	56.18	1:25.88	1:55.47
7 Almar v.d. Meer	B & O Torpedo	72-015	27.38	57.04	1:26.43	1:55.56
8 Dick Roest	L.Z.1886	68-616	27.31	56.93	1:26.82	1:56.25
9 Jan Willem v.d. Hoek	De Gouwe	72-671	27.10	56.44	1:26.86	1:56.59
10 Piek Geelen	M.Z. & P.C.	72-690	26.52	55.94	1:26.66	1:57.58
11 Harrie Linders	De Dolfijn	70-091	27.48	57.35	1:27.49	1:57.65
12 Dennis Rijnbeek	Rapido'82	72-226	27.27	57.51	1:28.13	1:57.90
13 John Machielsens	H.P.C.	68-707	27.38	57.22	1:28.37	1:59.70
14 Peter de Rover	De Dolfijn	67-344	27.09	57.55	1:28.95	2:00.31



NATIONALE WINTERKAMPIOENSCHAPPEN

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ZWEMMEN 1991



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g. 905 100m Vlinderslag (uitslag all in)

Datum : 3- 3-91

1 Casper van Dam	Zwemlust-den Hommel	71-405	26.02	54.93
2 Bram van Haandel	P.S.V.	73-087	26.86	57.02
3 Vincent Elgersma	De Dolfijn	73-286	27.17	57.10
4 Dennis Parlevliet	P.S.V.	73-644	26.79	57.12
5 John Machielsen	H.P.C.	68-707	26.97	57.12
6 Marco v.d. Berg	D.S.Z.	69-427	26.63	57.53
7 Frank ter Brugge	S.G.G. (Startgem)	70-322	26.66	57.60
8 Raimond Vahrmeijer	De Dolfijn	69-148	26.92	57.66
9 Marcel de Natris	De Zijl/L.G.B.	70-049	27.02	57.96
10 Tim Hoeymans	P.S.V.	74-426	27.44	58.40
11 Milco Hogerbrug	Nautilus	72-292	26.75	58.47
12 Walter Schellingerhout	Oceanus	69-162	27.83	58.80
13 Edgar Thimister	M.Z.& P.C.	75-676	27.50	58.87
14 Vili Adam	De Zijl/L.G.B.	69-144	27.56	58.87
15 Arjan van Vliet	Nautilus	73-497	27.57	58.89
16 Dick Roest	L.Z.1886	68-616	27.54	59.00
17 Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.17	59.20
18 Christian de Groot	L.Z.1886	75-574	27.63	59.27
19 Robin Boon	Oceanus	73-355	27.56	59.40
20 Johan Dijkstra	Orca	71-434	27.44	59.60
21 Eelco van Gemert	De Stormvogel	72-275	27.25	59.63
22 Martijn Baans	De Kempvis	75-623	27.86	59.78
23 Wilco v.d. Akker	A.Z.& P.C.	73-019	26.93	59.87
24 Pim Commandeur	Groenlo	74-303	27.97	1:00.41
25 Sven Brehler	Hatto Heim	73-296	27.20	1:00.43
26 Christian Fischer	H.P.C.	76-732	28.46	1:00.78
27 Frank Huisman	M.S.V.-Zeemacht	73-372	28.11	1:00.94
28 Patrick Jordan	De Meent	73-182	28.43	1:01.07
29 Ronnie Uitzetter	Z.P.A.	75-399	28.88	1:01.28
30 Bas Ido Wennekes	D.W.K.	74-637	28.58	1:01.36
31 Edwin Ruysink	A.Z.& P.C.	75-062	28.11	1:01.42
32 Sander Horenberg	Zevenhuizen	76-398	28.97	1:01.99
33 Stefan Aartsen	V.Z.C.	75-025	28.34	1:02.14
34 Ronald Fijn	De Steur	76-449	29.19	1:02.40
35 Roy Meyboom	Z.O.N./S&S	76-124	30.04	1:02.54
36 Patrick Gehasse	Orca	75-353	29.31	1:03.40
37 Antoine Calis	De Dolfijn	76-154	29.40	1:03.43
38 Evert Jan van Harten	D.W.K.	76-478	29.87	1:03.47
39 Ronald van Charante	De Dolfijn	77-147	29.80	1:03.70
40 Jeroen Jacobs	De Gelenberg	75-300	29.41	1:03.72
41 Jan Willem van Dijk	A.Z.& P.C.	75-139	29.09	1:03.74



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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NAUTILUS

DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

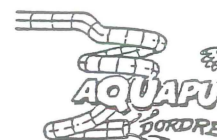
g. 905 100m Vlinderslag (uitslag all in)

Datum : 3- 3-91

42 Patrick Reniers	Breda	75-270	29.47	1:03.99
43 Maikel Klaver	Orca	75-398	29.58	1:04.03
44 Edwink Blom	Nautilus	76-581	30.40	1:04.09
45 Mark Liesting	De Bevers	75-348	29.56	1:04.24
46 Nicolas Riverola	De Stormvogel	75-318	29.34	1:04.41
47 Sancho Berbers	De Warande	75-575	29.41	1:04.65
48 Chong Woo Chiang	De Reest	76-311	30.09	1:04.96
49 Kim Bouwes	Stadskanaal	76-307	30.63	1:05.08
50 Eelco Nelissen	Mosa-Regio	76-445	29.58	1:05.47
51 Richard van Duyvenbode	L.Z.1886	77-567	31.09	1:05.71
52 Pieter v.d. Hoogenband	P.S.V.	78-414	29.95	1:05.82
53 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	30.26	1:06.01
54 Robbert Liesting	De Bevers	76-394	30.73	1:06.62
55 Dave Middelburg	De Hoogwerf	77-368	30.61	1:06.97
56 Hans Hulsen	P.S.V.	77-074	31.41	1:08.20
57 John Huiskens	Nautilus	76-604	30.47	1:08.50
58 Marcel Groot	Kon.A.Z.1870	77-494	31.81	1:09.01
59 Erwin de Grijs	Hoorn	77-443	31.50	1:09.14
60 Remco Singeling	L.Z.1886	78-503	32.31	1:09.69
61 Erik Oly	De Kempvis	78-533	33.01	1:11.07
62 Rudmer Heerema	D.A.W./Sportline	78-450	33.43	1:11.96
63 Kees v.d. Sluys	Kerkdriel	78-301	33.67	1:11.99
64 Bob de Hoon	T.Z.C.-Vahalis	78-313	33.98	1:12.33
65 Wesley Bijl	De Kempvis	78-515	33.61	1:12.90
66 Thierry Vriens	B & O Torpedo	78-067	33.99	1:13.77
67 Ronald Smits	P.S.V.	78-405	35.27	1:16.19



adidas



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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NAUTILUS
DORDRECHT

ZWEMMEN 1991



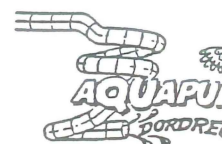
SPEEDO

MICROWAY
COMPUTERS

g. 906 200m Schoolslag (uitslag all in)

Datum : 3- 3-91

1 Linda Moes	S.G.G. (Startgem)	71-633	34.18	1:12.24	1:51.81	2:32.19
2 Mildred Muis	Z.P.A.	68-560	35.06	1:14.61	1:54.03	2:34.26
3 Kristel Tellegen	P.S.V.	74-016	35.45	1:15.34	1:55.17	2:35.75
4 Ynske Smit	Orca	71-382	35.92	1:15.05	1:55.37	2:36.84
5 Mary Peeters	P.S.V.	76-116	35.11	1:15.22	1:55.79	2:37.19
6 Sylvia Gase	De Dolfijn	73-311	35.78	1:15.59	1:56.35	2:37.77
7 Marianne Muis	Z.P.A.	68-561	35.97	1:16.23	1:56.72	2:38.48
8 Martine Janssen	De Vrije Slag	77-391	35.77	1:15.77	1:56.98	2:38.63
9 Ingrid Koeman	De Dolfijn	71-067	37.09	1:17.97	1:59.82	2:41.93
10 Radna Mulder	De Zijl/L.G.B.	73-146	36.74	1:17.54	1:59.45	2:41.95
11 Wendy Groeneveld	De Dinkel	76-339	36.88	1:17.66	1:59.22	2:42.15
12 Karin Stein	V.Z.C.	71-401	36.78	1:17.71	1:59.98	2:42.18
13 Nina Hulleman	D.Z.& P.C.	71-521	36.70	1:17.73	1:59.42	2:42.19
14 Hanneke Koopmans	De Zijl/L.G.B.	74-058	38.01	1:19.09	2:00.42	2:42.28
15 Monique Juist	De Dolfijn	75-577	36.83	1:17.63	1:59.84	2:42.33
16 Mariska Leegte	Stadskanaal	76-327	36.61	1:17.92	2:00.52	2:43.78
17 Karin Moed	T.Z.C.-Vahalis	71-190	37.13	1:19.02	2:01.13	2:43.89
18 Marieke Rump	De Reest	73-259	36.18	1:18.48	2:01.77	2:44.89
19 Karin Koelma	De Dinkel	75-399	37.26	1:19.15	2:02.65	2:45.13
20 Madelon Baans	De Kempvis	77-624	35.76	1:18.25	2:02.15	2:45.38
21 Regina van Bruggen	W.V.Z.	76-609	38.21	1:19.92	2:02.21	2:45.49
22 Lilian Visscher	De Steur	76-479	37.59	1:19.55	2:02.93	2:45.51
23 Francis de Kort	A.Z.& P.C.	76-063	37.94	1:20.23	2:03.87	2:45.61
24 Diana IJspeert	D.W.K.	75-480	38.04	1:20.95	2:03.89	2:45.79
25 Hilde Swiers	Bubble	75-427	36.46	1:18.32	2:02.05	2:46.26
26 Fleur Bakker	L.Z.1886	77-473	37.95	1:21.09	2:05.11	2:47.02
27 Jacqueline Nieland	Stadskanaal	75-415	36.77	1:19.00	2:03.00	2:47.04
28 Renate Duim	De Dolfijn	74-569	37.02	1:18.80	2:02.47	2:47.19
29 Tanya Barrett	D.A.W./Sportline	73-557	37.84	1:19.95	2:03.34	2:47.43
30 Marjo Kuijt	D.W.K.	74-524	38.35	1:20.86	2:04.02	2:47.54
31 Monique Hamstra	Stadskanaal	76-365	37.48	1:19.65	2:03.58	2:47.59
32 Barbara van Lieshout	Nautilus	77-650	37.64	1:20.68	2:04.32	2:47.65
33 Birgit Heijl	Merlet	73-205	37.56	1:20.74	2:04.38	2:47.77
34 Nida Zuhail	Double Duty-V.Z.C.	75-403	38.46	1:21.26	2:04.92	2:48.68
35 Linda v.d. Bosch	W.V.Z.	75-528	38.51	1:21.55	2:05.64	2:48.88
36 Marloes Neijman	B.Z.V.	77-545	37.78	1:19.85	2:03.45	2:48.97
37 Andrea Hoenselaar	De Zijl/L.G.B.	76-151	38.17	1:21.85	2:06.16	2:49.33
38 Nancy Kijk i/d Vegte	De Zijl/L.G.B.	74-150	37.75	1:21.10	2:05.35	2:49.36
39 Priscilla Laurens	Z.P.A.	77-498	38.88	1:23.32	2:07.95	2:51.97
40 Renate Haack	Rapido'82	77-363	38.26	1:22.17	2:07.59	2:52.02
41 Paula Boot	Orca	77-499	38.71	1:22.68	2:08.06	2:52.74



NATIONALE WINTERKAMPIOENSCHAPPEN



NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

Nashua

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MICROWAY
COMPUTERS

Proef. 906 200m Schoolslag (uitslag all in)

Datum : 3- 3-91

42	Martinique Koridon	De Steur	77-410	38.57	1:22.30	2:07.32	2:53.12
43	Ryan Verplanke	Scheldestroom	77-152	38.71	1:22.64	2:08.38	2:53.64
44	Irma Kolk	Oceanus	77-428	38.86	1:22.77	2:08.47	2:53.84
45	Wilma van 't Hullenaar	G.Z.C.	77-699	39.53	1:24.63	2:09.78	2:54.48
46	Mariska van Harn	D.W.K.	78-566	40.62	1:25.74	2:10.47	2:54.52
47	Miranda Bosma	Mosa-Regio	78-470	39.73	1:24.73	2:09.92	2:54.57
48	Joyce Aleven	Rapido'82	77-318	39.04	1:23.40	2:09.08	2:55.43
49	Hester Broekhuizen	A.Z. & P.C.	78-631	39.70	1:25.23	2:10.69	2:55.56
50	Sally Dinjens	M.Z. & P.C.	77-677	39.58	1:23.97	2:10.50	2:56.39
51	Natasja Spierts	Z.O.N./S&S	78-084	41.13	1:27.40	2:12.30	2:56.52
52	Eline Bruin	D.A.W./Sportline	78-423	39.58	1:23.91	2:10.01	2:56.99
53	Saskia Stoteler	Groenlo	77-245	39.29	1:24.37	2:11.43	2:57.89
54	Bianca Smids	De Dolfijn	78-146	41.15	1:27.40	2:13.66	2:59.43
55	Jackelien Klaverdijk	Nautilus	78-505	40.20	1:26.25	2:13.21	2:59.95
56	Marja Terlage	Kon.A.Z.1870	78-500	40.33	1:26.96	2:15.33	3:02.55
57	Sandra van 't Hof	De Dolfijn	75-273	37.16	1:19.95	2:04.19	2:46.99
58	Saskia Lammerts	't Tolhekke	70-133	35.25	1:16.86	1:59.82	2:44.28
59	Olga Bouwmeester	L.Z.1886	76-495	38.47	1:22.79	2:07.02	2:51.28
60	Christina Negerman	Orca	76-501	37.50	1:19.29	2:01.63	2:43.47



NATIONALE WINTERKAMPIOENSCHAPPEN



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ZWEMMEN 1991



SPEEDO

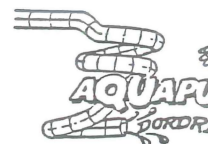
Nashua
COPY SERVICE

MICROWAY
COMPUTERS

rog. 907 100m Schoolslag (uitslag all in)

Datum : 3- 3-91

1 Ron Dekker	De IJssel	66-044	28.93	1:00.96
2 Michael van Rijn	Rapido'82	70-462	29.27	1:02.28
3 Patrick Braam	De Zijl/L.G.B.	68-152	29.28	1:02.73
4 Marko van Brummelen	De Zijl/L.G.B.	73-063	30.24	1:03.36
5 Corne Baars	Nautilus	73-496	29.89	1:04.10
6 Antoine van Weerde	L.Z.1886	68-286	30.42	1:04.72
7 Casper van Dam	Zwemlust-den Hommel	71-405	29.70	1:05.36
8 Martijn vd Maagdenberg	Raket	71-428	30.94	1:05.50
9 Geert Donkers	De Zijl/L.G.B.	72-145	31.21	1:05.92
10 Kees Robbertsen	D.Z.& P.C.	71-776	30.70	1:05.98
11 Tim Hoeymans	P.S.V.	74-426	30.86	1:06.22
12 Edwin Visser	De Zijl/L.G.B.	70-147	30.71	1:06.22
13 Melvin Bakker	De Houtrib	74-296	30.95	1:06.35
14 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	30.79	1:06.35
15 Lars van Leeuwen	Raket	73-242	30.84	1:06.59
16 Benno Kuipers	De Vrije Slag	74-383	31.36	1:06.72
17 Mark v.d. Zijden	De Gouwe	73-699	31.66	1:06.88
18 Jurgen Langer	Hellas	73-446	31.41	1:07.10
19 Danny Senden	M.Z.& P.C.	74-669	31.77	1:07.13
20 Wilko Rutgers	Steenwijk 1934	73-259	31.23	1:07.15
21 Ronald van Ombergen	Luctor et Emergo	72-agv	31.48	1:07.29
22 Rutger Huygens	Raket	66-369	31.08	1:07.35
23 Chong`Woo Chiang	De Reest	76-311	31.74	1:07.81
24 Harold Matla	P.S.V.	68-079	31.36	1:07.81
25 Etienne Grootenboer	De Devel	75-413	31.81	1:07.84
26 Dennis Schouten	De Zijl/L.G.B.	75-129	31.66	1:07.84
27 Wilco v.d. Akker	A.Z.& P.C.	73-019	31.68	1:07.90
28 Jos Middelberg	De Dolfijn	75-078	32.47	1:08.65
29 Frank Kleyer	D.W.K.	76-530	32.24	1:09.05
30 Lesley Voorn	De Otters	75-583	32.44	1:09.06
31 Sander Vester	A.Z.& P.C.	73-715	32.25	1:09.12
32 Takuya Suzuki	Oceanus	75-559	33.05	1:10.16
33 Edgar Thimister	M.Z.& P.C.	75-676	33.27	1:10.40
34 Jeroen Goes	A.Z.& P.C.	76-041	32.83	1:10.48
35 Jasper Bisselink	H.P.C.	75-644	33.54	1:10.75
36 Michiel Jansen	De Gelenberg	75-310	33.67	1:11.91
37 Sandy Pleijte	De Stormvogel	75-291	33.59	1:11.92
38 Pascal Lafort	Numansdorp	77-310	34.25	1:12.17
39 Edwink Blom	Nautilus	76-581	34.36	1:12.22
40 Paul Mullaart	C.Z.M.Uden(Startgem)	77-584	34.43	1:12.30
41 Richard Bosman	B.Z.&P.C.	75-662	33.36	1:12.52



NATIONALE WINTERKAMPIOENSCHAPPEN



ZWEMMEN 1991



SPEEDO

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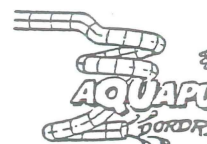
MICROWAY
COMPUTERS

K. ZWEM-OLYMPIEEREN
NAUTILUS
DOPPELWEG

og. 907 100m Schoolslag (uitslag all in)

Datum : 3- 3-91

42	Emiel Hengst	Z.V.W.'74	75-245	33.50	1:12.63
43	Ralf Nijenhuis	De Kempvis	77-550	34.30	1:12.68
44	Willy Hansen	De Dinkel	75-400	34.18	1:12.78
45	Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	33.52	1:12.97
46	Niels Hoogsteder	Hoorn	76-475	34.44	1:13.13
47	Frans Merks	Tiamat	76-233	34.52	1:13.33
48	Ronald van Charante	De Dolfijn	77-147	35.05	1:13.40
49	Roelof Hofman	Steenwijk 1934	76-291	34.64	1:13.51
50	Rogier Stam	A.Z. & P.C.	77-828	34.83	1:13.70
51	Pascal Cuypers	Patrick	76-001	34.32	1:13.86
52	Erwin de Grijs	Hoorn	77-443	34.55	1:14.27
53	Jan Douwe v.d. Veen	Wetterwille	77-282	34.86	1:14.42
54	Jeroen Korstanje	Koewacht	75-153	34.21	1:15.04
55	Thijs Ettema	C.Z.M.Uden(Startgem)	77-007	35.54	1:16.51
56	Marius Evers	De Aa	77-478	35.61	1:16.92
57	Jasper Aerts	Breda	77-430	36.28	1:17.17
58	Jan Stinissen	P.S.V.	78-021	36.63	1:17.37
59	Rutger de Vries	Merlet	78-365	36.74	1:17.64
60	Sebastiaan Kuyper	D.W.K.	78-601	37.11	1:18.00
61	Thierry Vriens	B & O Torpedo	78-067	36.78	1:18.36
62	Richard van Duyvenbode	L.Z.1886	77-567	37.48	1:18.36
63	Joost Hoetjes	D.A.W./Sportline	78-518	37.43	1:18.80
64	Roy Wessels	Damixa/Het Ravijn	78-629	36.56	1:18.94
65	Bob de Bruijn	De Gouwe	78-780	37.52	1:19.07
66	Jeroen Dijk	Bubble	78-480	37.37	1:19.12
67	Roland Wetzels	Hellas	78-460	38.01	1:20.55
68	Erik Oly	De Kempvis	78-533	38.47	1:20.59
69	Jeroen Martin	De Woelwaters	78-481	36.91	1:20.64
70	Alwin Houtsma	De IJsselmeeuwen	78-634	37.76	1:21.15
71	Reymond Petten	A.Z. & P.C.	78-628	38.51	1:21.85
72	Werner v.d. Ven	T.Z.C.-Vahalis	78-318	38.69	1:22.45
73	Jurgen Steenwelle	De Aa	78-518	38.60	1:22.76
74	Ivo Bijker	L.Z.1886	78-575	38.20	1:22.78
75	Jelle van Baggem	A.Z. & P.C.	78-629	38.35	1:23.36
76	Stan Steegeling	De Dolfijn	71-016	00.00	0:00.00
SE	77 Robert Langeler	V.Z. & P.C.	74-258	32.83	1:09.07
SE	78 Maarten v.d. Zwan	De Schelde	75-227	33.04	1:12.86
.	79 Arjan Vries	Oceanus	77-591	36.80	1:17.41
SK	80 Olof van Gelder	P.S.V.	75-008	33.44	1:10.60
SK	81 Mark Timmermans	Stadskanaal	78-411	35.46	1:15.56
.	82 Colin Liem	H.P.C.	78-679	38.02	1:20.99
SM	83 Bjorn Snijders	Groenlo	76-242	34.88	1:15.05



NATIONALE WINTERKAMPIOENSCHAPPEN

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ZWEMMEN 1991



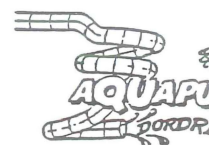
SPEEDO

MICROWAY
COMPUTERS

908 400m Vrije slag (uitslag all in)

Datum : 3- 3-91

1 Yvette Vester	A.Z. & P.C.	71-125	30.07	1:02.09	1:34.50	2:07.17	2:40.28	3:13.19	3:46.47
			4:19.43						
2 Kirsten Vliegheuis	De Dinkel	76-398	29.90	1:02.70	1:36.43	2:09.68	2:42.99	3:16.61	3:49.79
			4:22.02						
3 Kristel Tellegen	P.S.V.	74-016	30.29	1:03.52	1:37.08	2:10.49	2:43.33	3:16.50	3:49.40
			4:22.24						
4 Carla Geurts	De Dolfijn	71-232	29.97	1:02.59	1:35.42	2:08.73	2:41.84	3:15.25	3:49.18
			4:22.38						
5 Radna Mulder	De Zijl/L.G.B.	73-146	29.99	1:03.51	1:37.01	2:10.62	2:44.40	3:18.53	3:51.42
			4:25.58						
6 Anouk Visscher	De Dinkel	75-398	30.17	1:03.74	1:37.74	2:12.14	2:46.59	3:20.90	3:54.80
			4:26.60						
7 Renate Wijering	De Dinkel	75-401	29.98	1:03.08	1:36.78	2:11.27	2:45.74	3:20.51	3:54.45
			4:26.64						
8 Gea Veldhuizen	S.G.G. (Startgem)	71-646	31.41	1:04.98	1:39.29	2:13.82	2:47.80	3:21.84	3:54.99
			4:27.22						
9 Kitty Mensink	De Dinkel	76-293	29.65	1:02.16	1:35.96	2:10.09	2:44.10	3:18.53	3:53.16
			4:27.42						
10 Nida Zuhal	Double Duty-V.Z.C.	75-403	30.96	1:04.48	1:38.72	2:13.14	2:47.36	3:21.50	3:55.21
			4:27.50						
11 Karen Wammes	T.Z.C.-Vahalis	77-296	30.62	1:03.98	1:37.86	2:11.92	2:46.44	3:21.15	3:55.40
			4:27.60						
12 Nancy Timmermans	De Aa	75-441	30.58	1:04.30	1:38.61	2:13.03	2:47.53	3:22.62	3:56.31
			4:28.30						
13 Brenda Starink	De Kempvis	74-378	30.06	1:03.32	1:37.47	2:11.88	2:46.50	3:21.35	3:56.21
			4:30.44						
14 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	30.62	1:04.48	1:38.75	2:13.73	2:48.35	3:23.37	3:57.51
			4:30.63						
15 Karen Guldemon	H.P.C.	75-026	30.02	1:03.18	1:37.28	2:12.37	2:47.01	3:21.88	3:56.61
			4:31.13						
16 Desiree de Bruijn	W.V.Z.	71-435	30.83	1:04.48	1:38.63	2:12.91	2:47.50	3:22.11	3:56.81
			4:31.13						
17 Fleur Bakker	L.Z.1886	77-473	31.46	1:05.56	1:40.26	2:15.12	2:50.07	3:25.87	4:00.61
			4:33.56						
18 Annemieke Mos	B & O Torpedo	77-043	31.11	1:04.82	1:39.39	2:14.36	2:50.01	3:25.45	4:01.01
			4:34.19						
19 Iris Westrik	De Dinkel	74-322	30.79	1:04.90	1:39.23	2:14.07	2:48.83	3:24.30	3:59.51
			4:34.21						
20 Bianca Meyners	De Dinkel	75-324	30.66	1:05.39	1:40.61	2:15.78	2:50.34	3:25.45	4:00.81
			4:35.82						
21 Regina van Bruggen	W.V.Z.	76-609	31.25	1:05.43	1:40.55	2:16.19	2:51.63	3:27.14	4:02.61



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Datum : 3- 3-91

			4:36.28							
22	Bianca Lutters	P.S.V.	76-037	31.98	1:07.18	1:42.70	2:18.51	2:53.45	3:28.70	4:03.42
				4:36.98						
23	Wilma Veldhoen	D.S.Z.	75-404	31.86	1:06.93	1:41.55	2:16.47	2:51.62	3:27.87	4:03.54
				4:38.63						
24	Sigrid Pels	De Steur	76-450	31.43	1:05.96	1:41.71	2:17.52	2:53.57	3:29.50	4:05.48
				4:39.32						
25	Bianca Hocks	L.Z.1886	76-439	31.36	1:06.13	1:42.06	2:18.21	2:53.71	3:29.65	4:05.55
				4:39.86						
26	Noortje Dekkers	P.S.V.	76-104	31.46	1:06.75	1:41.78	2:17.48	2:53.44	3:29.30	4:05.11
				4:40.07						
27	Marije Muthert	De Dolfijn	77-160	31.04	1:05.12	1:40.70	2:16.91	2:53.63	3:30.68	4:06.82
				4:41.69						
28	Marieke Ruysink	A.Z.& P.C.	77-141	31.28	1:06.07	1:41.97	2:18.28	2:54.63	3:31.36	4:07.40
				4:41.90						
29	Priscilla Laurens	Z.P.A.	77-498	31.69	1:06.30	1:42.28	2:18.83	2:55.37	3:32.07	4:07.76
				4:42.22						
30	Dorien Baas	Eemsrobben	77-602	31.93	1:06.16	1:41.72	2:17.77	2:54.67	3:31.71	
				4:43.66						
31	Madelon Baans	De Kempvis	77-624	30.90	1:06.11	1:42.27	2:18.80	2:55.32	3:32.29	4:08.68
				4:43.92						
32	Wendy Timmermans	W.V.Z.	78-014	32.08	1:07.34	1:43.95	2:20.73	2:57.00	3:34.13	4:10.68
				4:44.72						
33	Mariska van Harn	D.W.K.	78-566	31.72	1:07.18	1:43.54	2:20.83	2:57.04	3:34.10	4:10.06
				4:44.76						
34	Petra Groeneveld	De Dinkel	78-363	32.39	1:08.54	1:44.91	2:21.94	2:59.02	3:36.04	4:11.61
				4:46.45						
35	Andrea Nooij	De Dolfijn	77-179	31.66	1:06.72	1:42.82	2:19.54	2:56.88	3:34.58	4:11.39
				4:47.63						
36	Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	31.92	1:07.48	1:44.69	2:22.23	2:59.58	3:37.10	4:14.31
				4:51.45						

NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE

MICROWAY
COMPUTERS



ZWEMMEN 1991



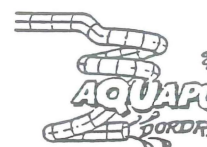
SPEEDO

L. 70114 ON POLOVERBOOD
AUTILUS
DORDRECHT

Prog. 909 200m Vrije slag (uitslag all in)

Datum : 3- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	25.61	53.28	1:21.68	1:49.88
2 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	26.46	55.16	1:23.77	1:52.05
3 Richard Blank	De Dolfijn	72-551	26.40	55.08	1:23.96	1:52.44
4 Tim Hoeymans	P.S.V.	74-426	26.56	55.31	1:24.31	1:52.83
5 Dennis Parlevliet	P.S.V.	73-644	26.45	55.37	1:24.18	1:53.63
6 Danny Nelson	Nautilus	71-541	27.17	55.86	1:25.01	1:54.07
7 Stan Steegeling	De Dolfijn	71-016	26.01	54.72	1:25.07	1:54.84
8 Marco v.d. Berg	D.S.Z.	69-427	26.93	56.44	1:25.69	1:54.90
9 Jeroen v.d. Loosdrecht	De Kempvis	75-451	26.56	55.35	1:25.26	1:55.06
10 Leon Verhage	Nautilus	64-539	26.70	56.18	1:25.88	1:55.47
11 Almar v.d. Meer	B & O Torpedo	72-015	27.38	57.04	1:26.43	1:55.56
12 Mark v.d. Zijden	De Gouwe	73-699	27.03	56.82	1:26.83	1:55.89
13 Dick Roest	L.Z.1886	68-616	27.31	56.93	1:26.82	1:56.25
14 Jan-Willem v.d. Hoek	De Gouwe	72-671	27.10	56.44	1:26.86	1:56.59
15 Frank Laffeber	Nautilus	75-613	26.99	56.07	1:26.73	1:56.96
16 Bram van Haandel	P.S.V.	73-087	26.52	55.72	1:26.08	1:57.22
17 Pieke Geelen	M.Z. & P.C.	72-690	26.52	55.94	1:26.66	1:57.58
18 Harrie Linders	De Dolfijn	70-091	27.48	57.35	1:27.49	1:57.65
19 Dennis Rijnbeek	Rapido'82	72-226	27.27	57.51	1:28.13	1:57.90
20 Patrick Jordan	De Meent	73-182	27.58	57.63	1:28.59	1:58.68
21 Christian Fischer	H.P.C.	76-732	27.76	57.60	1:28.80	1:58.74
22 Theo Hulshof	Nautilus	74-378	26.92	56.54	1:27.27	1:58.77
23 Stefan Aartsen	V.Z.C.	75-025	27.17	57.13	1:28.56	1:58.90
24 Marco Mulder	A.Z. & P.C.	74-826	27.43	57.51	1:28.71	1:59.32
25 Ronald Fijn	De Steur	76-449	27.51	57.64	1:28.55	1:59.43
26 Willy Hansen	De Dinkel	75-400	27.66	57.36	1:28.44	1:59.61
27 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	28.03	57.88	1:28.79	1:59.62
28 John Machielsen	H.P.C.	68-707	27.38	57.22	1:28.37	1:59.70
29 Martijn Baans	De Kempvis	75-623	27.25	57.53	1:28.73	1:59.87
30 Rob Nijweide	Groenlo	75-302	27.56	57.02	1:28.55	2:00.01
31 Peter de Rover	De Dolfijn	67-344	27.09	57.55	1:28.95	2:00.31
32 Ronnie Uitzetter	Z.P.A.	75-399	27.46	57.87	1:29.87	2:01.15
33 Rob Onderwijzer	W.Z. & P.C.	75-384	27.43	57.95	1:30.58	2:01.37
34 Dennis Schouten	De Zijl/L.G.B.	75-129	28.81	1:01.02	1:31.69	2:01.71
35 Edwin Ruysink	A.Z. & P.C.	75-062	27.45	58.09	1:29.94	2:01.72
36 Etan Ronen	P.S.V.	75-049	28.19	59.55	1:31.04	2:01.83
37 Mark Dijkstra	B & O Torpedo	75-056	27.83	58.06	1:30.21	2:02.31
38 Martijn Both	De Dolfijn	74-578	27.86	58.80	1:30.08	2:02.34
39 Jeroen Mulder	A.Z. & P.C.	76-827	28.24	59.99	1:32.05	2:02.48
40 Roy Meyboom	Z.O.N./S&S	76-124	29.18	1:00.23	1:31.62	2:02.71
41 Sander Horenberg	Zevenhuizen	76-398	29.33	1:01.33	1:33.03	2:03.83



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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NAUTILUS
DORDRECHT

ZWEMMEN 1991



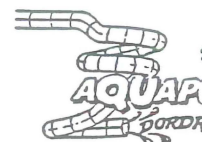
SPEEDO

MICROWAY
COMPUTERS

g. 909 200m Vrije slag (uitslag all in)

Datum : 3- 3-91

42 Jasper Middelberg	De Dolfijn	76-077	28.54	1:00.28	1:32.99	2:04.73
43 Michel Bom	Zeus	75-518	27.55	58.80	1:31.62	2:04.89
44 Jos Middelberg	De Dolfijn	75-078	27.74	59.24	1:31.97	2:05.14
45 Christian de Groot	L.Z.1886	75-574	28.23	59.47	1:32.32	2:05.70
46 Pieter v.d. Hoogenband	P.S.V.	78-414	28.95	1:01.39	1:34.18	2:05.86
47 Kim Bouwes	Stadskanaal	76-307	28.95	1:01.04	1:34.90	2:05.98
48 Bart Gersen	Oceanus	75-332	28.54	59.40	1:32.87	2:06.13
49 Ronald van Charante	De Dolfijn	77-147	29.50	1:01.80	1:34.55	2:06.33
50 Jeroen Goes	A.Z. & P.C.	76-041	28.71	1:01.43	1:33.92	2:06.58
51 Pascal Lafort	Numansdorp	77-310	28.84	1:01.22	1:34.09	2:06.63
52 Hans Hulsen	P.S.V.	77-074	29.19	1:01.94	1:34.92	2:06.71
53 Niels Hoogsteder	Hoorn	76-475	29.38	1:01.98	1:35.70	2:08.31
54 Michel Zwennes	D.W.K.	77-540	29.89	1:03.35	1:37.29	2:10.00
55 Richard van Duyvenbode	L.Z.1886	77-567	30.71	1:03.87	1:37.83	2:10.69
56 Robert-Jan Derksen	Zwemlust-den Hommel	77-567	29.99	1:03.20	1:37.76	2:11.95
57 Gijs Ganzevles	Zeus	78-521	29.79	1:02.44	1:37.02	2:12.46
58 Ivo Wesseling	T.Z.C.-Vahalis	77-346	29.20	1:02.64	1:37.86	2:13.83
59 Marcel Groot	Kon.A.Z.1870	77-494	29.45	1:03.06	1:39.34	2:14.56
60 Johan van Beek	T.Z.C.-Vahalis	78-291	31.39	1:05.35	1:40.49	2:15.26
61 Rudmer Heerema	D.A.W./Sportline	78-450	30.95	1:05.46	1:41.21	2:16.01
62 Johan van Zetten	T.Z.C.-Vahalis	78-321	30.83	1:05.24	1:41.17	2:16.37
63 Bob de Hoon	T.Z.C.-Vahalis	78-313	31.17	1:05.79	1:41.49	2:16.43
64 Patrick Steegstra	De Fuut	78-618	31.17	1:06.59	1:42.87	2:17.11
65 Freddy Geurtsen	De Dolfijn	78-145	32.31	1:07.42	1:43.49	2:18.01
66 Colin Liem	H.P.C.	78-679	31.53	1:07.01	1:43.55	2:18.89
67 Kees v.d. Sluys	Kerkdriel	78-301	31.73	1:06.50	1:43.36	2:19.20
68 Thierry Vriens	B & O Torpedo	78-067	32.16	1:08.09	1:45.56	2:21.37
69 Gjero Bos	Bubble	78-496	32.75	1:08.63	1:46.12	2:22.58
70 Bob de Bruijn	De Gouwe	78-780	32.50	1:09.06	1:46.83	2:24.27



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

ZWEM- en POLOVERENING
NAUTILUS
DORDRECHT

Prog. 86 100m Vlinderslag FA HEREN FINALE

Datum : 3- 3-91

1 Casper van Dam	Zwemlust-den Hommel	71-405	26.23	54.69
2 John Machielsens	H.P.C.	68-707	26.27	56.47
3 Bram van Haandel	P.S.V.	73-087	26.69	56.99
4 Raimond Vahrmeijer	De Dolfijn	69-148	26.55	57.03
5 Dennis Parlevliet	P.S.V.	73-644	27.01	57.31
6 Marco v.d. Berg	D.S.Z.	69-427	26.92	57.87
7 Marcel de Natris	De Zijl/L.G.B.	70-049	26.79	58.23
8 Frank ter Brugge	S.G.G. (Startgem)	70-322	27.03	58.48

Prog. 86 100m Vlinderslag FB HEREN FINALE

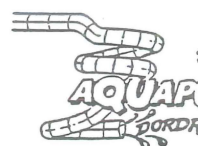
Datum : 3- 3-91

1 JOHAN Dykstra	ORCA	71-434	27.53	58.93
2 Arjan van Vliet	Nautilus	73-497	27.83	58.98
3 Dick Roest	L.Z.1886	68-616	27.79	59.15
4 Walter Schellingerhout	Oceanus	69-162	27.54	59.23
5 Robin Boon	Oceanus	73-355	27.60	59.74
6 Edgar Thimister	M.Z.& P.C.	75-676	28.02	59.97
7 Tim Hoeymans	P.S.V.	74-426	28.89	1:01.40
8 Christian de Groot	L.Z.1886	75-574	28.79	1:02.05

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N.W.K DORDR



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



MA DE POLOVERENING
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

Prog. 87 200m Schoolslag FA DAMES FINALE

Datum : 3- 3-91

1 Linda Moes	S.G.G. (Startgem)	71-633	34.41	1:12.80	1:52.46	2:32.20
2 Mildred Muis	Z.P.A.	68-560	34.18	1:13.19	1:52.46	2:32.60
3 Marianne Muis	Z.P.A.	68-561	35.61	1:15.45	1:55.30	2:35.70
4 Martine Janssen	De Vrije Slag	77-391	35.75	1:15.20	1:55.66	2:35.93
5 Sylvia Gase	De Dolfijn	73-311	35.78	1:15.37	1:55.78	2:36.62
6 Ynske Smit	Orca	71-382	35.53	1:14.44	1:54.80	2:36.66
7 Kristel Tellegen	P.S.V.	74-016	35.93	1:15.99	1:56.35	2:36.71
8 Mary Peeters	P.S.V.	76-116	36.32	1:15.47	1:55.81	2:36.96

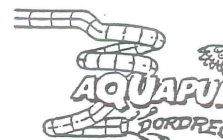
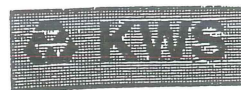
Prog. 87 200m Schoolslag FB DAMES FINALE

Datum : 3- 3-91

1 Ingrid Koeman	De Dolfijn	71-067	36.50	1:16.76	1:57.64	2:39.22
2 Hanneke Koopmans	De Zijl/L.G.B.	74-058	36.60	1:16.92	1:59.03	2:42.09
3 Karin Stein	V.Z.C.	71-401	36.74	1:17.42	1:59.71	2:42.51
4 Wendy Groeneveld	De Dinkel	76-339	37.39	1:18.67	2:01.13	2:44.25
5 Nina Hulleman	D.Z.& P.C.	71-521	37.01	1:18.13	2:00.77	2:45.20
6 Karin Moed	T.Z.C.-Vahalis	71-190	36.98	1:18.62	2:01.75	2:45.35
7 Monique Juist	De Dolfijn	75-577	37.85	1:20.23	2:03.41	2:47.68
8 Mariska Leegte	Stadskanaal	76-327	37.71	1:20.62	2:04.62	2:49.03



adidas



NATIONALE WINTERKAMPIOENSCHAPPEN



ZWEMMEN 1991



SPEEDO

Nashua

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MICROWAY
COMPUTERS

ZWEM- EN POLYMEREN
NAUTILUS
DORDRECHT

J. 88 100m Schoolslag FA HEREN FINALE

Datum : 3- 3-91

1 Ron Dekker	De IJssel	66-044	28.42	1:00.18
2 Michael van Rijn	Rapido'82	70-462	29.43	1:02.08
3 Patrick Braam	De Zijl/L.G.B.	68-152	29.71	1:03.08
4 Corne Baars	Nautilus	73-496	30.00	1:03.73
5 Marko van Brummelen	De Zijl/L.G.B.	73-063	30.46	1:03.80
6 Antoine van Weerde	L.Z.1886	68-286	30.79	1:05.13
7 Martijn vd Maagdenberg	Raket	71-428	31.40	1:06.21
8 Casper van Dam	Zwemlust-den Hommel	71-405	32.08	1:07.38

J. 88 100m Schoolslag FB HEREN FINALE

Datum : 3- 3-91

1 Edwin Vissers	De Zijl/L.G.B.	70-147	30.84	1:05.76
2 Geert Donkers	De Zijl/L.G.B.	72-145	31.29	1:06.11
3 Kees Robbertsen	D.Z.& P.C.	71-776	30.91	1:06.52
4 Benno Kuipers	De Vrije Slag	74-383	31.18	1:06.57
5 Lars van Leeuwen	Raket	73-242	30.93	1:06.60
6 Melvin Bakker	De Houtrib	74-296	31.41	1:07.34
7 Tim Hoeymans	P.S.V.	74-426	32.54	1:08.81
8 Mark v.d. Zijden	De Gouwe	73-699	32.35	1:09.03



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

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14-04-POLOVERBODING
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

89 400m Vrije slag FA DAMES FINALE

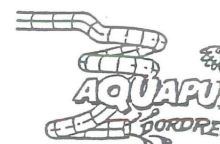
Datum : 3-3-91

1 Yvette Vester	A.Z. & P.C.	71-125	29.67	1:02.11	1:34.92	2:08.10	2:40.82	3:13.69	3:46.78
			4:18.83						
2 Kirsten Vliegghuis	De Dinkel	76-398	30.21	1:02.58	1:35.68	2:08.90	2:42.01	3:15.22	3:48.18
			4:19.65						
3 Kristel Tellegen	P.S.V.	74-016	30.05	1:02.78	1:35.84	2:09.26	2:42.64	3:16.05	3:49.19
			4:22.24						
4 Radna Mulder	De Zijl/L.G.B.	73-146	30.00	1:02.89	1:36.19	2:09.92	2:43.59	3:17.13	3:51.73
			4:23.12						
5 Carla Geurts	De Dolfijn	71-232	30.48	1:03.05	1:36.14	2:09.58	2:43.02	3:16.46	3:50.67
			4:23.34						
6 Gea Veldhuizen	S.G.G. (Startgem)	71-646	30.80	1:03.74	1:37.48	2:11.75	2:45.94	3:20.04	3:53.71
			4:26.23						
7 Anouk Visscher	De Dinkel	75-398	30.87	1:04.28	1:38.05	2:12.19	2:46.32	3:20.51	3:54.18
			4:26.75						
8 Renate Wijering	De Dinkel	75-401	30.08	1:02.88	1:36.45	2:10.64	2:45.03	3:19.97	3:55.00
			4:29.00						

89 400m Vrije slag FB DAMES FINALE

Datum : 3-3-91

1 Karen Wammes	T.Z.C.-Vahalis	77-296	30.28	1:03.53	1:37.16	2:10.95	2:45.03	3:19.03	3:52.77
			4:25.13						
2 Nida Zuhal	Double Duty-V.Z.C.	75-403	30.84	1:04.33	1:38.10	2:12.13	2:46.15	3:20.24	3:54.31
			4:26.81						
3 Nancy Timmermans	De Aa	75-441	30.60	1:04.39	1:38.13	2:11.99	2:46.03	3:20.82	3:56.60
			4:26.89						
4 Kitty Mensink	De Dinkel	76-293	30.33	1:03.48	1:36.99	2:11.02	2:45.21	3:19.68	3:54.02
			4:26.94						
5 Iris Westrik	De Dinkel	74-322	30.49	1:04.41	1:38.59	2:13.37	2:48.23	3:24.02	3:59.13
			4:33.46						
6 Desiree de Bruijn	W.V.Z.	71-435	30.73	1:04.40	1:39.26	2:14.29	2:49.56	3:25.19	4:00.51
			4:35.56						
7 Fleur Bakker	L.Z.1886	77-473	31.07	1:05.62	1:40.76	2:16.41	2:52.30	3:28.33	4:04.29
			4:39.11						
8 Annemieke Mos	B & O Torpedo	77-043	31.22	1:05.91	1:41.15	2:16.91	2:52.85	3:29.24	4:05.58
			4:41.54						



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

DE ZWEM- EN POLOVERENING
NAUTILUS
DORDRECHT

Prog. 90 200m Vrije slag FA HEREN FINALE

Datum : 3- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	25.52	53.52	1:22.15	1:50.57
2 Richard Blank	De Dolfijn	72-551	26.30	54.17	1:22.72	1:51.48
3 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	26.35	54.50	1:23.40	1:52.09
4 Tim Hoeymans	P.S.V.	74-426	26.62	55.07	1:23.88	1:52.60
5 Danny Nelson	Nautilus	71-541	26.71	55.89	1:25.39	1:54.97
6 Almar v.d. Meer	B & O Torpedo	72-015	27.37	57.02	1:27.14	1:56.59
7 Marco v.d. Berg	D.S.Z.	69-427	27.01	57.09	1:27.21	1:57.05
8 Dennis Parlevliet	P.S.V.	73-644	26.74	56.85	1:27.33	1:58.30

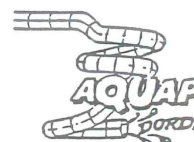
Prog. 90 200m Vrije slag FB HEREN FINALE

Datum : 3- 3-91

1 Mark v.d. Zijden	De Gouwe	73-699	27.26	56.73	1:26.42	1:55.40
2 Jan-Willem v.d. Hoek	De Gouwe	72-671	26.93	56.43	1:26.36	1:55.57
3 Dick Roest	L.Z.1886	68-616	28.07	57.96	1:27.50	1:57.11
4 Dennis Rijnbeek	Rapido'82	72-226	26.79	56.63	1:27.71	1:57.41
5 Frank Laffever	Nautilus	75-613	27.50	57.07	1:27.41	1:57.76
6 Pieke Geelen	M.Z. & P.C.	72-690	27.73	58.02	1:28.51	1:57.83
7 Bram van Handel	P.S.V.	73-087	27.31	57.73	1:29.46	2:01.06
8 Harrie Linders	De Dolfijn	70-091	28.77	1:00.30	1:32.67	2:04.82



adidas



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



1 DE POLYMERBOSCH
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

91 4x100m Vrije slag estafette DAMES

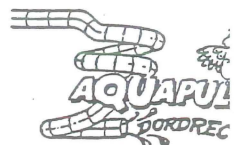
Datum : 3- 3-91

1 De Dolfijn	De Dolfijn	ES-001	28.60	59.12	1:27.50	1:58.24	2:25.27	2:55.35	3:22.15
			3:51.26						
2 H.P.C.	H.P.C.	ES-001	27.85	58.47	1:26.85	1:57.45	2:25.58	2:56.76	3:24.55
			3:54.87						
3 Z.P.A.	Z.P.A.	ES-001	29.23	1:01.27	1:31.22	2:04.59	2:31.75	3:00.99	3:27.64
			3:56.61						
4 De Dinkel I	De Dinkel	ES-001	28.25	59.36	1:27.71	1:58.56	2:26.94	2:58.04	3:29.29
			3:56.64						
5 Orca	Orca	ES-001	30.34	1:02.78	1:31.12	2:02.44	2:31.32	3:03.13	3:29.90
			3:59.40						
6 Nautilus	Nautilus	ES-001	28.73	1:00.21	1:29.66	2:01.42	2:31.02	3:04.41	3:30.77
			4:00.20						
7 P.S.V.	P.S.V.	ES-001	28.71	1:00.17	1:29.70	2:02.63	2:31.31	3:02.44	3:30.77
			4:00.99						
8 De Dolfijn II	De Dolfijn	ES-002	28.77	1:00.66	1:30.30	2:02.43	2:30.67	3:02.46	3:30.67
			4:01.18						
9 De Steur	De Steur	ES-001	28.46	1:00.67	1:29.67	2:01.60	2:31.55	3:03.57	3:31.77
			4:02.91						
10 De Zijl/L.G.B.	De Zijl/L.G.B.	ES-001	28.98	1:00.04	1:29.16	2:00.74	2:29.73	3:00.48	3:30.48
			4:03.18						
11 S.G.G.	S.G.G. (Startgem)	ES-001	28.94	59.84	1:28.67	2:00.69	2:30.30	3:02.77	3:31.85
			4:03.54						
12 De Dinkel II	De Dinkel	ES-002	29.09	1:00.23	1:29.37	2:01.21	2:30.59	3:03.13	3:32.67
			4:04.68						
13 D.Z.P.C.	D.Z. & P.C.	ES-001	30.13	1:03.40	1:32.11	2:04.08	2:35.00	3:09.39	3:37.37
			4:07.85						
14 D.A.W./Sportline	D.A.W./Sportline	ES-001	28.96	59.98	1:29.55	2:02.39	2:32.16	3:05.86	3:34.98
			4:08.46						
15 De Dinkel III	De Dinkel	ES-003	30.32	1:03.71	1:33.39	2:06.33	2:36.04	3:08.45	3:38.43
			4:11.50						
16 Hoorn	Hoorn	ES-001	28.31	1:00.00	1:29.71	2:02.99	2:33.17	3:06.35	3:37.97
			4:12.20						

Handwritten calculations and times:

99 - 4.59 = 94.41
 3:39 - 3:00 = 39
 4:38 - 4:41 = -3
 21 - 603 = 582

3:13
 60
 3:73



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS

92 4x100m Wisselslag estafette HEREN

Datum : 3- 3-91

1 De Dolfijn	De Dolfijn	ES-001	27.64	58.60	1:28.09	2:01.88	2:28.21	2:58.22	3:22.71
			3:49.74						
2 De Zijl/L.G.B.	De Zijl/L.G.B.	ES-001	28.04	59.01	1:28.04	2:01.50	2:28.01	2:58.47	3:22.95
			3:49.88						
3 Nautilus	Nautilus	ES-001	27.90	58.91	1:28.00	2:01.56	2:27.91	2:59.73	3:24.23
			3:51.47						
4 De Zijl/L.G.B. II	De Zijl/L.G.B.	ES-002	29.63	1:00.77	1:29.66	2:03.51	2:30.16	3:01.01	3:26.05
			3:53.60						
5 De Dolfijn II	De Dolfijn	ES-002	28.96	59.67	1:30.35	2:05.97	2:31.98	3:02.63	3:27.34
			3:55.87						
6 A.Z.P.C.	A.Z.& P.C.	ES-001	27.76	58.89	1:30.68	2:07.01	2:33.49	3:05.27	3:30.21
			3:57.46						
7 P.S.V.	P.S.V.	ES-001	29.49	1:01.63	1:32.29	2:07.86	2:34.36	3:05.15	3:29.79
			3:57.48						
8 Raket	Raket	ES-001	28.00	59.64	1:31.13	2:06.60	2:33.48	3:05.71	3:30.76
			3:58.38						
9 Rapido '82	Rapido'82	ES-001	30.47	1:04.79	1:33.85	2:07.01	2:34.00	3:05.97	3:31.74
			4:00.08						
10 S.G.G.	S.G.G. (Startgem)	ES-001	28.95	1:01.03	1:32.75	2:10.60	2:37.45	3:08.75	3:33.54
			4:02.21						
11 H.P.C.	H.P.C.	ES-001	29.33	1:01.06	1:32.23	2:08.94	2:36.19	3:08.14	3:33.96
			4:02.35						
12 L.Z. 1886	L.Z.1886	ES-001	30.36	1:03.86	1:34.12	2:08.98	2:36.49	3:08.52	3:34.41
			4:03.51						
13 Nautilus	Nautilus	ES-001	30.55	1:02.57	1:33.45	2:10.92	2:37.99	3:10.31	3:35.90
			4:04.44						
14 M.Z.P.C.	M.Z.& P.C.	ES-001	31.27	1:05.73	1:37.02	2:12.41	2:39.35	3:10.53	3:35.7
			4:04.64						
15 De Zijl/L.G.B.	De Zijl/L.G.B.	ES-001	30.99	1:05.43	1:35.82	2:11.06	2:39.11	3:12.25	3:38.41
			4:07.82						
16 Zwemlust/Den Hommel	Zwemlust-den Hommel	ES-001	31.13	1:05.41	1:35.83	2:11.03	2:38.94	3:13.77	3:39.7
			4:07.90						
17 Oceanus	Oceanus	ES-001	29.60	1:01.79	1:33.24	2:10.96	2:39.34	3:13.85	3:39.3
			4:08.07						
18 C.Z.M. Uden	C.Z.M.Uden(Startgem)	E--00	29.51	1:03.01	1:33.88	2:08.31	2:36.43	3:09.36	3:35.4
			4:04.18						

8.47

3.51

77

1.80 2.74

1.70

3.66

1.56

1.09

2.65

51.52

8.22

26

1.40

1.20

3.20

5.97

2.63

3.34

1.50

1.33

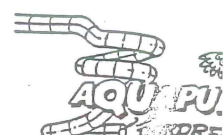
3.03

1.04.79

1.02.22



verzijl b.v.



TROEBEL WATER GEEN BEZWAAR VOOR HERBOREN ELGERSMA

NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua

COPY SERVICE



ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS & SOFTWARE

NAUTILUS
DORDRECHT

Prog. 93 400m Wisselslag J.'78

Datum : 8- 3-91

1 Pieter v.d. Hoogenband	P.S.V.	78-414	33.14	1:12.00	1:51.28	2:31.85	3:17.83	4:04.51	4:39.76
			5:14.18						
2 Erik Oly	De Kempvis	78-533	34.05	1:14.43	1:56.52	2:38.64	3:22.47	4:08.16	4:45.48
			5:22.26						
3 Bob de Hoon	T.Z.C.-Vahalis	78-313	34.41	1:14.66	1:55.82	2:37.70	3:25.83	4:15.41	4:51.56
			5:25.26						
4 Remco Singeling	L.Z.1886	78-503	32.96	1:12.19	1:53.61	2:35.97	3:22.64	4:10.47	4:49.20
			5:25.29						

Prog. 94 400m Wisselslag J.'77

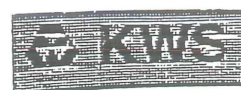
Datum : 8- 3-91

1 Ronald van Charante	De Dolfijn	77-147	30.99	1:06.65	1:46.31	2:25.82	3:06.94	3:48.73	4:23.14
			4:56.92						
2 Pascal Lafort	Numansdorp	77-310	31.59	1:08.71	1:47.07	2:26.45	3:07.92	3:50.64	4:25.65
			5:00.31						
3 Richard van Duyvenbode	L.Z.1886	77-567	32.28	1:09.81	1:49.45	2:29.49	3:12.08	3:56.30	4:30.51
			5:03.42						
4 Michel Zwennes	D.W.K.	77-540	33.08	1:12.09	1:51.30	2:31.46	3:14.79	3:58.28	4:31.86
			5:04.46						
5 Hans Hulsen	P.S.V.	77-074	31.97	1:09.96	1:49.71	2:29.61	3:16.13	4:03.99	4:39.41
			5:14.63						

Prog. 95 400m Wisselslag J.'76

Datum : 8- 3-9

1 Christian Fischer	H.P.C.	76-732	29.40	1:03.48	1:39.34	2:17.50	2:59.16	3:42.36	4:15.5
			4:48.56						
2 Ronald Fijn	De Steur	76-449	29.77	1:04.11	1:41.59	2:19.55	3:02.96	3:46.55	4:19.4
			4:50.82						
3 Antoine Calis	De Dolfijn	76-154	31.18	1:06.12	1:43.32	2:21.75	3:04.49	3:48.19	4:21.8
			4:55.93						
4 Evert Jan van Harten	D.W.K.	76-478	30.26	1:05.52	1:44.98	2:24.72	3:07.72	3:51.56	4:25.9
			4:59.93						
5 Rowin Timmermans	W.V.Z.	76-013	32.28	1:10.05	1:48.81	2:27.05	3:10.28	3:53.84	4:28.9
			5:02.16						



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua
COPY SERVICE



ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS & SOFTWARE

11. TYPE OF POLOVERBODEN
NAUTILUS
DORDRECHT

Prog. 96 400m Wisselslag J.'75

Datum : 8- 3-91

1	Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.74	1:00.53	1:36.89	2:13.64	2:52.36	3:32.45	4:05.01
				4:36.09						
2	Frank Laffeber	Nautilus	75-613	29.85	1:03.87	1:40.66	2:18.33	3:00.67	3:43.50	4:15.56
				4:46.50						
3	Edgar Thimister	M.Z. & P.C.	75-676	28.73	1:03.35	1:43.64	2:23.52	3:03.21	3:44.97	4:18.21
				4:50.70						
4	Ronnie Uitzetter	Z.P.A.	75-399	29.19	1:03.02	1:39.01	2:15.91	3:00.67	3:46.35	4:20.12
				4:51.21						
5	Etan Ronen	P.S.V.	75-049	31.16	1:07.86	1:45.67	2:23.26	3:04.87	3:47.62	4:20.39
				4:51.27						
6	Richard Middelbos	Stadskanaal	75-417	30.78	1:05.64	1:44.50	2:23.23	3:05.89	3:49.72	4:23.30
				4:56.01						
7	Jan Willem van Dijk	A.Z. & P.C.	75-139	30.06	1:06.10	1:44.46	2:23.94	3:06.00	3:49.21	4:23.3
				4:56.63						
8	Rob Onderwijzer	W.Z. & P.C.	75-384	31.62	1:08.86	1:46.46	2:23.75	3:06.85	3:49.65	4:24.8
				4:59.41						
9	Maikel Klaver	Orca	75-398	30.48	1:07.47	1:46.05	2:25.75	3:13.89	4:02.16	4:36.6
				5:11.11						
SN 10	Olof van Gelder	P.S.V.	75-008	30.74	1:07.38	1:46.08	2:24.06	3:06.65	3:49.11	4:22.7
				4:54.49						

Prog. 97 400m Wisselslag J.'74/'73

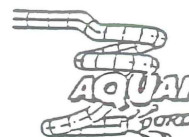
Datum : 8- 3-9

1	Dennis Parlevliet	P.S.V.	73-644	27.75	59.90	1:34.56	2:10.27	2:50.53	3:31.96	4:03.2
				4:33.80						
2	Mark v.d. Zijden	De Gouwe	73-699	28.58	1:01.57	1:36.81	2:12.58	2:50.22	3:29.89	4:02.2
				4:35.13						
3	Tim Hoeymans	P.S.V.	74-426	29.53	1:02.96	1:38.68	2:15.69	2:53.75	3:33.89	5.6
				4:38.36						
4	Wilko Rutgers	Steenwijk 1934	73-259	29.82	1:05.52	1:41.36	2:18.18	2:55.31	3:34.44	4:07.1
				4:38.83						
5	Eduard van Veenen	Stadskanaal	73-407	29.46	1:03.17	1:39.33	2:15.49	2:55.53	3:36.90	4:09.1
				4:41.36						
6	Roy v.d. Veen	H.P.C.	73-075	29.29	1:04.73	1:41.63	2:20.27	3:01.58	3:44.57	4:16.1
				4:48.97						

Prog. 98 400m Wisselslag HEREN

Datum : 8- 3-9

NR 1	Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	27.90	1:00.16	1:32.87	2:06.85	2:44.20	3:22.30	3:53.0
				4:21.90						
2	Stan Steegeling	De Dolfijn	71-016	29.13	1:02.97	1:37.15	2:12.36	2:49.87	3:28.00	3:58.0
				4:28.03						
3	Almar v.d. Meer	B & O Torpedo	72-015	29.49	1:02.62	1:38.04	2:14.22	2:54.60	3:36.32	4:07.1
				4:38.51						
4	John Machielsen	H.P.C.	68-707	27.77	59.90	1:38.55	2:17.88	2:59.35	3:41.59	4:13.1
				4:46.36						



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua
COPY SERVICE



NAUTILUS
DORDRECHT

ZWEMMEN 1991



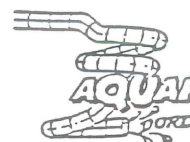
SPEEDO

MICROWAY
COMPUTERS & SOFTWARE

Prog. 100 50m Vrije slag DAMES

Datum : 8- 3-91

1	Inge de Bruijn	Nautilus	73-663	25.47
2	Angela Postma	D.Z. & P.C.	71-088	25.69
3	Marieke Mastebroek	Eemsrobber	71-624	25.77
4	Karin Brienesse	Orca	69-377	25.93
5	Marianne Muis	Z.P.A.	68-561	26.26
6	Diana v.d. Plaats	De Dolfijn	71-717	26.39
7	Mildred Muis	Z.P.A.	68-560	26.83
8	Kirsten Vliegghuis	De Dinkel	76-398	26.85
9	Nancy Timmermans	De Aa	75-441	26.98
10	Ellen Elzerman	B & O Torpedo	71-008	27.01
11	Ilse de Jonge	Scheldestroom	75-142	27.18
12	Karen Guldemond	H.P.C.	75-026	27.20
13	Renate Wijering	De Dinkel	75-401	27.35
14	Janine Kranenburg	Hoorn	71-546	27.43
15	Marieke Rump	De Reest	73-259	27.52
16	Saskia Lammerts	't Tolhekke	70-133	27.93
AA	17 Ingrid Baars	De Dolfijn	69-080	00:00.00



NATIONALE WINTERKAMPIOENSCHAPPEN

Nashua
COPY SERVICE



THE DUTCH OLYMPIC COMMITTEE
NAUTILUS
DORDRECHT

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS & SOFTWARE

Prog. 101 800m Vrije slag M.'78

Datum : 8- 3-91

1 Wendy Timmermans	W.V.Z.	78-014	32.32	1:08.17	1:44.62	2:21.32	2:57.91	3:34.80	4:11.80
			4:48.78	5:25.92	6:03.23	6:40.73	7:18.18	7:56.00	8:33.83
			9:11.14	9:47.67					
2 Name Zuhal	Double Duty-V.Z.C.	78-683	32.62	1:09.17	1:45.77	2:22.95	3:00.21	3:37.58	4:15.18
			4:52.60	5:30.25	6:07.76	6:45.05	7:22.64	8:00.23	8:37.89
			9:15.08	9:50.89					

Prog. 102 800m Vrije slag M.'77

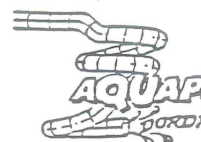
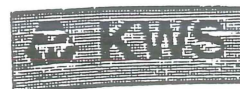
Datum : 8- 3-91

1 Karen Wammes	T.Z.C.-Vahalis	77-296	30.37	1:03.66	1:37.21	2:10.73	2:44.44	3:18.19	3:51.18
			4:26.04	4:59.74	5:34.15	6:08.41	6:42.91	7:17.34	7:51.80
			8:25.39	8:56.93					
2 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	30.00	1:03.53	1:38.09	2:12.96	2:47.63	3:22.97	3:58.36
			4:33.92	5:09.04	5:44.50	6:19.65	6:54.87	7:29.79	8:05.22
			8:39.58	9:13.72					
3 Fleur Bakker	L.Z.1886	77-473	31.00	1:05.42	1:40.46	2:15.13	2:50.26	3:25.78	4:01.06
			4:36.67	5:12.65	5:47.87	6:23.48	6:59.15	7:35.14	8:11.52
			8:46.49	9:20.85					
4 Annemieke Mos	Turbo'82	77-043	31.40	1:05.71	1:40.41	2:15.20	2:50.22	3:25.51	4:00.95
			4:37.16	5:13.55	5:50.21	6:26.26	7:02.27	7:38.38	8:14.45
			8:49.63	9:23.65					
5 Marieke Ruysink	A.Z.& P.C.	77-141	30.89	1:05.33	1:40.58	2:16.20	2:51.87	3:28.00	4:04.20
			4:40.33	5:16.19	5:51.81	6:27.89	7:04.11	7:39.81	8:15.78
			8:50.40	9:24.40					
6 Priscilla Laurens	Z.P.A.	77-498	31.36	1:06.32	1:42.40	2:19.05	2:55.82	3:33.21	4:10.57
			4:47.67	5:24.86	6:02.35	6:40.08	7:18.43	7:56.20	8:34.61
			9:11.26	9:46.92					
7 Sabine Keizers	De Dinkel	77-382	32.21	1:07.96	1:45.23	2:22.31	2:59.90	3:37.91	4:15.56
			4:53.57	5:31.52	6:09.59	6:47.47	7:25.53	8:03.50	8:41.77
			9:19.39	9:56.21					

Prog. 103 800m Vrije slag M.'76

Datum : 8- 3-91

1 Kirsten Vliegheuis	De Dinkel	76-398	29.96	1:03.15	1:36.57	2:10.00	2:43.62	3:17.20	3:50.81
			4:24.40	4:57.51	5:30.33	6:03.48	6:36.39	7:09.40	7:42.21
			8:15.27	8:46.93					
2 Kitty Mensink	De Dinkel	76-293	30.27	1:04.08	1:38.10	2:12.15	2:46.42	3:20.71	3:55.61
			4:30.13	5:05.33	5:40.47	6:15.58	6:50.08	7:25.15	8:00.21
			8:35.06	9:08.25					
3 Regina van Bruggen	W.V.Z.	76-609	31.54	1:05.97	1:41.38	2:17.16	2:52.77	3:28.28	4:04.01
			4:39.87	5:16.19	5:52.56	6:28.48	7:04.63	7:40.87	8:17.71
			8:53.18	9:26.54					
4 Bianca Hocks	L.Z.1886	76-439	31.06	1:06.08	1:41.58	2:17.58	2:53.70	3:30.07	4:06.31
			4:42.70	5:18.66	5:54.87	6:31.41	7:07.93	7:44.53	8:21.11
			8:57.67	9:32.78					
5 Bianca Lutters	P.S.V.	76-037	31.66	1:07.22	1:43.64	2:20.49	2:57.68	3:35.36	4:13.01
			4:51.11	5:29.43	6:08.37	6:47.27	7:25.73	8:04.76	8:43.51
			9:21.19	9:59.28					



NATIONALE WINTERKAMPIOENSCHAPPEN

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ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS & SOFTWARE

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Prog. 104 800m Vrije slag M.'75

Datum : 8- 3-91

1 Nida Zuhal	Double Duty-V.Z.C.	75-403	30.33	1:03.39	1:36.88	2:10.38	2:43.76	3:17.46	3:51.25
			4:24.83	4:58.47	5:32.06	6:05.68	6:39.58	7:13.69	7:47.53
			8:21.11	8:53.85					
2 Anouk Visscher	De Dinkel	75-397	29.95	1:03.44	1:37.08	2:11.06	2:45.42	3:19.99	3:54.51
			4:29.24	5:03.78	5:38.59	6:13.27	6:47.98	7:22.67	7:57.40
			8:31.94	9:05.46					
3 Bianca Meyners	De Dinkel	75-324	30.42	1:04.07	1:38.65	2:13.63	2:48.37	3:23.14	3:58.19
			4:33.03	5:08.03	5:42.96	6:18.19	6:53.17	7:28.17	8:03.17
			8:38.07	9:11.33					
4 Minouche Smit	Hoorn	75-365	30.81	1:04.88	1:39.34	2:14.54	2:49.65	3:24.90	3:59.88
			4:35.06	5:10.21	5:45.40	6:20.54	6:55.69	7:31.01	8:06.36
			8:41.07	9:14.41					
5 Wilma Veldhoen	D.S.Z.	75-404	31.55	1:06.16	1:40.73	2:15.44	2:50.46	3:25.79	4:00.98
			4:36.42	5:11.91	5:47.97	6:24.13	7:00.60	7:37.55	8:14.19
			8:50.07	9:24.92					

Prog. 105 800m Vrije slag M.'74/'73

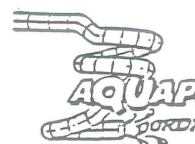
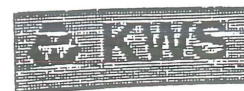
Datum : 8- 3-91

1 Kristel Tellegen	P.S.V.	74-016	30.44	1:04.01	1:37.60	2:11.47	2:45.70	3:19.94	3:54.66
			4:29.48	5:03.86	5:38.63	6:14.00	6:48.79	7:23.90	7:58.91
			8:33.95	9:08.11					
2 Marloes Mensink	De Dinkel	74-292	31.50	1:05.66	1:40.39	2:15.38	2:50.40	3:25.61	4:00.77
			4:36.26	5:11.16	5:46.38	6:21.35	6:56.67	7:31.93	8:07.11
			8:41.93	9:15.25					
3 Iris Westrik	De Dinkel	74-322	31.58	1:06.20	1:40.70	2:15.61	2:50.48	3:25.87	4:01.11
			4:36.72	5:11.95	5:47.64	6:23.20	6:58.94	7:34.82	8:10.88
			8:46.35	9:21.44					

Prog. 106 800m Vrije slag DAMES

Datum : 8- 3-91

1 Carla Geurts	De Dolfijn	71-232	30.99	1:04.24	1:37.98	2:12.17	2:46.28	3:20.28	3:53.88
			4:27.49	5:01.09	5:34.93	6:08.78	6:42.48	7:16.20	7:50.22
			8:23.70	8:56.02					
2 Yvette Vester	A.Z. & P.C.	71-125	30.67	1:03.70	1:36.94	2:10.64	2:44.37	3:18.25	3:51.88
			4:25.69	4:59.76	5:33.80	6:08.09	6:42.50	7:16.80	7:51.33
			8:25.59	8:58.10					
3 Saskia Lammerts	't Tolhekke	70-133	31.14	1:05.91	1:40.91	2:15.80	2:50.69	3:25.61	4:00.44
			4:34.84	5:09.59	5:44.62	6:19.29	6:53.69	7:28.46	8:03.11
			8:37.03	9:10.38					
4 Gea Veldhuizen	S.G.G. (Startgem)	71-646	32.49	1:07.04	1:41.91	2:17.07	2:52.27	3:27.61	4:02.88
			4:38.24	5:12.95	5:47.55	6:22.25	6:56.94	7:31.59	8:06.00
			8:40.12	9:13.18					



NATIONALE WINTERKAMPIOENSCHAPPEN

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NAUTILUS
BONFORCH

ZWEMMEN 1991



SPEEDO

MICROWAY
COMPUTERS & SOFTWARE

Prog. 108 50m Vrije slag FA DAMES FINALE

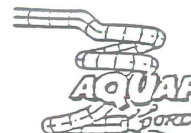
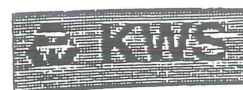
Datum : 8- 3-91

1 Inge de Bruijn	Nautilus	73-663	25.39
2 Marieke Mastebroek	Eemsrobber	71-624	25.53
3 Angela Postma	D.Z. & P.C.	71-088	25.85
4 Karin Brienesse	Orca	69-377	25.96
5 Marianne Muis	Z.P.A.	68-561	26.12
6 Diana v.d. Plaats	De Dolfijn	71-717	26.39
7 Mildred Muis	Z.P.A.	68-560	26.72
8 Kirsten Vliegheuis	De Dinkel	76-398	26.78

Prog. 108 50m Vrije slag FB DAMES FINALE

Datum : 8- 3-91

1 Janine Kranenburg	Hoorn	71-546	27.03
2 Nancy Timmermans	De Aa	75-441	27.10
3 Ilse de Jonge	Scheldestroom	75-142	27.14
4 Ellen Elzerman	B & O Torpedo	71-008	27.27
5 Renate Wijering	De Dinkel	75-401	27.31
6 Karen Guldmond	H.P.C.	75-026	27.48
7 Saskia Lammerts	't Tolhekke	70-133	27.74
8 Marieke Rump	De Reest	73-259	28.15



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DORDRECHT

ZWEMMEN 1991



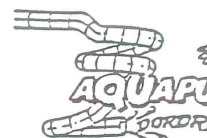
SPEEDO

MICROWAY
COMPUTERS & SOFTWARE

Prog. 109 4x200m Vrije slag estafette HEREN

Datum : 8- 3-91

1 De Dolfijn	De Dolfijn	ES-001	26.09	54.04	1:22.79	1:52.08	2:18.73	2:48.01	3:16.99
			3:45.87	4:11.38	4:39.03	5:07.58	5:35.71	6:01.51	6:29.89
			6:59.17	7:28.19					
2 De Dolfijn II	De Dolfijn	ES-002	26.46	54.83	1:23.96	1:52.78	2:18.83	2:47.32	3:17.37
			3:48.56	4:14.26	4:43.61	5:13.80	5:44.04	6:09.61	6:38.08
			7:07.52	7:37.12					
3 P.S.V.	P.S.V.	ES-001	26.59	56.01	1:25.30	1:56.16	2:23.33	2:54.71	3:27.92
			3:56.58	4:22.21	4:51.12	5:20.40	5:49.97	6:15.56	6:44.82
			7:12.09	7:40.97					
4 Nautilus	Nautilus	ES-001	27.06	56.47	1:25.97	1:55.22	2:21.64	2:50.81	3:21.42
			3:53.83	4:19.84	4:49.30	5:19.60	5:49.99	6:16.46	6:45.58
			7:14.56	7:44.13					
5 De Dolfijn III	De Dolfijn	ES-003	27.09	56.37	1:26.46	1:56.95	2:23.18	2:52.43	3:22.18
			3:52.02	4:19.49	4:50.14	5:19.82	5:50.10	6:16.83	6:46.24
			7:16.02	7:46.35					
6 A.Z.P.C.	A.Z. & P.C.	ES-001	27.41	57.43	1:27.91	1:57.60	2:23.21	2:52.50	3:23.42
			3:53.89	4:19.83	4:49.57	5:20.68	5:51.37	6:17.67	6:47.23
			7:16.89	7:46.41					
7 Zwemlust/Den Hommel	Zwemlust-den Hommel	ES-001	27.51	57.69	1:28.12	1:59.12	2:24.79	2:54.15	3:23.91
			3:53.47	4:20.28	4:51.25	5:22.98	5:53.92	6:20.21	6:49.58
			7:20.35	7:51.32					
8 De Zijl/L.G.B.	De Zijl/L.G.B.	ES-001	27.99	59.04	1:29.83	1:58.97	2:25.12	2:54.25	3:24.33
			3:54.62	4:20.42	4:50.43	5:21.97	5:54.50	6:20.82	6:50.57
			7:21.41	7:51.68					
9 H.P.C.	H.P.C.	ES-001	27.73	59.13	1:31.60	2:02.95	2:30.75	3:02.25	3:34.35
			4:06.99	4:32.57	5:01.61	5:31.38	6:01.53	6:27.59	6:57.76
			7:27.22	7:57.64					
10 D.Z.P.C.	D.Z. & P.C.	ES-001	27.35	58.88	1:30.53	2:01.68	2:28.56	2:58.98	3:30.05
			4:01.38	4:28.76	4:59.07	5:31.47	6:04.98	6:30.85	7:01.11
			7:33.05	8:05.14					
11 De Meent	De Meent	ES-001	26.55	56.06	1:26.48	1:57.82	2:25.38	2:56.72	3:29.07
			4:01.86	4:29.39	5:00.90	5:33.99	6:07.34	6:33.05	7:03.00
			7:34.62	8:06.12					
12 B & O Torpedo	B & O Torpedo	ES-001	27.22	58.62	1:30.50	2:02.80	2:29.78	3:00.53	3:33.41
			4:05.88	4:33.55	5:04.65	5:37.35	6:10.88	6:37.47	7:07.15
			7:37.73	8:07.87					
13 A.Z.P.C. II	A.Z. & P.C.	ES-002	29.26	1:03.15	1:37.80	2:11.28	2:39.01	3:10.74	3:44.47
			4:18.27	4:46.98	5:19.77	5:52.94	6:26.43	6:52.77	7:23.58
			7:55.58	8:26.95					



NATIONALE WINTERKAMPIOENSCHAPPEN

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SPEEDO

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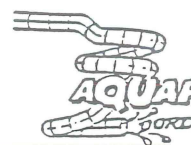
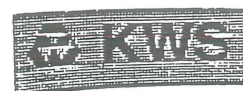
IL. ZWEMMEN
NAUTILUS
DORCHT

Mo 16

Prog. 110 4x100m Vrije slag estafette DAMES

Datum : 8- 3-91

1 De Dinkel I	De Dinkel	ES-001	28.35	58.56	1:26.80	1:56.50	2:24.87	2:55.72	3:24.15
			3:55.25						
2 De Dinkel II	De Dinkel	ES-002	29.01	1:00.55	1:29.12	2:00.96	2:30.08	3:01.86	3:31.48
			4:05.40						
3 P.S.V.	P.S.V.	ES-001	29.62	1:02.48	1:32.70	2:05.14	2:34.17	3:05.62	3:34.28
			4:06.04						
4 T.Z.C.-Vahalis	T.Z.C.-Vahalis	ES-001	28.98	1:01.28	1:31.00	2:03.72	2:34.05	3:06.94	3: 09
			4:07.65						
5 Stadskanaal	Stadskanaal	ES-001	28.82	1:00.19	1:29.82	2:03.08	2:33.71	3:07.20	3:36.17
			4:07.97						
6 De Dolfijn	De Dolfijn	ES-001	29.23	1:00.93	1:30.19	2:03.36	2:33.42	3:07.42	3:36.44
			4:08.08						
7 De Gouwe	De Gouwe	ES-001	28.98	1:01.14	1:32.44	2:07.58	2:37.63	3:09.87	3:38.24
			4:09.03						
8 De Steur	De Steur	ES-001	28.93	1:00.32	1:31.13	2:06.09	2:34.81	3:07.95	3:37.29
			4:09.53						
9 L.Z. 1886	L.Z.1886	ES-001	29.67	1:01.65	1:31.40	2:03.59	2:33.59	3:06.72	3:36.73
			4:10.84						
10 W.V.Z.	W.V.Z.	ES-001	29.95	1:03.25	1:34.74	2:09.01	2:39.65	3:13.58	3:43.13
			4:14.84						
11 D.Z.P.C.	D.Z.& P.C.	ES-001	30.71	1:05.00	1:34.93	2:09.46	2:39.51	3:13.02	3:42.85
			4:16.14						
12 Scheldestroom	Scheldestroom	ES-001	29.02	1:00.50	1:30.85	2:04.89	2:37.43	3:13.07	3:43.14
			4:16.18						
13 Z.O.N./Sport en Spel	Z.O.N./S&S	ES-001	31.56	1:06.36	1:36.91	2:11.97	2:41.74	3:14.39	3:43.70
			4:16.41						
14 A.Z.P.C.	A.Z.& P.C.	ES-001	30.37	1:03.47	1:34.59	2:08.67	2:39.40	3:14.44	3:43.88
			4:16.46						
15 De Dinkel III	De Dinkel	ES-003	30.75	1:04.61	1:35.00	2:08.92	2:39.34	3:15.85	3:48.41
			4:24.02						



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Prog. 111 100m Vlinderslag M.'78

Datum : 9- 3-91

1 Wendy Timmermans	W.V.Z.	78-014	32.74	1:08.70
2 Sabrina Fortes	De Kempvis	78-529	32.17	1:09.32
3 Mariska van Harn	D.W.K.	78-566	33.35	1:12.26
4 Rianne Bongers	De Bevers	78-426	34.03	1:12.77
5 Sindy Lubbers	De IJsselmeewen	78-572	33.83	1:12.85
6 Suzanne Rijkuit	De Kempvis	78-514	33.69	1:12.99
7 Iris Veenendaal	Z.C.E.	78-624	33.64	1:13.19
8 Petra van Heusden	B & O Torpedo	78-054	34.01	1:13.36
8 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	34.56	1:13.36
10 Wendy Stubbe	Damixa/Het Ravijn	78-684	33.97	1:13.96
11 Saskia Steenbruggen	Damixa/Het Ravijn	78-620	34.69	1:14.37
12 Yvonne Meuken	Bubble	78-503	34.39	1:14.61
13 Lonneke Bloemendaal	E.Z.V.	78-157	34.89	1:15.38
14 Tamara v.d. Wal	Het IJ	78-030	34.07	1:15.53

Prog. 112 100m Vlinderslag M.'77

Datum : 9- 3-91

1 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	31.50	1:06.68
2 Martinique Koridon	De Steur	77-410	31.40	1:07.26
3 Madelon Baans	De Kempvis	77-624	31.70	1:07.66
4 Ryan Verplanke	Scheldestroom	77-152	31.31	1:07.75
5 Linda de Boer	D.A.W./Sportline	77-434	32.03	1:10.29
6 Saskia Stoteler	Groenlo	77-245	32.78	1:10.32
7 Margot Hoogeveen	D.Z. & P.C.	77-673	32.63	1:10.35
8 Marieke Ruysink	A.Z. & P.C.	77-141	32.62	1:11.25
9 Daniella Heyenrath	R.Z.	77-333	33.02	1:11.50
10 Gerlant Kooistra	D.Z. & P.C.	77-686	33.61	1:12.59

Prog. 113 100m Vlinderslag M.'76

Datum : 9- 3-91

1 Kitty Mensink	De Dinkel	76-293	30.91	1:05.79
2 Sigrid Pels	De Steur	76-450	31.55	1:06.68
3 Monique Hamstra	Stadskanaal	76-365	31.64	1:08.19
4 Mary Peeters	P.S.V.	76-116	32.15	1:08.70
5 Jitske Zengerink	C.Z.M.Uden(Startgem)	76-028	32.46	1:09.46
6 Mariska Leegte	Stadskanaal	76-327	33.02	1:10.47
7 Bianca Hocks	L.Z.1886	76-439	33.53	1:10.56



NATIONALE WINTERKAMPIOENSCHAPPEN

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SPEEDO

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Prog. 114 100m Vlinderslag M.'75

Datum : 9- 3-91

1 Nida Zuhal	Double Duty-V.Z.C.	75-403	30.95	1:05.20
2 Nancy Timmermans	De Aa	75-441	31.74	1:06.70
3 Marion van Hooft	De Gouwe	75-463	31.11	1:06.82
4 Wilma Veldhoen	D.S.Z.	75-404	32.06	1:07.37
5 Linda v.d. Bosch	W.V.Z.	75-528	32.46	1:07.90
5 Bianca Meyners	De Dinkel	75-324	31.49	1:07.90
7 Karen Guldemond	H.P.C.	75-026	31.64	1:08.39
8 Diana IJspeert	D.W.K.	75-480	32.14	1:08.42
9 Minouche Smit	Hoorn	75-365	31.93	1:08.84

Prog. 115 100m Vlinderslag M.'74/'73

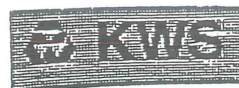
Datum : 9- 3-91

1 Inge de Bruijn	Nautilus	73-663	27.96	1:00.67
2 Anita de Hoop	Orca	74-432	30.87	1:04.95
3 Brenda Starink	De Kempvis	74-378	31.19	1:05.98
4 Marleen Vos	De Houtrib	74-558	31.67	1:07.08
5 Iris Westrik	De Dinkel	74-322	31.59	1:07.11
6 Petra Herder	D.Z. & P.C.	73-640	31.40	1:07.39

g. 116 100m Vlinderslag DAMES

Datum : 9- 3-91

1 Karin Brienesse	Orca	69-377	28.71	1:01.34
2 Ingrid Baars	De Dolfijn	69-080	29.47	1:02.71
3 Marianne Muis	Z.P.A.	68-561	29.69	1:04.06
4 Nina Hulleman	D.Z. & P.C.	71-521	29.71	1:04.12
5 Christien Pieterse	De Vrije Slag	67-374	30.20	1:04.31
6 Gea Veldhuizen	S.G.G. (Startgem)	71-646	30.47	1:04.53
7 Ingrid Koeman	De Dolfijn	71-067	30.83	1:05.13
8 Angelique Jacobs	P.S.V.	72-039	30.95	1:05.61
9 Desiree de Bruijn	W.V.Z.	71-435	30.98	1:05.87
9 Renate Wigger	De Dinkel	70-176	30.71	1:05.87



NATIONALE WINTERKAMPIOENSCHAPPEN

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NAUTILUS
DOPPELDOOR

Prog. 117 200m Schoolslag J.'78

Datum : 9- 3-91

1 Mark Timmermans	Stadskanaal	78-411	36.07	1:17.28	1:59.83	2:42.30
2 Sebastiaan Kuiper	D.W.K.	78-601	38.05	1:21.99	2:06.21	2:48.88
3 Rutger de Vries	Merlet	78-365	37.82	1:21.26	2:06.98	2:50.15
4 Joost Hoetjes	D.A.W./Sportline	78-518	38.83	1:22.39	2:06.99	2:50.47
5 Thierry Vriens	B & O Torpedo	78-067	38.08	1:21.99	2:06.74	2:50.53
6 Erik Oly	De Kempvis	78-533	38.16	1:21.98	2:06.67	2:51.19
7 Bob de Bruijn	De Gouwe	78-780	38.42	1:22.08	2:07.38	2:53.65
8 Reymond Petten	A.Z. & P.C.	78-628	39.72	1:24.38	2:10.42	2:56.23
9 Ivo Bijker	L.Z.1886	78-575	39.37	1:24.15	2:10.60	2:57.34
10 Roy Wessels	Damixa/Het Ravijn	78-629	38.69	1:24.00	2:11.25	2:58.43
11 Jan Stinissen	P.S.V.	78-021	39.71	1:25.67	2:15.11	3:03.82
SN 12 Jeroen Dijk	Bubble	78-480	37.34	1:19.95	2:03.55	2:46.61

Prog. 118 200m Schoolslag J.'77

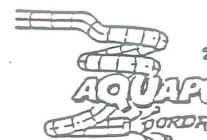
Datum : 9- 3-91

1 Ronald van Charante	De Dolfijn	77-147	34.84	1:14.70	1:54.78	2:35.19
2 Pascal Lafort	Numansdorp	77-310	35.37	1:15.11	1:55.79	2:36.31
3 Paul Mullaart	C.Z.M.Uden(Startgem)	77-584	35.58	1:15.36	1:56.51	2:37.84
4 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	34.40	1:15.02	1:56.98	2:38.60
5 Ralf Nijenhuis	De Kempvis	77-550	36.57	1:17.75	1:58.41	2:38.98
6 Erwin de Grijs	Hoorn	77-443	35.83	1:17.59	1:58.57	2:40.00
7 Robert-Jan Derksen	Zwemlust-den Hommel	77-567	37.39	1:19.12	2:00.77	2:43.19
8 Albert Broekman	Stadskanaal	77-409	37.23	1:18.89	2:01.94	2:45.64
9 Richard van Duyvenbode	L.Z.1886	77-567	37.81	1:20.06	2:03.34	2:46.18
10 Emiel Kamman	De Granaet	77-385	37.25	1:20.15	2:04.09	2:48.53
11 Arjan Vries	Oceanus	77-591	37.73	1:22.01	2:06.56	2:50.30
12 Thijs Ettema	C.Z.M.Uden(Startgem)	77-007	37.87	1:20.33	2:05.36	2:50.50
13 Erwin v.d. Born	De Rijn	77-578	37.87	1:20.86	2:05.59	2:51.20
14 Ard Noeverman	Stadskanaal	77-358	38.56	1:22.81	2:07.55	2:53.01
SG 15 Jan Douwe v.d. Veen	Wetterwille	77-282	35.79	1:16.47	1:58.37	2:40.61

Prog. 119 200m Schoolslag J.'76

Datum : 9- 3-91

1 Chong-Woo Chiang	De Reest	76-311	34.08	1:13.26	1:52.62	2:32.44
2 Frank Kleyer	D.W.K.	76-530	34.41	1:13.97	1:53.75	2:33.25
3 Edwink Blom	Nautilus	76-581	34.61	1:14.60	1:54.57	2:33.91
4 Jeroen Goes	A.Z. & P.C.	76-041	34.17	1:14.60	1:55.58	2:35.80
5 Frans Merks	Tiamat	76-233	36.57	1:17.06	1:58.03	2:38.53
6 Niels Hoogsteder	Hoorn	76-475	34.77	1:14.67	1:56.81	2:39.13
7 Rowin Timmermans	W.V.Z.	76-013	36.97	1:17.64	1:58.69	2:39.57
8 Roelof Hofman	Steenwijk 1934	76-291	35.40	1:16.28	1:58.50	2:39.99



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og. 120 200m Schoolslag J.'75

Datum : 9- 3-91

	1 Jeroen v.d. Loosdrecht	De Kempvis	75-451	33.02	1:10.96	1:49.76	2:26.79
	2 Etienne Grootenboer	De Devel	75-413	33.48	1:12.11	1:51.24	2:29.00
	3 Dennis Schouten	De Zijl/L.G.B.	75-129	33.90	1:13.10	1:51.35	2:30.29
	4 Jos Middelberg	De Dolfijn	75-078	33.50	1:11.10	1:50.51	2:30.61
	5 Lesley Voorn	De Otters	75-583	33.86	1:12.03	1:51.93	2:30.91
	6 Olof van Gelder	P.S.V.	75-008	35.15	1:14.92	1:54.82	2:35.09
	7 Michiel Jansen	De Gelenberg	75-310	34.63	1:14.78	1:55.50	2:37.50
	8 Willy Hansen	De Dinkel	75-400	35.13	1:14.91	1:56.16	2:37.63
SC	9 Jasper Bisselink	H.P.C.	75-644	33.75	1:12.21	1:52.19	2:33.18
CC	10 Richard Bosman	B.Z.&P.C.	75-662	34.26	1:13.13	1:53.62	2:37.30
CC	11 Rob Onderwijzer	W.Z.& P.C.	75-384	35.35	1:16.00	1:59.05	2:41.27
SK	12 Jan Willem van Dijk	A.Z.& P.C.	75-139	35.28	1:15.68	1:56.32	2:37.05

og. 121 200m Schoolslag J.'74/'73

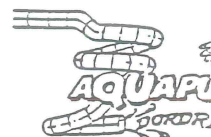
Datum : 9- 3-91

	1 Marko van Brummelen	De Zijl/L.G.B.	73-063	32.03	1:08.94	1:45.96	2:21.95
	2 Tim Hoeymans	P.S.V.	74-426	32.86	1:09.29	1:46.06	2:23.46
	3 Corne Baars	Nautilus	73-496	31.41	1:07.97	1:45.80	2:24.15
	4 Jurgen Langer	Hellas	73-446	32.80	1:10.64	1:47.59	2:25.03
	5 Wilko Rutgers	Steenwijk 1934	73-259	31.78	1:08.74	1:47.05	2:25.87
	6 Benno Kuipers	De Vrije Slag	74-383	32.14	1:10.06	1:48.53	2:26.18
	7 Danny Senden	M.Z.& P.C.	74-669	32.55	1:11.08	1:49.26	2:27.55
	8 Melvin Bakker	De Houtrib	74-296	32.46	1:10.05	1:50.10	2:29.14
	9 Robert Langeler	V.Z.& P.C.	74-258	33.44	1:10.92	1:50.37	2:29.80
	10 Marcel Schuringa	D.Z.& P.C.	74-388	33.60	1:11.71	1:50.87	2:31.13
	11 Bram van Haandel	P.S.V.	73-087	32.86	1:11.25	1:51.08	2:32.34
SK	12 Lars van Leeuwen	Raket	73-242	31.79	1:07.75	1:45.02	2:23.82

c 122 200m Schoolslag HEREN

Datum : 9- 3-91

	1 Ron Dekker	De IJsel	66-044	30.64	1:04.83	1:38.55	2:13.05
	2 Michael van Rijn	Rapido'82	70-462	32.29	1:08.57	1:44.55	2:19.78
	3 Antoine van Weerde	L.Z.1886	68-286	32.27	1:08.61	1:44.54	2:19.89
	4 Patrick Braam	De Zijl/L.G.B.	68-152	31.20	1:06.60	1:43.55	2:20.28
	5 Stan Steegeling	De Dolfijn	71-016	32.09	1:08.56	1:44.87	2:20.77
	6 Martijn vd Maagdenberg	Raket	71-428	31.58	1:06.73	1:43.02	2:20.88
	7 Geert Donkers	De Zijl/L.G.B.	72-145	32.53	1:08.46	1:45.46	2:22.43
	8 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	32.42	1:08.87	1:46.31	2:23.90
	9 Ronald van Ombergen	Luctor et Emergo	72-373	32.42	1:08.68	1:47.01	2:26.56
	10 Armand Laven	Poseidon'56	70-531	33.98	1:11.43	1:49.18	2:27.67
	11 Pascal Mooyman	De Kempvis	71-540	33.02	1:09.87	1:48.15	2:27.96
	12 Guus Razoux Schultz	De Dolfijn	65-772	33.96	1:10.92	1:49.42	2:28.81
SM	13 Marcel Spoelstra	Orca	71-250	33.76	1:11.38	1:49.63	2:27.75



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NAUTILUS
BONNENHOF

ZWEMMEN 1991



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COMPUTERS & SOFTWARE

Prog. 123 100m Schoolslag M.'78

Datum : 9- 3-91

1 Hester Broekhuizen	A.Z. & P.C.	78-631	37.46	1:19.47
2 Natasja Spierts	Z.O.N./S&S	78-084	38.20	1:20.65
3 Yvanca Clarisse	W.Z. & P.C.	78-467	37.80	1:21.19
4 Miranda Bosma	Mosa-Regio	78-470	38.80	1:21.45
5 Mariska van Harn	D.W.K.	78-566	39.52	1:21.84
6 Maria Davidovic	Het IJ	78-689	39.19	1:22.57
7 Eline Bruin	D.A.W./Sportline	78-423	39.14	1:22.95
8 Jackelien Klaverdijk	Nautilus	78-505	39.35	1:23.13
9 Ilona Birsac	H.Z. & P.C.Horst	78-505	39.21	1:23.20
10 Magalien de Vries	Bubble	78-520	39.56	1:23.43
11 Marja Terlage	Kon.A.Z.1870	78-500	39.64	1:24.79
12 Petra Groeneveld	De Dinkel	78-363	41.12	1:25.59

Prog. 124 100m Schoolslag M.'77

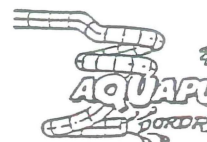
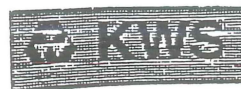
Datum : 9- 3-91

1 Martine Janssen	De Vrije Slag	77-391	35.08	1:13.36
2 Fleur Bakker	L.Z.1886	77-473	36.40	1:16.25
3 Madelon Baans	De Kempvis	77-624	35.70	1:16.46
4 Marloes Neijman	B.Z.V.	77-545	37.64	1:18.12
5 Ryan Verplanke	Scheldeestroom	77-152	36.81	1:18.76
6 Barbara van Lieshout	Nautilus	77-650	37.32	1:19.11
7 Wilma van 't Hullenaar	G.Z.C.	77-699	37.77	1:20.78
8 Jacandra v.d. Poppe	De Woelwaters	77-338	38.11	1:21.09
9 Irma Kolk	Oceanus	77-428	38.06	1:21.15
10 Sharon Stayen	De Gouwe	77-048	37.81	1:21.29
11 Renate Haack	Rapido'82	77-363	38.08	1:21.49
12 Margot Hoogeveen	D.Z. & P.C.	77-673	39.20	1:22.80
13 Sally Dinjens	M.Z. & P.C.	77-677	39.28	1:22.92
14 Saskia Stoteler	Groenlo	77-245	40.05	1:23.64
15 Joyce Aleven	Rapido'82	77-318	40.10	1:25.61

Prog. 125 100m Schoolslag M.'76

Datum : 9- 3-91

1 Mary Peeters	P.S.V.	76-116	34.53	1:13.24
2 Wendy Groeneveld	De Dinkel	76-339	35.27	1:14.47
3 Mariska Leegte	Stadskanaal	76-327	35.65	1:15.37
4 Francis de Kort	A.Z. & P.C.	76-063	35.66	1:15.59
5 Christina Negerman	Orca	76-501	35.94	1:16.30
6 Monique Hamstra	Stadskanaal	76-365	36.32	1:16.86
7 Olga Bouwmeester	L.Z.1886	76-495	35.60	1:17.23
8 Lilian Visscher	De Steur	76-479	36.63	1:17.57
9 Anette van Dijk	De Steur	76-394	37.39	1:18.91
10 Yvonne van Beek	De Vrije Slag	76-389	36.63	1:19.41
11 Andrea Hoenselaar	De Zijl/L.G.B.	76-151	37.95	1:20.04



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Prog. 126 100m Schoolslag M.'75

Datum : 9- 3-91

1 Jacqueline Nieland	Stadskanaal	75-415	35.23	1:14.78
2 Karin Koelma	De Dinkel	75-399	35.49	1:15.14
3 Hilde Swiers	Bubble	75-427	35.92	1:16.80
4 Monique Juist	De Dolfijn	75-577	37.16	1:16.98
5 Sandra van 't Hof	De Dolfijn	75-273	35.99	1:17.12
6 Marischka Koek	De Biesboschzwemmers	75-207	36.12	1:17.25

Prog. 127 100m Schoolslag M.'74/'73

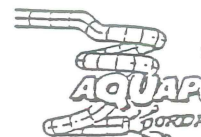
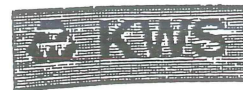
Datum : 9- 3-91

1 Sylvia Gase	De Dolfijn	73-311	34.77	1:12.94
2 Birgit Heijl	Merlet	73-205	34.47	1:13.33
3 Kristel Tellegen	P.S.V.	74-016	34.92	1:13.52
4 Radna Mulder	De Zijl/L.G.B.	73-146	35.31	1:14.49
5 Marieke Rump	De Reest	73-259	34.87	1:14.95
6 Renate Duim	De Dolfijn	74-569	34.81	1:15.83
7 Constantia Martens	De Stormvogel	73-351	34.58	1:15.87
8 Hanneke Koopmans	De Zijl/L.G.B.	74-058	35.66	1:15.96
9 Nancy Kijk i/d Vegte	De Zijl/L.G.B.	74-150	35.86	1:16.01
10 Suzette de Kler	De Dolfijn	73-163	35.94	1:16.56
11 Marjo Kuijt	D.W.K.	74-524	36.47	1:17.04

Prog. 128 100m Schoolslag DAMES

Datum : 9- 91

1 Linda Moes	S.G.G. (Startgem)	71-633	33.02	1:10.06
2 Mildred Muis	Z.P.A.	68-560	33.74	1:11.73
3 Marianne Muis	Z.P.A.	68-561	34.13	1:12.65
4 Ynske Smit	Orca	71-382	34.69	1:13.33
5 Petra Hillenius	De Zijl/L.G.B.	68-164	35.32	1:13.39
6 Saskia Lammerts	't Tolhékke	70-133	35.10	1:15.08
7 Ingrid Koeman	De Dolfijn	71-067	35.23	1:15.20
8 Trudy Klaassen	P.S.V.	70-464	35.83	1:16.48
9 Nina Hulleman	D.Z. & P.C.	71-521	35.93	1:16.73
10 Karin Moed	T.Z.C.-Vahalis	71-190	36.43	1:16.95
11 Wilma Kramer	S.G.G. (Startgem)	72-654	35.99	1:17.10



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Prog. 129 400m Vrije slag J.'78

Datum : 9- 3-91

1 Pieter v.d. Hoogenband	P.S.V.	78-414	30.35	1:04.53	1:38.69	2:13.10	2:46.40	3:20.29	3:53.92
			4:26.58						
2 Johan van Beek	T.Z.C.-Vahalis	78-291	31.74	1:06.68	1:41.30	2:16.42	2:51.99	3:27.96	4:02.97
			4:38.36						
3 Bob de Hoon	T.Z.C.-Vahalis	78-313	31.71	1:06.54	1:41.86	2:17.84	2:53.55	3:29.35	4:05.30
			4:41.23						
4 Johan van Zetten	T.Z.C.-Vahalis	78-321	32.10	1:07.32	1:43.28	2:19.60	2:55.92	3:32.63	4:08.42
			4:43.56						
5 Freddy Geurtsen	De Dolfijn	78-145	31.97	1:07.54	1:43.37	2:19.67	2:56.26	3:32.60	4:09.46
			4:44.89						
6 Rudmer Heerema	D.A.W./Sportline	78-450	31.94	1:07.51	1:43.52	2:20.59	2:58.09	3:35.31	4:12.67
			4:48.20						
7 Marcel Willems	Merlet	78-367	32.56	1:07.71	1:44.32	2:21.18	2:58.74	3:36.63	4:13.58
			4:48.81						
8 Thierry Vriens	B & O Torpedo	78-067	32.32	1:08.83	1:46.69	2:25.31	3:02.71	3:41.71	4:19.46
			4:56.18						

Prog. 130 400m Vrije slag J.'77

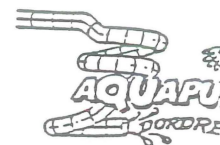
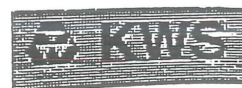
Datum : 9- 3-91

1 Hans Hulsen	P.S.V.	77-074	29.79	1:02.66	1:36.88	2:11.44	2:45.81	3:20.66	3:54.79
			4:28.62						
2 Pascal Lafort	Numansdorp	77-310	29.64	1:02.48	1:36.91	2:12.10	2:46.85	3:22.00	3:57.51
			4:32.69						

Prog. 131 400m Vrije slag J.'76

Datum : 9- 3-91

1 Christian Fischer	H.P.C.	76-732	27.45	58.20	1:30.32	2:03.96	2:37.45	3:11.05	3:43.73
			4:12.68						
2 Ronald Fijn	De Steur	76-449	27.87	58.53	1:30.57	2:03.98	2:37.27	3:10.86	3:43.36
			4:14.07						
3 Roy Meyboom	Z.O.N./S&S	76-124	28.39	59.59	1:31.42	2:04.20	2:37.70	3:11.72	3:45.25
			4:17.72						
4 Jeroen Mulder	A.Z. & P.C.	76-827	28.23	1:00.05	1:32.81	2:06.12	2:39.64	3:13.99	3:47.92
			4:20.91						
5 Jasper Middelberg	De Dolfijn	76-077	29.02	1:01.32	1:35.07	2:09.09	2:43.90	3:18.88	3:53.72
			4:28.05						
6 Niels Hoogsteder	Hoorn	76-475	29.53	1:02.18	1:36.91	2:12.31	2:48.13	3:23.94	4:00.10
			4:34.94						



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Prog. 132 400m Vrije slag J.'75

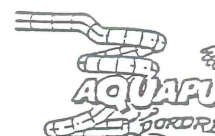
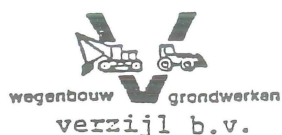
Datum : 9- 3-91

1 Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.01	56.56	1:27.50	1:59.14	2:30.47	3:01.72	3:33.19
			4:02.50						
2 Stefan Aartsen	V.Z.C.	75-025	27.18	57.34	1:28.77	2:00.72	2:33.36	3:06.20	3:38.88
			4:10.08						
3 Frank Laffebier	Nautilus	75-613	27.62	57.93	1:29.23	2:01.03	2:33.19	3:05.80	3:38.54
			4:10.15						
4 Willy Hansen	De Dinkel	75-400	28.64	59.74	1:32.13	2:04.82	2:37.65	3:09.89	3:41.03
			4:11.48						
5 Etan Ronen	P.S.V.	75-049	27.91	58.06	1:29.50	2:02.15	2:35.72	3:09.29	3:41.77
			4:13.56						
6 Ronnie Uitzetter	Z.P.A.	75-399	28.19	59.57	1:31.71	2:03.80	2:36.48	3:09.39	3:42.35
			4:14.05						
7 Rob Nijweide	Groenlo	75-302	28.51	1:00.02	1:32.47	2:05.25	2:38.15	3:11.38	3:44.39
			4:15.94						
8 Richard Middelbos	Stadskanaal	75-417	29.25	1:01.09	1:33.60	2:06.24	2:38.85	3:12.14	3:44.87
			4:16.79						
9 Mark Dijkstra	B & O Torpedo	75-056	28.57	1:00.16	1:32.25	2:05.15	2:38.52	3:12.34	3:44.98
			4:17.65						
10 Nils Vonhoff	D.A.W./Sportline	75-454	29.70	1:02.83	1:36.84	2:10.94	2:45.25	3:19.67	3:53.29
			4:25.72						
11 Eddy Brinkmeijer	D.A.W./Sportline	75-429	29.70	1:02.72	1:36.33	2:10.22	2:44.23	3:18.55	3:52.61
			4:26.34						

Prog. 133 400m Vrije slag J.'74/'73

Datum : 9- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	26.90	55.92	1:25.40	1:54.63	2:24.45	2:54.77	3:24.33
			3:52.79						
2 Tim Hoeymans	P.S.V.	74-426	27.00	56.84	1:27.24	1:58.28	2:29.44	3:01.56	3:32.72
			4:03.11						
3 Mark v.d. Zijden	De Gouwe	73-699	27.79	58.46	1:29.64	2:00.96	2:32.17	3:03.48	3:34.36
			4:04.03						
4 Bram van Haandel	P.S.V.	73-087	28.93	1:00.95	1:32.58	2:05.36	2:36.19	3:07.55	3:39.24
			4:10.10						
5 Patrick Jordan	De Meent	73-182	28.41	1:00.85	1:32.86	2:05.67	2:37.29	3:09.22	3:40.46
			4:10.92						
6 Marco Mulder	A.Z. & P.C.	74-826	28.20	59.31	1:31.31	2:03.54	2:35.67	3:08.52	3:41.10
			4:11.98						



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Prog. 134 400m Vrije slag HEREN

Datum : 9- 3-91

1 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	27.69	57.96	1:27.39	1:57.33	2:27.56	2:57.91	3:28.31
			3:58.44						
2 Jan Sonneveld	De Dolfijn	72-015	27.25	57.31	1:27.17	1:57.33	2:27.87	2:58.57	3:28.94
			3:58.71						
3 Stan Steegeling	De Dolfijn	71-016	27.63	57.70	1:28.19	1:59.03	2:29.64	3:00.57	3:31.46
			4:00.99						
4 Richard Blank	De Dolfijn	72-551	28.39	58.97	1:29.84	2:00.93	2:30.89	3:01.27	3:31.84
			4:02.05						
5 Almar v.d. Meer	B & O Torpedo	72-015	28.33	59.16	1:29.84	2:00.80	2:31.46	3:01.96	3: 50
			4:02.94						
6 Raimond Vahrmeijer	De Dolfijn	69-148	27.71	58.00	1:28.61	1:59.95	2:30.35	3:01.30	3:32.51
			4:03.10						
7 Jan Willem v.d. Hoek	De Gouwe	72-671	27.42	57.55	1:28.23	1:59.16	2:30.44	3:01.72	3:33.18
			4:03.97						
8 Harrie Linders	De Dolfijn	70-091	27.97	58.11	1:29.22	2:00.47	2:31.79	3:03.71	3:34.62
			4:05.89						
9 Danny Nelson	Nautilus	71-541	28.51	59.94	1:32.07	2:04.37	2:36.34	3:08.92	3:42.10
			4:14.03						

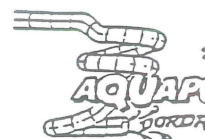
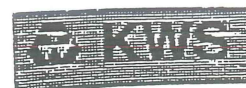
Prog. 135 200m Vrije slag M.'78

Datum : 9- 3-91

1 Mariska van Harn	D.W.K.	78-566	30.75	1:05.69	1:40.87	2:14.72
2 Petra Groeneveld	De Dinkel	78-363	31.99	1:07.19	1:42.46	2:16.92
3 Wendy Timmermans	W.V.Z.	78-014	31.79	1:06.84	1:43.07	2:17.25
4 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	32.24	1:07.84	1:42.86	2:17.29
5 Sabrina Fortes	De Kempvis	78-529	32.33	1:08.45	1:45.69	2:21.37
6 Marja Terlage	Kon.A.Z.1870	78-500	32.37	1:09.33	1:46.60	2:21.77
7 Bianca Smids	De Dolfijn	78-146	32.12	1:09.03	1:47.39	2:23.90



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Prog. 136 200m Vrije slag M.'77

Datum : 9- 3-91

1 Karen Wammes	T.Z.C.-Vahalis	77-296	29.95	1:02.84	1:36.03	2:07.52
2 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	29.81	1:02.63	1:36.06	2:08.32
3 Fleur Bakker	L.Z.1886	77-473	30.87	1:04.45	1:38.82	2:10.90
4 Madelon Baans	De Kempvis	77-624	30.46	1:04.39	1:39.07	2:11.46
5 Annemieke Mos	B & O Torpedo	77-043	30.05	1:03.69	1:38.32	2:11.86
6 Martinique Koridon	De Steur	77-410	30.01	1:03.18	1:37.83	2:11.94
7 Saskia Stoteler	Groenlo	77-245	30.18	1:03.91	1:38.57	2:12.27
8 Johanna de Kooter	De Biesboschzwemmers	77-211	31.17	1:04.96	1:39.73	2:14.27
9 Marieke Ruysink	A.Z. & P.C.	77-141	30.44	1:04.58	1:39.94	2:14.34
9 Priscilla Laurens	Z.P.A.	77-498	30.57	1:04.75	1:40.11	2:14.34
11 Andrea Nooij	De Dolfijn	77-179	30.84	1:04.86	1:39.53	2:14.80
12 Marije Muthert	De Dolfijn	77-160	30.63	1:04.87	1:40.55	2:14.93
13 Dorien Baas	Eemsrobben	77-602	30.59	1:04.23	1:39.61	2:15.05
14 Barbara van Lieshout	Nautilus	77-650	31.64	1:07.06	1:43.18	2:17.55
15 Linda van Hout	A.Z. & P.C.	77-625	31.41	1:06.19	1:42.91	2:19.52

Prog. 137 200m Vrije slag M.'76

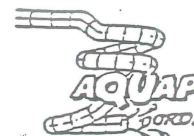
Datum : 9- 3-91

1 Kirsten Vliegghuis	De Dinkel	76-398	28.94	1:01.09	1:32.93	2:03.70
2 Kitty Mensink	De Dinkel	76-293	29.79	1:02.46	1:35.90	2:08.96
3 Wendy Groeneveld	De Dinkel	76-339	30.21	1:03.50	1:37.38	2:10.22
4 Bianca Lutters	P.S.V.	76-037	30.35	1:04.16	1:38.23	2:11.69
5 Marielle Piels	T.Z.C.-Vahalis	76-311	30.19	1:03.71	1:38.27	2:12.57
6 Bianca Hocks	L.Z.1886	76-439	30.43	1:04.44	1:39.27	2:12.58
7 Danielle Klaverdijk	Nautilus	76-430	30.46	1:04.10	1:38.67	2:13.53
8 Marjolein Bosma	T.Z.C.-Vahalis	76-358	30.36	1:03.97	1:39.14	2:13.54
9 Regina van Bruggen	W.V.Z.	76-609	31.06	1:05.15	1:39.83	2:13.83
10 Sigrid Pels	De Steur	76-450	30.82	1:04.44	1:39.40	2:13.86
11 Monique Hamstra	Stadskanaal	76-365	30.71	1:04.91	1:40.43	2:15.19

Prog. 138 200m Vrije slag M.'75

Datum : 9- 3-91

1 Nancy Timmermans	De Dinkel	75-441	29.46	1:01.83	1:34.24	2:04.60
2 Karen Guldmond	H.P.C.	75-026	28.64	1:00.12	1:32.58	2:04.83
3 Renate Wijering	De Dinkel	75-401	29.31	1:01.48	1:33.98	2:04.87
4 Anouk Visscher	De Dinkel	75-397	29.14	1:01.49	1:34.59	2:07.31
5 Linda v.d. Bosch	W.V.Z.	75-528	30.25	1:03.54	1:36.91	2:09.69
6 Angelique Melman	De Zwoer	75-228	29.94	1:03.94	1:38.11	2:10.33
7 Bianca Meyners	De Dinkel	75-324	30.26	1:03.71	1:37.58	2:10.42
8 Minouche Smit	Hoorn	75-365	30.51	1:03.41	1:37.46	2:10.73
9 Nida Zuhail	Double Duty-V.Z.C.	75-403	30.36	1:03.79	1:38.08	2:12.13
10 Karin Koelma	De Dinkel	75-399	30.19	1:03.88	1:38.61	2:12.52
11 Sandra van 't Hof	De Dolfijn	75-273	30.73	1:04.74	1:39.30	2:12.74
12 Wilma Veldhoen	D.S.Z.	75-404	31.18	1:05.46	1:40.11	2:13.07
13 Jacqueline Nieland	Stadskanaal	75-415	30.76	1:05.43	1:41.11	2:15.36



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Prog. 139 200m Vrije slag M.'74/'73

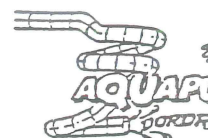
Datum : 9- 3-91

1 Kristel Tellegen	P.S.V.	74-016	29.23	1:00.61	1:32.80	2:04.86
2 Anita de Hoop	Orca	74-432	29.34	1:01.28	1:33.73	2:05.20
3 Brenda Starink	De Kempvis	74-378	29.67	1:01.60	1:33.90	2:06.14
4 Iris Westrik	De Dinkel	74-322	29.58	1:02.90	1:37.29	2:11.38
5 Wendy Leemker	Orca	74-431	30.25	1:03.72	1:38.12	2:12.16

Prog. 140 200m Vrije slag DAMES

Datum : 9- 3-91

1 Yvette Vester	A.Z. & P.C.	71-125	29.67	1:01.49	1:33.36	2:04.15
2 Ingrid Koeman	De Dolfijn	71-067	29.85	1:01.86	1:33.85	2:05.02
3 Carla Geurts	De Dolfijn	71-232	29.82	1:02.06	1:34.39	2:06.03
4 Gea Veldhuizen	S.G.G. (Startgem)	71-646	30.14	1:02.45	1:35.38	2:07.63
5 Angelique Jacobs	P.S.V.	72-039	30.00	1:02.45	1:35.93	2:09.15
6 Saskia Lammerts	't Tolhekke	70-133	30.46	1:03.66	1:37.36	2:10.31



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Prog. 141 100m Vlinderslag FA DAMES FINALE

Datum : 9- 3-91

1 Inge de Bruijn	Nautilus	73-663	28.65	1:00.84
2 Karin Brienesse	Orca	69-377	28.86	1:01.17
3 Anita de Hoop	Orca	74-432	29.36	1:02.11
4 Ingrid Baars	De Dolfijn	69-080	29.26	1:02.43
5 Christien Pieterse	De Vrije Slag	67-374	29.74	1:03.17
6 Marianne Muis	Z.P.A.	68-561	29.57	1:03.22
7 Nina Hulleman	D.Z. & P.C.	71-521	29.87	1:04.30
8 Gea Veldhuizen	S.G.G. (Startgem)	71-646	30.59	1:04.33

Prog. 141 100m Vlinderslag FB DAMES FINALE

Datum : 9- 3-91

1 Ingrid Koeman	De Dolfijn	71-067	30.29	1:04.59
2 Nida Zuhail	Double Duty-V.Z.C.	75-403	31.00	1:05.39
3 Renate Wigger	De Dinkel	70-176	30.97	1:05.87
4 Desiree de Bruijn	W.V.Z.	71-435	31.14	1:06.13
5 Angelique Jacobs	P.S.V.	72-039	31.01	1:06.24
6 Kitty Mensink	De Dinkel	76-293	31.70	1:07.53
7 Sigrid Pels	De Steur	76-450	31.99	1:09.71
8 Nancy Timmermans	De Aa	75-441	33.62	1:11.76

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Prog. 142 200m Schoolslag FA HEREN FINALE

Datum : 9- 3-91

1 Ron Dekker	De IJssel	66-044	29.95	1:03.82	1:37.69	2:12.39
2 Michael van Rijn	Rapido'82	70-462	31.84	1:07.90	1:41.55	2:16.22
3 Antoine van Weerde	L.Z.1886	68-286	32.04	1:08.38	1:44.27	2:19.46
4 Stan Steegeling	De Dolfijn	71-016	31.79	1:07.16	1:44.25	2:19.55
5 Patrick Braam	De Zijl/L.G.B.	68-152	32.38	1:08.61	1:45.18	2:20.31
6 Martijn vd Maagdenberg	Raket	71-428	32.16	1:08.51	1:44.87	2:21.20
7 Geert Donkers	De Zijl/L.G.B.	72-145	32.37	1:08.48	1:45.48	2:22.54
8 Marko van Brummelen	De Zijl/L.G.B.	73-063	30.98	1:07.23	1:45.11	2:23.16

rog. 142 200m Schoolslag FB HEREN FINALE

Datum : 9- 3-91

1 Benno Kuipers	De Vrije Slag	74-383	31.92	1:08.73	1:46.80	2:24.45
2 Jurgen Langer	Hellas	73-446	33.33	1:11.37	1:48.75	2:25.33
3 Danny Senden	M.Z. & P.C.	74-669	32.47	1:09.65	1:47.90	2:26.26
4 Wilko Rutgers	Steenwijk 1934	73-259	32.89	1:10.92	1:49.15	2:27.09
5 Corne Baars	Nautilus	73-496	33.30	1:10.93	1:49.36	2:27.18
6 Tim Hoeymans	P.S.V.	74-426	33.22	1:10.99	1:49.19	2:27.48
7 Ronald van Ombergen	Luctor et Emergo	72-373	34.05	1:12.41	1:51.42	2:29.30
8 Armand Laven	Poseidon'56	70-531	33.92	1:12.00	1:50.27	2:29.39

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Prog. 143 100m Schoolslag FA DAMES FINALE

Datum : 9- 3-91

1 Linda Moes	S.G.G. (Startgem)	71-633	32.76	1:09.81
2 Mildred Muis	Z.P.A.	68-560	33.50	1:11.46
3 Marianne Muis	Z.P.A.	68-561	33.99	1:11.51
4 Martine Janssen	De Vrije Slag	77-391	34.95	1:12.86
5 Ynske Smit	Orca	71-382	34.82	1:13.00
6 Mary Peeters	P.S.V.	76-116	34.68	1:13.02
7 Sylvia Gase	De Dolfijn	73-311	34.69	1:13.12
8 Birgit Heijl	Merlet	73-205	34.85	1:14.38

Prog. 143 100m Schoolslag FB DAMES FINALE

Datum : 9- 3-91

1 Petra Hillenius	De Zijl/L.G.B.	68-164	34.70	1:12.65
2 Radna Mulder	De Zijl/L.G.B.	73-146	35.34	1:13.99
3 Kristel Tellegen	P.S.V.	74-016	35.38	1:14.90
4 Jacqueline Nieland	Stadskanaal	75-415	35.49	1:15.47
5 Wendy Groeneveld	De Dinkel	76-339	35.88	1:15.59
6 Saskia Lammerts	't Tolhekke	70-133	35.52	1:16.34
7 Karin Koelma	De Dinkel	75-399	35.78	1:17.36
8 Marieke Rump	De Reest	73-259	34.96	1:14.36

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Prog. 144 400m Vrije slag FA HEREN FINALE

Datum : 9- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	27.03	56.38	1:26.38	1:56.58	2:26.93	2:57.76	3:28.03
			3:55.85						
2 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	27.34	56.98	1:26.49	1:56.25	2:26.62	2:57.44	3:27.30
			3:56.40						
3 Jan Sonneveld	De Dolfijn	72-015	27.62	58.10	1:28.76	1:59.76	2:30.09	3:00.40	3:30.31
			3:59.29						
4 Richard Blank	De Dolfijn	72-551	27.93	58.10	1:28.24	1:58.92	2:28.87	2:59.42	3:29.71
			3:59.38						
5 Raimond Vahrmeijer	De Dolfijn	69-148	27.08	57.43	1:28.48	1:59.59	2:29.99	3:01.07	3:32.15
			4:02.46						
6 Tim Hoeymans	P.S.V.	74-426	28.28	59.50	1:29.91	2:00.61	2:31.11	3:02.38	3:32.86
			4:02.74						
7 Jan-Willem v.d. Hoek	De Gouwe	72-671	27.21	57.18	1:28.19	1:59.57	2:30.70	3:02.29	3:34.12
			4:05.69						
8 Almar v.d. Meer	B & O Torpedo	72-015	27.99	58.29	1:29.03	2:00.09	2:31.36	3:03.44	3:36.03
			4:07.77						

rog. 144 400m Vrije slag FB HEREN FINALE

Datum : 9- 3-91

1 Danny Nelson	Nautilus	71-541	27.17	57.40	1:28.07	1:59.52	2:30.68	3:02.02	3:33.52
			4:04.12						
2 Mark v.d. Zijden	De Gouwe	73-699	28.02	58.46	1:29.48	2:01.12	2:32.33	3:03.69	3:37.72
			4:04.75						
3 Harrie Linders	De Dolfijn	70-091	28.42	59.06	1:30.18	2:01.59	2:33.00	3:04.38	3:35.32
			4:04.90						
4 Patrick Jordan	De Meent	73-182	28.72	1:00.46	1:31.74	2:02.98	2:34.45	3:06.20	3:37.58
			4:09.15						
5 Willy Hansen	De Dinkel	75-400	27.74	58.39	1:29.88	2:02.09	2:34.33	3:06.87	3:39.90
			4:11.31						
6 Stefan Aartsen	V.Z.C.	75-025	27.33	58.12	1:29.89	2:02.07	2:34.54	3:07.37	3:40.84
			4:12.80						
7 Etan Ronen	P.S.V.	75-049	28.85	1:00.17	1:31.86	2:04.27	2:36.98	3:10.09	3:42.14
			4:13.72						
8 Marco Mulder	A.Z. & P.C.	74-826	27.92	59.59	1:33.00	2:07.46	2:42.20	3:16.63	3:51.18
			4:24.42						

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Prog. 145 200m Vrije slag FA DAMES FINALE

Datum : 9- 3-91

1 Kirsten Vliegheuis	De Dinkel	76-398	28.78	1:00.22	1:31.41	2:01.68
2 Yvette Vester	A.Z. & P.C.	71-125	29.55	1:00.85	1:32.97	2:03.91
3 Kristel Tellegen	P.S.V.	74-016	29.24	1:00.79	1:32.59	2:04.40
4 Renate Wijering	De Dinkel	75-401	29.37	1:01.85	1:34.18	2:05.48
5 Nancy Timmermans	De Aa	75-441	29.50	1:01.33	1:33.59	2:05.51
6 Ingrid Koeman	De Dolfijn	71-067	29.63	1:01.92	1:34.43	2:06.74
7 Karen Guldemon	H.P.C.	75-026	28.55	1:00.15	1:33.70	2:08.19
8 Anita de Hoop	Orca	74-432	30.61	1:05.15	1:40.21	2:14.67

Prog. 145 200m Vrije slag FB DAMES FINALE

Datum : 9- 3-91

1 Carla Geurts	De Dolfijn	71-232	29.67	1:01.46	1:34.21	2:06.29
2 Anouk Visscher	De Dinkel	75-397	29.97	1:02.31	1:34.84	2:06.56
3 Brenda Starink	De Kempvis	74-378	29.84	1:02.46	1:35.04	2:07.94
4 Angelique Jacobs	P.S.V.	72-039	29.98	1:02.54	1:36.01	2:09.66
5 Kitty Mensink	De Dinkel	76-293	29.81	1:03.05	1:36.68	2:09.77
6 Saskia Lammerts	't Tolhekke	70-133	30.41	1:03.31	1:36.72	2:09.94
7 Karen Wammes	T.Z.C.-Vahalis	77-296	30.33	1:03.62	1:37.28	2:10.79
8 Linda v.d. Bosch	W.V.Z.	75-528	30.74	1:04.35	1:37.94	2:11.09

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Prog. 146 4x100m Vrije slag estafette HEREN

Datum : 9- 3-91

1 De Dolfijn	De Dolfijn	ES-001	25.83 3:25.98	53.37	1:18.21	1:44.18	2:08.50	2:35.12	2:59.48
2 P.S.V.	P.S.V.	ES-001	25.53 3:27.82	52.71	1:17.94	1:46.14	2:10.58	2:37.54	3:01.34
3 Nautilus	Nautilus	ES-001	24.75 3:28.19	51.92	1:16.82	1:44.53	2:08.86	2:36.70	3:01.55
4 De Dolfijn II	De Dolfijn	ES-002	25.87 3:32.17	53.05	1:17.93	1:45.46	2:10.49	2:38.77	3:01.3
5 Zwemlust/Den Hommel	Zwemlust-den Hommel	ES-001	25.02 3:32.45	51.36	1:16.69	1:45.16	2:10.91	2:39.07	3:03.81
6 A.Z.P.C.	A.Z. & P.C.	ES-001	25.89 3:33.40	53.74	1:19.91	1:48.33	2:13.59	2:41.20	3:06.24
7 H.P.C.	H.P.C.	ES-001	25.45 3:34.04	52.31	1:18.14	1:47.03	2:12.79	2:41.32	3:05.92
8 C.Z.M. Uden	C.Z.M. Uden (Startgem)	ES-001	25.85 3:35.88	53.94	1:19.48	1:49.04	2:14.68	2:43.57	3:09.02
9 D.Z.P.C.	D.Z. & P.C.	ES-001	25.63 3:36.25	53.40	1:19.33	1:48.49	2:14.30	2:42.89	3:08.18
10 De Zijl/L.G.B. II	De Zijl/L.G.B.	ES-002	26.00 3:36.63	53.35	1:18.53	1:46.28	2:12.32	2:40.53	3:07.15
11 De Dinkel I	De Dinkel	ES-001	26.96 3:36.79	56.06	1:21.54	1:49.43	2:15.15	2:43.68	3:08.88
12 M.Z.P.C.	M.Z. & P.C.	ES-001	25.64 3:37.55	53.14	1:19.69	1:48.52	2:14.80	2:43.61	3:08.97
13 Orca	Orca	ES-001	25.83 3:37.76	53.46	1:19.59	1:49.47	2:15.49	2:45.03	3:10.12
14 L.Z. 1886	L.Z. 1886	ES-001	25.13 3:37.89	52.19	1:18.14	1:47.05	2:13.16	2:42.02	3:08.33
15 Nautilus II	Nautilus	ES-002	26.08 3:38.13	54.66	1:20.32	1:48.15	2:14.05	2:42.83	3:09.30
16 D.W.K.	D.W.K.	ES-001	24.95 3:39.52	52.46	1:19.56	1:49.81	2:15.68	2:44.74	3:10.45
17 Oceanus	Oceanus	ES-001	26.96 3:39.89	56.31	1:21.69	1:49.97	2:16.47	2:44.53	3:10.61
18 De Meent	De Meent	ES-001	26.09 3:41.04	54.04	1:20.55	1:49.82	2:16.78	2:46.20	3:11.96
19 H.Z.C.-Weusthag	H.Z.C.-Weusthag	ES-001	26.09 3:46.06	54.80	1:20.95	1:50.85	2:16.76	2:47.38	3:14.60
20 De Zijl/L.G.B.	De Zijl/L.G.B.	ES-001	25.20 3:28.83	52.98	1:17.42	1:44.94	2:09.92	2:37.24	3:01.60



NATIONALE WINTERKAMPIOENSCHAPPEN

ZWEMMEN 1991



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KORCH

Prog. 147 4x100m Wisselslag estafette DAMES

Datum : 9- 3-91

1	De Dolfijn	De Dolfijn	ES-001	31.12	1:04.63	1:38.62	2:17.08	2:46.01	3:19.14 3:45.55
				4:14.63					
2	Orca	Orca	ES-001	31.10	1:05.80	1:40.15	2:19.11	2:48.55	3:21.84 3:49.10
				4:19.41					
3	S.G.G.	S.G.G. (Startgem)	ES-001	32.41	1:07.43	1:39.58	2:17.17	2:47.54	3:21.46 3:49.71
				4:21.33					
4	Nautilus	Nautilus	ES-001	32.27	1:07.70	1:42.54	2:23.67	2:51.76	3:24.56 3:52.33
				4:23.72					
5	Z.P.A.	Z.P.A.	ES-001	32.10	1:08.50	1:41.81	2:20.05	2:50.87	3:29.11 3:55.09
				4:23.83					
6	De Zijl/L.G.B.	De Zijl/L.G.B.	ES-001	32.84	1:08.50	1:42.62	2:21.39	2:51.74	3:26.72 3:55.07
				4:25.92					
7	De Dinkel I	De Dinkel	ES-001	31.74	1:06.11	1:41.73	2:22.32	2:52.26	3:27.63 3:56.04
				4:26.22					
8	De Dolfijn II	De Dolfijn	ES-002	31.84	1:07.57	1:42.12	2:22.73	2:53.26	3:28.53 3:56.70
				4:27.52					
9	P.S.V.	P.S.V.	ES-001	32.86	1:09.89	1:44.12	2:23.13	2:53.68	3:28.72 3:57.07
				4:27.75					
10	D.Z.P.C.	D.Z. & P.C.	ES-001	32.29	1:08.55	1:45.36	2:28.50	2:58.25	3:34.09 4:01.35
				4:32.09					
11	Hoorn	Hoorn	ES-001	31.92	1:07.72	1:43.16	2:24.58	2:56.79	3:34.05 4:02.79
				4:35.70					
12	D.A.W./Sportline	D.A.W./Sportline	ES-001	32.84	1:08.80	1:45.55	2:28.43	3:01.68	3:41.59 4:10.65
				4:42.88					
13	H.P.C.	H.P.C.	ES-001	32.30	1:07.17	1:43.39	2:24.94	2:54.83	3:30.64 3:49.49
				4:28.81					
14	De Steur	De Steur	ES-001	35.63	1:15.45	1:51.93	2:32.85	3:04.43	3:42.01 4:11.33
				4:43.77					

NATIONALE WINTERKAMPIOENSCHAPPEN

ZWEMMEN 1991



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Prog. 148 100m Vrije slag J.'78

Datum : 10- 3-91

1	Pieter v.d. Hoogenband	P.S.V.	78-144	28.05	58.64
2	Gijs Ganzevles	Zeus	78-521	29.56	1:01.64
3	Patrick Steegstra	De Fuut	78-618	30.14	1:02.10
4	Rudmer Heerema	D.A.W./Sportline	78-450	29.65	1:02.11
5	Johan van Zetten	T.Z.C.-Vahalis	78-321	29.90	1:02.12
6	Marcel Willems	Merlet	78-367	29.88	1:02.27
7	Bob de Hoon	T.Z.C.-Vahalis	78-313	30.20	1:02.90
8	Colin Liem	H.P.C.	78-679	29.94	1:03.19
9	Joost Hoetjes	D.A.W./Sportline	78-518	30.52	1:03.37
10	Thierry Vriens	B & O Torpedo	78-067	30.53	1:03.57
11	Sebastiaan Kuyper	D.W.K.	78-601	30.91	1:03.60
12	Tom Wolbert	O.Z. & P.C.	78-668	30.69	1:03.64
13	Freddy Geurtsen	De Dolfijn	78-145	30.86	1:03.66
14	Mark Timmermans	Stadskanaal	78-411	30.31	1:03.79
15	Wesley Bijl	De Kempvis	78-515	30.09	1:03.93
16	Kees v.d. Sluis	Kerkdriel	78-301	30.42	1:03.96
17	Johan van Beek	T.Z.C.-Vahalis	78-291	30.91	1:04.01
18	Bob de Bruijn	De Gouwe	78-780	30.86	1:04.77

Prog. 149 100m Vrije slag J.'77

Datum : 10- 3-91

1	Pascal Lafort	Numansdorp	77-310	26.82	56.04
2	Hans Hulsen	P.S.V.	77-074	27.42	57.22
3	Rogier Stam	A.Z. & P.C.	77-828	27.53	57.88
4	Richard van Duyvenbode	L.Z.1886	77-567	28.58	59.09
5	Marcel Groot	Kon.A.Z.1870	77-494	28.39	59.66
5	Ivo Wesseling	T.Z.C.-Vahalis	77-346	28.24	59.66
7	Emile Plugge	Bubble	77-504	28.75	59.83
8	Sjoerd Witting	De IJsel	77-517	29.36	1:00.55
9	Barry van Amersfoort	De Woelwaters	77-314	27.63	1:00.83
10	Jeroen Gerritsen	Mosa-Regio	77-473	28.60	1:01.55
11	Marcel van Esch	Die Heygrave	77-179	29.35	1:01.91
12	Bob Heijl	Merlet	77-318	29.30	1:02.84

NATIONALE WINTERKAMPIOENSCHAPPEN

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rog. 150 100m Vrije slag J.'76

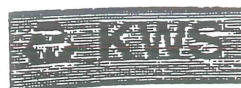
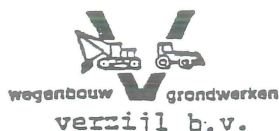
Datum : 10- 3-91

1	Ronald Fijn	De Steur	76-449	26.41	54.99
2	Roy Meyboom	Z.O.N./S&S	76-124	27.26	55.60
3	Sander Horenberg	Zevenhuizen	76-398	26.70	55.61
4	Jeroen Goes	A.Z.& P.C.	76-041	26.83	56.22
5	Kim Bouwes	Stadskanaal	76-307	26.85	56.50
6	Jeroen Mulder	A.Z.& P.C.	76-827	26.99	56.80
7	Jasper Middelberg	De Dolfijn	76-077	27.21	56.85
8	Andre Koopman	H.Z.& P.C.Heve	76-428	27.35	57.49
9	Frank Kleyer	D.W.K.	76-530	27.52	57.84
10	John Huiskens	Nautilus	76-604	27.43	57.92
11	Joep van Dijk	T.R.B./R.E.S.	76-599	27.64	58.07
12	Chong`Woo Chiang	De Reest	76-311	27.59	58.11
13	Niels Hoogsteder	Hoorn	76-475	28.28	58.58
14	Robbert Liesting	De Bevers	76-394	27.96	58.69
15	Evert Jan van Harten	D.W.K.	76-478	28.32	59.00
16	Robrecht v.d. Horst	Z.O.N./S&S	76-065	28.13	59.12
17	Dave Kempers	Groenlo	76-269	28.25	59.13

Prog. 151 100m Vrije slag J.'75

Datum : 10- 3-91

1	Jeroen v.d. Loosdrecht	De Kempvis	75-451	25.94	53.34
2	Martijn Baans	De Kempvis	75-623	25.81	54.05
2	Stefan Aartsen	V.Z.C.	75-025	26.12	54.05
4	Rob Nijweide	Groenlo	75-302	26.01	54.22
5	Frank Laffeber	Nautilus	75-613	26.26	54.28
6	Dennis Schouten	De Zijl/L.G.B.	75-129	26.62	54.72
7	Jos Middelberg	De Dolfijn	75-078	26.36	54.91
8	Arno Fidler	Eemsrobbe	75-459	26.14	54.96
9	Edwin Ruysink	A.Z.& P.C.	75-062	26.04	55.13
10	Brent Senduk	De Dolfijn	75-076	26.11	55.18
11	Edgar Thimister	M.Z.& P.C.	75-676	26.77	55.54
12	Willy Hansen	De Dinkel	75-400	26.99	55.67
13	Ronnie Uitzetter	Z.P.A.	75-399	27.43	56.22
14	Mark Dijkstra	B & O Torpedo	75-056	26.93	56.32
15	Jeroen Jacobs	De Gelenberg	75-300	27.15	56.38
16	Johan Tammes	D.A.W./Sportline	75-508	26.79	56.42
17	Michel Bom	Zeus	75-518	27.21	56.43
18	Etan Ronen	P.S.V.	75-049	27.49	57.03



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Prog. 152 100m Vrije slag J.'74/'73

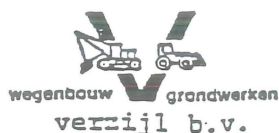
Datum : 10- 3-91

1 Vincent Elgersma	De Dolfijn	73-286	25.31	51.46
2 Bram van Haandel	P.S.V.	73-087	24.78	51.55
3 Dennis Parlevliet	P.S.V.	73-644	24.77	51.62
4 Tim Hoeymans	P.S.V.	74-426	25.01	51.92
5 Wouter Steller	W.V.Z.	74-070	25.86	53.10
6 Wilco v.d. Akker	A.Z. & P.C.	73-019	25.44	53.22
7 Mark v.d. Zijden	De Gouwe	73-699	25.70	53.47
8 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	25.97	53.53
9 Sjaak Kuiken	Orca	74-480	25.63	53.57
10 Wilko Trompetter	D.Z. & P.C.	73-639	25.51	53.69
11 Marco Mulder	A.Z. & P.C.	74-826	26.18	53.82
12 Marko van Brummelen	De Zijl/L.G.B.	73-063	26.01	53.99
13 Daniel v.d. Weerd	De Steur	73-491	26.07	54.75

Prog. 153 100m Vrije slag HEREN

Datum : 10- 3-91

1 Ron Dekker	De IJssel	66-044	24.34	50.08
2 Etienne Boukal	De Dolfijn	69-300	24.55	51.10
3 Ronald Sloeserwij	De Dolfijn	69-648	25.08	51.21
4 Leon Verhage	Nautilus	64-539	25.06	52.23
5 Dick Roest	L.Z.1886	68-616	24.71	52.39
6 Edwin de Wilde	A.Z. & P.C.	72-469	25.50	52.80
7 Stan Steegeling	De Dolfijn	71-016	25.16	52.85
8 John Machielsen	H.P.C.	68-707	25.75	53.13



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Prog. 154 100m Rugslag M.'78

Datum : 10- 3-91

1 Wendy Timmermans	W.V.Z.	78-014	34.93	1:11.42
2 Mariska van Harn	D.W.K.	78-566	34.84	1:11.49
3 Iris Veenendaal	Z.C.E.	78-624	34.86	1:12.94
4 Sabrina Fortes	De Kempvis	78-529	35.23	1:13.12
5 Inge Michielsen	Scheldestroom	78-162	35.32	1:13.40
6 Marijke van Schagen	De Bevers	78-488	34.70	1:13.43
7 Tamara Hooyma	M.S.V.-Zeemacht	78-536	35.27	1:13.65
8 Miriam de Vries	Z.C.N.F.'34	78-301	35.84	1:13.88
9 Monique Korb	V.Z.C.	78-561	35.62	1:15.22
9 Rianne Bongers	De Bevers	78-426	35.84	1:15.22
11 Jacqueline v. Kesteren	De Gelenberg	78-299	35.27	1:15.28
12 Lonneke Bloemendaal	E.Z.V.	78-157	36.15	1:15.37
13 Liesbeth Haasnoot	A.Z. & P.C.	78-002	36.55	1:15.38
14 Elma van Baasbank	De Kikker	78-449	34.86	1:15.46
15 Ilona Birsac	H.Z. & P.C.Horst	78-505	36.22	1:15.62
16 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	36.21	1:15.76
17 Chantal van Rens	P.S.V.	78-112	36.67	1:17.34
18 Saskia Steenbruggen	Damixa/Het Ravijn	78-620	36.69	1:17.46
19 Bianca Smids	De Dolfijn	78-146	36.45	1:17.73

Prog. 155 100m Rugslag M.'77

Datum : 10- 3-91

1 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	31.07	1:05.17
2 Nadia van Houwelingen	A.Z. & P.C.	77-039	33.23	1:09.68
3 Saskia Stoteler	Groenlo	77-245	33.93	1:09.86
4 Marieke Ruysink	A.Z. & P.C.	77-141	33.36	1:10.05
5 Madelon Baans	De Kempvis	77-624	33.68	1:11.04
6 Fleur Bakker	L.Z.1886	77-473	34.60	1:11.16
7 Linda de Boer	D.A.W./Sportline	77-434	34.39	1:11.63
8 Linda van Hout	A.Z. & P.C.	77-625	34.26	1:12.41
9 Karen Wammes	T.Z.C.-Vahalis	77-296	34.63	1:12.47
10 Saskia de Keyzer	L.Z.1886	77-568	34.37	1:12.59
11 Wilma van 't Hullenaar	G.Z.C.	77-699	34.36	1:13.09
12 Olga Olde Olthuis	De Dinkel	77-362	34.04	1:13.31

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Prog. 156 100m Rugslag M.'76

Datum : 10- 3-91

1 Marielle Piels	T.Z.C.-Vahalis	76-311	32.04	1:07.21
2 Kirsten Vliegheuis	De Dinkel	76-398	33.20	1:07.26
3 Bianca Hocks	L.Z.1886	76-439	32.91	1:08.62
4 Leda Bitanc	V.Z.C.	76-533	33.34	1:09.17
4 Monique Hamstra	Stadskanaal	76-365	32.90	1:09.17
6 Kitty Mensink	De Dinkel	76-293	33.96	1:10.43
7 Alice de Jong	Groenlo	76-225	33.53	1:10.69
8 Noortje Dekkers	P.S.V.	76-104	34.34	1:12.57

Prog. 157 100m Rugslag M.'75

Datum : 10- 3-91

1 Catherine Hoogeveen	D.Z. & P.C.	75-549	32.19	1:08.23
2 Ilse de Jonge	Scheldestroom	75-142	32.67	1:08.31
3 Karen Guldemon	H.P.C.	75-026	32.89	1:08.88
4 Bianca Meyners	De Dinkel	75-324	33.43	1:09.02
5 Nida Zuhail	Double Duty-V.Z.C.	75-403	33.46	1:09.04
6 Marion van Hooft	De Gouwe	75-463	33.40	1:09.12
7 Miranda den Hollander	Woerden	75-029	32.59	1:09.91
8 Danielle Sloodjes	Orca	75-502	32.93	1:10.36
9 Erika Helmantel	De Inktvis	75-336	33.36	1:10.58
10 Jacqueline Nieland	Stadskanaal	75-415	34.27	1:11.08
11 Nancy Timmermans	De Aa	75-441	34.34	1:11.14
12 Wendy Roowaan	Zignea	75-289	33.72	1:11.44
13 Renate Wijering	De Dinkel	75-401	34.14	1:11.70

Prog. 158 100m Rugslag M.'74/'73

Datum : 10- 3-91

1 Iris Westrik	De Dinkel	74-322	31.45	1:05.33
2 Brenda Starink	De Kempvis	74-378	31.88	1:06.22
3 Wendy Leemker	Orca	74-431	31.62	1:06.37
4 Marieke Rump	De Reest	73-259	31.74	1:06.98
5 Marieke Westerhof	De Dinkel	74-319	27.47	1:08.93
6 Wendy Alberts	D.W.K.	74-547	33.14	1:09.02
7 Maaik Addicks	G.Z.C.	74-430	32.69	1:09.10
8 Edith Koolen	Kimbria	73-254	32.65	1:09.41
9 Suzanne Wouda	C.Z.M.Uden(Startgem)	74-492	33.78	1:09.76
10 Renata van Leeuwen	M.S.V.-Zeemacht	73-533	33.34	1:09.83

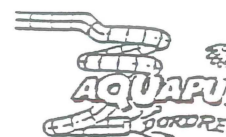
Prog. 159 100m Rugslag DAMES

Datum : 10- 3-91

1 Ellen Elzerman	B & O Torpedo	71-008	30.67	1:04.12
2 Marianne Muis	Z.P.A.	68-561	31.51	1:05.81
3 Saskia Lammerts	't Tolhekke	70-133	31.62	1:06.33
4 Ingrid Baars	De Dolfijn	69-080	31.70	1:06.39
5 Renate Wigger	De Dinkel	70-176	32.55	1:07.86
6 Wanda Jongejan	De Gooye	72-031	32.01	1:07.97
7 Gudule v.d. Meer	De Dolfijn	72-164	32.34	1:08.03
8 Meike Wouda	Hoorn	71-276	32.02	1:08.12
9 Hilde Swinkels	P.S.V.	69-120	32.44	1:08.55



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WED. CH. POLOVERHOEF
NAUTILUS
SPORTW

Prog. 160 200m Rugslag J.'78

Datum : 10- 3-91

1 Pieter v.d. Hoogenband	P.S.V.	78-414	34.60	1:12.27	1:50.18	2:28.08
2 Sebastiaan Kuyper	D.W.K.	78-601	34.32	1:13.29	1:52.17	2:31.18
3 Freddy Geurtsen	De Dolfijn	78-145	35.31	1:14.54	1:54.82	2:32.56
4 Patrick Steegstra	De Fuut	78-618	35.01	1:14.09	1:54.09	2:33.41
5 Ferdie Witvoet	De Reestduikers	78-022	35.01	1:13.50	1:55.10	2:34.98
6 Remco Singeling	L.Z.1886	78-503	35.46	1:14.64	1:54.96	2:35.07
7 Dirk Jan Roos	Waterland	78-210	36.11	1:16.06	1:56.68	2:37.44
8 Ewout van 't Hert	M.S.V.-Zeemacht	78-476	36.08	1:16.51	1:58.18	2:38.64
9 Marcel Willems	Merlet	78-367	37.36	1:17.28	1:59.42	2:39.52
10 Micha Prins	De Zijl/L.G.B.	78-692	36.87	1:17.87	2:00.30	2:40.98
11 Roy Meppelder	Bubble	78-002	37.54	1:18.79	2:01.06	2:43.34
12 Jan Stinissen	P.S.V.	78-021	39.15	1:23.48	2:07.88	2:53.00

Prog. 161 200m Rugslag J.'77

Datum : 10- 3-91

1 Sebastiaan Hagewoud	De Reestduikers	77-002	32.17	1:08.65	1:46.44	2:22.63
2 Pascal Lafort	Numansdorp	77-310	33.48	1:09.61	1:46.70	2:23.12
3 Sjoerd Witting	De IJsel	77-517	34.37	1:11.10	1:47.99	2:23.91
4 Michel Zwennes	D.W.K.	77-540	34.35	1:12.43	1:50.66	2:27.52
5 Hans Hulsen	P.S.V.	77-074	33.39	1:11.72	1:50.51	2:27.84
6 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	33.34	1:10.89	1:50.15	2:29.84
7 Robert Jan Derksen	Zwemlust-den Hommel	77-567	35.11	1:14.11	1:52.58	2:30.79
8 Marcel Groot	Kon.A.Z.1870	77-494	34.23	1:12.30	1:52.69	2:31.22
9 Dave Middelburg	De Hoogwerf	77-368	35.83	1:12.83	1:52.29	2:32.05
10 Fabian Willemsen	D.W.K.	77-680	34.38	1:13.41	1:52.84	2:32.63
11 Ard Noeverman	Stadskanaal	77-358	35.06	1:14.42	1:53.67	2:32.90
12 Edwin Wijnen	Damixa/Het Ravijn	77-614	33.96	1:12.57	1:52.94	2:33.12
13 Wilfred van Middendorp	D.W.K.	77-557	35.31	1:14.23	1:54.72	2:34.46

Prog. 162 200m Rugslag J.'76

Datum : 10- 3-91

1 Christian Fischer	H.P.C.	76-732	30.79	1:02.75	1:37.47	2:12.55
2 Ronald Fijn	De Steur	76-449	32.40	1:07.42	1:43.30	2:19.18
3 Antoine Calis	De Dolfijn	76-154	32.19	1:06.98	1:43.28	2:19.85
4 Hans Geert Mast	D.Z.& P.C.	76-708	31.25	1:07.32	1:45.33	2:22.35
5 Dave Kempers	Groenlo	76-269	32.82	1:10.01	1:47.10	2:23.27
6 Rowin Timmermans	W.V.Z.	76-013	34.18	1:12.24	1:51.81	2:23.59
7 Kim Bouwes	Stadskanaal	76-307	32.76	1:09.39	1:47.46	2:24.31
8 Michiel Krikke	De Dolfijn	76-010	33.01	1:09.97	1:47.75	2:25.65
9 Maarten Jaarsma	Z.P.A.	76-531	32.43	1:08.81	1:46.97	2:25.73
10 Joep van Dijk	T.R.B./R.E.S.	76-599	34.40	1:11.23	1:49.60	2:27.62
11 Patrick Veenstra	S.G.G. (Startgem)	76-453	33.49	1:11.76	1:52.46	2:33.66

NATIONALE WINTERKAMPIOENSCHAPPEN

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Prog. 163 200m Rugslag J.'75

Datum : 10- 3-91

1 Christian de Groot	L.Z.1886	75-574	30.68	1:04.62	1:39.64	2:15.39
2 Rob Onderwijzer	W.Z. & P.C.	75-384	31.07	1:05.06	1:40.81	2:15.85
3 Eddy Brinkmeijer	D.A.W./Sportline	75-429	31.62	1:06.34	1:41.53	2:16.40
4 Ronnie Uitzetter	Z.P.A.	75-399	30.98	1:05.68	1:41.23	2:16.45
5 Frank Laffeber	Nautilus	75-613	31.35	1:05.91	1:41.27	2:16.63
6 Rob Nijweide	Groenlo	75-302	30.82	1:06.08	1:41.94	2:18.34
7 Hugo Ruymbeke	T.R.B./R.E.S.	75-551	32.00	1:07.31	1:44.05	2:20.58
8 Remco Hitzert	A.Z. & P.C.	75-476	32.77	1:09.72	1:45.86	2:20.72
9 Jeroen Jacobs	De Gelenberg	75-300	32.33	1:08.22	1:45.72	2:22.13
10 Martijn Perlee	H.P.C.	75-583	32.74	1:08.77	1:45.10	2:22.95
11 Harl Tieleman	Tiamat	75-210	32.31	1:08.51	1:46.07	2:24.03
12 Bart Gersen	Oceanus	75-332	32.51	1:08.50	1:45.93	2:24.17
13 Sancho Berbers	De Warande	75-575	32.76	1:08.73	1:45.94	2:24.38
14 Nicolai Steenberg	De Reestduikers	75-010	31.55	1:07.38	1:45.63	2:24.80
15 Lucien Smits	De Zwoer	75-146	33.68	1:09.63	1:48.19	2:24.94
16 Maikel Klaver	Orca	75-398	31.85	1:08.79	1:47.43	2:25.46

Prog. 164 200m Rugslag J.'74/'73

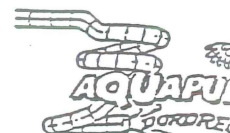
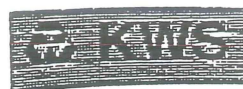
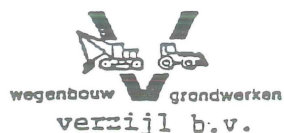
Datum : 10- 3-91

1 Roy v.d. Veen	H.P.C.	73-075	29.61	1:03.13	1:37.39	2:11.12
2 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	31.01	1:04.54	1:38.87	2:14.3
3 Wilko Rutgers	Steenwijk 1934	73-259	31.05	1:05.54	1:40.30	2:15.39
4 Sjors Sijberden	W.Z. & P.C.	74-424	30.64	1:04.61	1:39.95	2:16.05
5 Wilco v.d. Akker	A.Z. & P.C.	73-019	28.75	1:01.78	1:39.42	2:17.36
6 Pim Commandeur	Groenlo	74-303	31.24	1:06.13	1:41.86	2:17.97
7 Rogier Visser	H.Z. & P.C.Horst	73-326	32.16	1:06.76	1:41.93	2:18.35
8 Eduard van Veenen	Stadskanaal	73-407	31.39	1:05.58	1:41.37	2:19.08
9 John Oude Egbrink	De Dinkel	73-279	31.97	1:07.12	1:43.28	2:19.95

Prog. 165 200m Rugslag HEREN

Datum : 10- 3-91

1 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	29.24	1:01.14	1:32.80	2:05.91
2 Richard Blank	De Dolfijn	72-551	29.33	1:00.47	1:32.63	2:07.21
3 Milco Hogerbrug	Nautilus	72-292	28.95	1:00.81	1:34.23	2:08.03
4 Jan Sonneveld	De Dolfijn	72-015	30.67	1:03.29	1:35.63	2:08.99
5 Johan Dijkstra	Orca	71-434	29.80	1:02.54	1:36.28	2:10.78
6 Stan Steegeling	De Dolfijn	71-016	29.87	1:03.56	1:37.46	2:10.96
7 Peter v.d. Woning	De Dolfijn	65-095	30.37	1:03.82	1:37.15	2:11.21
8 Alexander Tellegen	P.S.V.	72-015	29.64	1:02.99	1:37.05	2:11.34
9 Edwin v.d. Wulp	Steenwijk 1934	70-332	30.02	1:03.60	1:38.66	2:14.25
10 Danny Nelson	Nautilus	71-541	31.17	1:04.89	1:38.99	2:14.36
11 Guido Keutgen	Raket	68-371	29.40	1:02.37	1:37.24	2:15.12
12 Peter de Rover	De Dolfijn	67-344	30.52	1:04.38	1:38.84	2:15.22
13 Jeroen Fietje	De Meent	72-203	34.18	1:12.24	1:51.81	2:15.91
14 Ruud Coone	De Dolfijn	68-065	30.79	1:05.17	1:39.60	2:16.54



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Prog. 166 200m Wisselslag pers. M.'78

Datum : 10- 3-91

1 Mariska van Harn	D.W.K.	78-566	32.21	1:09.32	1:53.72	2:28.18
2 Sabrina Fortes	De Kempvis	78-529	32.89	1:11.73	1:58.23	2:33.38
3 Wendy Timmermans	W.V.Z.	78-014	32.89	1:12.25	2:00.16	2:33.64
4 Name Zuhai	Double Duty-V.Z.C.	78-683	36.23	1:15.43	2:01.37	2:37.91
5 Maartje Zengerink	C.Z.M.Uden(Startgem)	78-029	33.99	1:14.73	2:04.15	2:38.17
6 Lonneke Bloemendaal	E.Z.V.	78-157	34.47	1:14.64	2:02.77	2:39.06
7 Tamara v.d. Wal	Het IJ	78-030	34.80	1:15.81	2:02.87	2:39.44
8 Sindy Lubbers	De IJsselmeewen	78-572	34.08	1:15.88	2:04.10	2:41.65
9 Wendy Stubbe	Damixa/Het Ravijn	78-684	34.45	1:16.32	2:04.83	2:42.32
10 Iris Veenendaal	Z.C.E.	78-624	34.98	1:16.17	2:06.08	2:44.97
11 Bianca Smids	De Dolfijn	78-146	36.41	1:19.65	2:08.04	2:46.38
12 Marijke van Schagen	De Bevers	78-488	37.76	1:18.07	2:10.02	2:49.37

Prog. 167 200m Wisselslag pers. M.'77

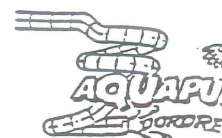
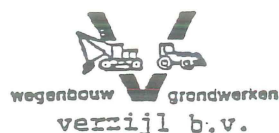
Datum : 10- 3-91

1 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	31.85	1:06.90	1:49.73	2:22.32
2 Madelon Baans	De Kempvis	77-624	32.46	1:10.77	1:52.63	2:27.05
3 Fleur Bakker	L.Z.1886	77-473	33.26	1:12.78	1:56.24	2:29.27
4 Annemieke Mos	B & O Torpedo	77-043	33.91	1:12.80	1:57.73	2:30.88
5 Saskia Stoteler	Groenlo	77-245	33.06	1:10.93	1:57.20	2:31.00
6 Martinique Koridon	De Steur	77-410	31.93	1:12.52	1:58.06	2:32.06
7 Marieke Ruysink	A.Z.& P.C.	77-141	33.56	1:11.51	1:57.55	2:32.62
8 Karen Wammes	T.Z.C.-Vahalis	77-296	33.59	1:12.08	2:01.21	2:32.98
9 Marloes Neijman	B.Z.V.	77-545	33.66	1:12.35	1:57.98	2:34.06
10 Priscilla Laurens	Z.P.A.	77-498	34.55	1:14.47	1:59.48	2:35.04
11 Ryan Verplanke	Scheldestroom	77-152	31.81	1:12.57	1:57.45	2:35.96
12 Margot Hoozeveen	D.Z.& P.C.	77-673	33.28	1:14.32	2:01.23	2:36.18
13 Linda de Boer	D.A.W./Sportline	77-434	32.78	1:13.58	2:01.46	2:37.76

Prog. 168 200m Wisselslag pers. M.'76

Datum : 10- 3-91

1 Kirsten Vliegheuis	De Dinkel	76-398	32.07	1:09.02	1:50.32	2:20.85
2 Wendy Groeneveld	De Dinkel	76-339	32.45	1:12.48	1:52.47	2:24.76
3 Kitty Mensink	De Dinkel	76-293	31.91	1:10.06	1:53.40	2:24.94
4 Monique Hamstra	Stadskanaal	76-365	31.63	1:08.83	1:51.58	2:25.67
5 Mary Peeters	P.S.V.	76-116	31.88	1:12.24	1:53.92	2:29.75
6 Bianca Hocks	L.Z.1886	76-439	34.35	1:13.15	1:58.30	2:30.89
7 Regina van Bruggen	W.V.Z.	76-609	33.88	1:14.23	1:57.64	2:31.45
8 Danielle Klaverdijk	Nautilus	76-430	32.49	1:12.58	1:57.88	2:32.11
9 Bianca Lutters	P.S.V.	76-037	34.11	1:15.84	1:59.80	2:32.78
10 Lilian Visscher	De Steur	76-479	33.63	1:15.24	1:58.98	2:32.92
11 Yvonne van Beek	De Vrije Slag	76-389	33.76	1:13.95	2:00.33	2:36.19



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Prog. 169 200m Wisselslag pers. M'75

Datum : 10- 3-91

1 Nida Zuhal	Double Duty-V.Z.C.	75-403	30.93	1:08.11	1:50.17	2:23.15
2 Linda v.d. Bosch	W.V.Z.	75-528	32.74	1:11.55	1:53.97	2:26.82
3 Nancy Timmermans	De Aa	75-441	32.04	1:11.49	1:56.51	2:27.73
4 Minouche Smit	Hoorn	75-365	32.33	1:11.92	1:54.63	2:28.14
5 Diana IJspeert	D.W.K.	75-480	33.41	1:12.44	1:54.62	2:28.20
6 Wilma Veldhoen	D.S.Z.	75-404	31.70	1:11.35	1:55.97	2:29.05
7 Karen Guldemon	H.P.C.	75-026	32.69	1:10.67	1:56.18	2:29.19
8 Jacqueline Nieland	Stadskanaal	75-415	33.66	1:13.78	1:56.72	2:29.94
9 Sandra van 't Hof	De Dolfijn	75-273	32.67	1:14.26	1:56.98	2:31.48
10 Ilse de Jonge	Scheldeestroom	75-142	32.91	1:12.53	2:00.39	2:35.34

Prog. 170 200m Wisselslag pers. M.'74/'73

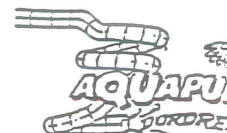
Datum : 10- 3-91

1 Radna Mulder	De Zijl/L.G.B.	73-146	31.39	1:06.90	1:48.00	2:20.86
2 Kristel Tellegen	P.S.V.	74-016	31.53	1:10.01	1:50.29	2:22.10
3 Brenda Starink	De Kempvis	74-378	31.03	1:06.52	1:49.86	2:22.28
4 Sylvia Gase	De Dolfijn	73-311	31.35	1:09.12	1:49.95	2:23.81
5 Iris Westrik	De Dinkel	74-322	31.55	1:08.50	1:51.77	2:23.88
6 Hanneke Koopmans	De Zijl/L.G.B.	74-058	32.46	1:10.97	1:52.65	2:27.42
7 Cindy Alberts	Z.O.N./S&S	74-054	31.78	1:09.45	1:53.14	2:28.57
8 Wendy Leemker	Orca	74-431	33.76	1:10.44	1:54.73	2:29.43

Prog. 171 200m Wisselslag pers. DAMES

Datum : 10- 3-91

1 Marieke Mastebroek	Eemsrobber	71-624	29.64	1:05.32	1:46.55	2:18.90
2 Ingrid Koeman	De Dolfijn	71-067	30.75	1:07.49	1:48.15	2:21.24
3 Yvette Vester	A.Z. & P.C.	71-125	31.33	1:08.35	1:49.30	2:21.25
4 Renate Wigger	De Dinkel	70-176	30.93	1:06.91	1:48.23	2:21.27
5 Angelique Jacobs	P.S.V.	72-039	30.96	1:07.90	1:51.33	2:25.36
6 Desiree de Bruijn	W.V.Z.	71-435	31.58	1:09.18	1:52.24	2:25.48
7 Nina Hulleman	D.Z. & P.C.	71-521	30.83	1:10.37	1:53.22	2:27.45
8 Gea Veldhuizen	S.G.G. (Startgem)	71-646	31.86	1:09.57	1:54.12	2:28.18
SN 9 Saskia Lammerts	't Tolhekke	70-133	32.25	1:11.25	1:55.62	2:30.26



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Prog. 172 200m Vlinderslag J.'78

Datum : 10- 3-91

1 Pieter v.d. Hoogenband	Argo	78-414	32.49	1:10.47	1:50.20	2:29.44
2 Remco Singeling	L.Z.1886	78-503	33.11	1:11.97	1:53.09	2:34.70
3 Bob de Hoon	T.Z.C.-Vahalis	78-313	34.37	1:13.77	1:54.51	2:36.47
4 Rudmer Heerema	D.A.W./Sportline	78-450	34.55	1:15.06	1:57.62	2:39.46
5 Erik Oly	De Kempvis	78-533	33.74	1:13.38	1:55.43	2:39.75
6 Kees v.d. Sluys	Kerkdriel	78-301	34.68	1:15.42	1:58.55	2:41.12
7 Wesley Bijl	De Kempvis	78-515	36.29	1:17.01	2:00.52	2:42.02
8 Micha Prins	De Zijl/L.G.B.	78-692	36.33	1:17.84	2:00.97	2:43.00
VE 9 Thierry Vriens	B & O Torpedo	78-067	34.37	1:16.18	2:00.15	2:42.70

Prog. 173 200m Vlinderslag J.'77

Datum : 10- 3-91

1 Ronald van Charante	De Dolfijn	77-147	30.75	1:06.98	1:44.59	2:24.50
2 Richard van Duyvenbode	L.Z.1886	77-567	32.50	1:09.27	1:47.67	2:25.84
3 Gerjan Hulstijn	H.Z.C.-Weusthag	77-397	32.13	1:11.39	1:49.94	2:29.86
4 Michel Zwennes	D.W.K.	77-540	33.40	1:12.73	1:53.12	2:31.96
5 Erwin de Grijs	Hoorn	77-443	32.27	1:09.91	1:49.64	2:32.09
6 Dave Middelburg	De Hoogwerf	77-368	31.42	1:10.52	1:52.42	2:35.86

Prog. 174 200m Vlinderslag J.'76

Datum : 10- 3-91

1 Christian Fischer	H.P.C.	76-732	30.12	1:05.29	1:41.00	2:15.22
2 Ronald Fijn	De Steur	76-449	30.24	1:05.08	1:41.04	2:17.08
3 Evert Jan van Harten	D.W.K.	76-478	30.58	1:05.64	1:41.51	2:18.03
4 Edwink Blom	Nautilus	76-581	30.49	1:07.04	1:41.57	2:18.96
5 Antoine Calis	De Dolfijn	76-154	31.78	1:07.67	1:43.93	2:22.08
6 Sander Horenberg	Zevenhuizen	76-398	31.88	1:08.78	1:45.44	2:22.23
7 Frans Merks	Tiamat	76-233	33.01	1:10.10	1:48.13	2:26.76
8 Rowin Timmermans	W.V.Z.	76-013	32.93	1:10.68	1:50.42	2:30.19

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Prog. 175 200m Vlinderslag J.'75

Datum : 10- 3-91

1 Jeroen v.d. Loosdrecht	De Kempvis	75-451	27.05	58.98	1:32.35	2:06.56
2 Edgar Thimister	M.Z.& P.C.	75-676	29.26	1:03.21	1:38.24	2:12.71
3 Ronnie Uitzetter	Z.P.A.	75-399	29.30	1:02.99	1:38.00	2:12.81
4 Christian de Groot	L.Z.1886	75-574	28.29	1:01.31	1:36.61	2:12.94
5 Martijn Baans	De Kempvis	75-623	29.02	1:03.42	1:38.85	2:14.24
6 Jaap Simonis	De Houtrib	75-413	30.91	1:06.06	1:41.44	2:16.66
7 Stefan Aartsen	V.Z.C.	75-025	29.80	1:04.01	1:41.06	2:18.41
8 Mark Liesting	De Bevers	75-348	30.76	1:06.85	1:43.56	2:21.38
9 Jan Willem van Dijk	A.Z.& P.C.	75-139	30.36	1:06.29	1:44.64	2:21.46
10 Patrick Gehasse	Orca	75-353	31.15	1:07.37	1:45.01	2:22.65
11 Etan Ronen	P.S.V.	75-049	31.31	1:08.23	1:46.19	2:24.94
12 Harl Tielemans	Tiamat	75-210	32.70	1:10.21	1:49.38	2:28.26
13 Richard Middelbos	Stadskanaal	75-417	30.59	1:05.30	1:41.33	2:18.99

Prog. 176 200m Vlinderslag J.'74/'73

Datum : 10- 3-91

1 Dennis Parlevliet	P.S.V.	73-644	28.74	1:01.24	1:33.38	2:05.76
2 Vincent Elgersma	De Dolfijn	73-286	28.52	1:01.27	1:33.97	2:05.77
3 Bram van Haandel	P.S.V.	73-087	28.91	1:01.28	1:33.94	2:07.59
4 Arjan van Vliet	Nautilus	74-504	28.46	1:01.14	1:35.42	2:11.29
5 Robin Boon	Oceanus	73-355	28.68	1:02.58	1:36.52	2:12.21
6 Rick Beerendonk	H.P.C.	73-056	28.72	1:01.90	1:36.04	2:12.28
7 Bas Ido Wennekes	D.W.K.	74-637	29.09	1:02.79	1:36.74	2:13.12
8 Roy v.d. Veen	H.P.C.	73-075	29.04	1:02.85	1:37.76	2:13.79
9 Eduard van Veenen	Stadskanaal	73-407	30.06	1:03.66	1:38.63	2:15.33
10 Patrick Jordan	De Meent	73-182	30.60	1:05.53	1:40.78	2:16.91
11 Frank Huisman	M.S.V.-Zeemacht	73-372	29.60	1:03.11	1:38.90	2:17.57

Prog. 177 200m Vlinderslag HEREN

Datum : 10- 3-91

1 Casper van Dam	Zwemlust-den Hommel	71-405	28.47	1:00.71	1:31.04	2:02.57
2 John Machielsen	H.P.C.	68-707	27.95	59.90	1:32.57	2:06.21
3 Almar v.d. Meer	B & O Torpedo	72-015	28.83	1:00.92	1:33.41	2:06.54
4 Alain de Kort	H.P.C.	69-222	27.71	59.87	1:32.71	2:06.84
5 Raimond Vahrmeijer	De Dolfijn	69-148	27.44	1:00.76	1:32.44	2:06.85
6 Dick Roest	L.Z.1886	68-616	29.53	1:02.99	1:35.87	2:10.87
7 Chester Marsman	Spartaan	69-376	29.39	1:02.64	1:36.37	2:11.41
8 Benny Mensink	Z.P.A.	66-305	29.05	1:02.00	1:36.22	2:12.62
9 Marco v.d. Berg	D.S.Z.	69-427	27.94	1:00.12	1:33.35	2:10.61

NATIONALE WINTERKAMPIOENSCHAPPEN

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Prog. 178 100m Vrije slag FA HEREN FINALE

Datum : 10- 3-91

1 Ron Dekker	De IJssel	66-044	24.13	49.96
2 Ronald Sloeserwij	De Dolfijn	69-648	24.81	50.83
3 Vincent Elgersma	De Dolfijn	73-286	24.94	51.03
4 Etienne Boukal	De Dolfijn	69-300	24.35	51.42
5 Tim Hoeymans	P.S.V.	74-426	24.94	51.97
6 Dennis Parlevliet	P.S.V.	73-644	25.09	52.00
7 Leon Verhage	Nautilus	64-539	24.66	52.20
8 Bram van Haandel	P.S.V.	73-087	24.98	52.35

Prog. 178 100m Vrije slag FB HEREN FINALE

Datum : 10- 3-91

1 Wilco v.d. Akker	A.Z. & P.C.	73-019	24.58	51.18
2 Dick Roest	L.Z.1886	68-616	25.76	52.78
3 Wouter Steller	W.V.Z.	74-070	25.64	52.87
3 Edwin de Wilde	A.Z. & P.C.	72-469	25.54	52.87
5 Sjaak Kuiken	Orca	74-480	25.74	54.05
6 Mark v.d. Zijden	De Gouwe	73-699	26.09	54.20
7 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	26.09	54.30
8 John Machielsen	H.P.C.	68-707	27.61	58.36

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Prog. 179 100m Rugslag FA DAMES FINALE

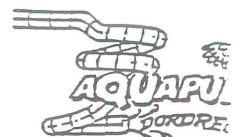
Datum : 10- 3-91

1 Ellen Elzerman	B & O Torpedo	71-008	30.50	1:03.74
2 Marianne Muis	Z.P.A.	68-561	30.99	1:04.76
3 Iris Westrik	De Dinkel	74-322	31.52	1:05.65
4 Ingrid Baars	De Dolfijn	69-080	31.80	1:06.14
5 Naomi v.d. Woerd	T.Z.C.-Vahalis	77-268	31.41	1:06.39
6 Wendy Leemker	Orca	74-431	31.91	1:06.50
7 Saskia Lammerts	't Tolhekke	70-133	31.97	1:07.04
8 Brenda Starink	De Kempvis	74-378	32.13	1:07.83

Prog. 179 100m Rugslag FB DAMES FINALE

Datum : 10- 3-91

1 Marieke Rump	De Reest	73-259	31.45	1:07.10
2 Meike Wouda	Hoorn	71-276	31.82	1:07.65
3 Gudule v.d. Meer	De Dolfijn	72-164	32.18	1:07.77
4 Wanda Jongejan	De Gooye	72-031	32.60	1:08.50
5 Hilde Swinkels	P.S.V.	69-120	32.92	1:08.53
6 Catherine Hoogeveen	D.Z. & P.C.	75-549	32.55	1:09.68
7 Ilse de Jonge	Scheldestroom	75-142	33.16	1:10.68
8 Renate Wigger	De Dinkel	70-176	33.83	1:11.17



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Prog. 180 200m Rugslag FA HEREN FINALE

Datum : 10- 3-91

1 Richard Blank	De Dolfijn	72-551	30.18	1:02.83	1:33.56	2:05.32
2 Marcel Wouda	C.Z.M.Uden(Startgem)	72-360	29.72	1:01.52	1:33.46	2:05.81
3 Milco Hogerbrug	Nautilus	72-292	29.46	1:02.08	1:35.43	2:08.23
4 Johan Dijkstra	Orca	71-434	29.89	1:02.83	1:35.72	2:08.74
5 Jan Sonneveld	De Dolfijn	72-015	30.31	1:03.47	1:36.57	2:08.90
6 Stan Steegeling	De Dolfijn	71-016	30.27	1:03.27	1:36.80	2:10.23
7 Peter v.d. Woning	De Dolfijn	65-095	30.66	1:03.86	1:37.34	2:10.66
8 Roy v.d. Veen	H.P.C.	73-075	29.71	1:02.72	1:36.98	2:11.32

Prog. 180 200m Rugslag FB HEREN FINALE

Datum : 10- 3-91

1 Alexander Tellegen	P.S.V.	72-015	29.61	1:03.57	1:37.48	2:10.74
2 Guido Keutgen	Raket	68-371	29.53	1:03.82	1:38.53	2:12.20
3 Danny Nelson	Nautilus	71-541	31.09	1:05.19	1:39.99	2:13.13
4 Peter de Rover	De Dolfijn	67-344	30.48	1:04.23	1:39.20	2:15.58
5 Wilko Rutgers	Steenwijk 1934	73-259	31.51	1:05.57	1:40.69	2:16.19
6 Edwin v.d. Wulp	Steenwijk 1934	70-332	31.61	1:06.31	1:41.00	2:16.28
7 Robin Sprinkhuizen	De Zijl/L.G.B.	74-710	31.43	1:06.29	1:41.09	2:16.65
8 Christian de Groot	L.Z.1886	75-574	30.69	1:04.49	1:40.59	2:17.39



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Prog. 181 200m Wisselslag pers. FA DAMES FINALE

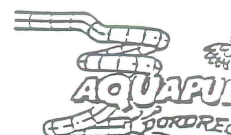
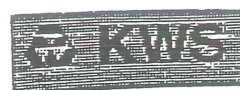
Datum : 10- 3-91

1 Marieke Mastebroek	Eemsrobber	71-624	29.98	1:04.85	1:45.64	2:17.38
2 Radna Mulder	De Zijl/L.G.B.	73-146	30.52	1:06.98	1:47.38	2:19.89
3 Ingrid Koeman	De Dolfijn	71-067	30.69	1:06.89	1:47.74	2:20.61
4 Yvette Vester	A.Z. & P.C.	71-125	31.38	1:08.25	1:48.97	2:20.68
5 Kristel Tellegen	P.S.V.	74-016	31.88	1:09.82	1:49.85	2:21.67
6 Renate Wigger	De Dinkel	70-176	31.93	1:06.97	1:49.17	2:21.75
7 Brenda Starink	De Kempvis	74-378	31.43	1:07.34	1:51.04	2:23.50
8 Nida Zuhail	Double Duty-V.Z.C.	75-403	30.89	1:08.56	1:51.34	2:23.96

Prog. 181 200m Wisselslag pers. FB DAMES FINALE

Datum : 10- 3-91

1 Sylvia Gase	De Dolfijn	73-311	31.57	1:08.83	1:49.62	2:23.19
2 Desiree de Bruijn	W.V.Z.	71-435	31.65	1:09.28	1:51.60	2:24.79
3 Iris Westrik	De Dinkel	74-322	32.22	1:09.41	1:52.39	2:26.34
4 Angelique Jacobs	P.S.V.	72-039	31.06	1:08.66	1:52.72	2:26.61
5 Linda v.d. Bosch	W.V.Z.	75-528	32.91	1:11.07	1:54.04	2:27.61
6 Wendy Groeneveld	De Dinkel	76-339	32.96	1:15.38	1:57.87	2:32.77
7 Kitty Mensink	De Dinkel	76-293	33.16	1:13.19	1:57.94	2:32.99
8 Monique Hamstra	Stadskanaal	76-365	33.56	1:14.42	2:00.57	2:36.75



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NAUTILUS
TORPEDO

Prog. 182 200m Vlinderslag FA HEREN FINALE

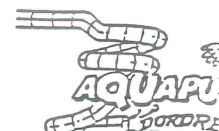
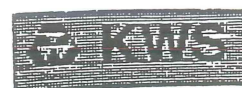
Datum : 10- 3-91

	1 Casper van Dam	Zwemlust-den Hommel	71-405	28.00	59.84	1:30.66	2:01.90
	2 John Machielsen	H.P.C.	68-707	27.96	59.53	1:31.80	2:05.17
	3 Dennis Parlevliet	P.S.V.	73-644	27.73	59.41	1:31.59	2:05.46
NAR	4 Jeroen v.d. Loosdrecht	De Kempvis	75-451	26.90	58.90	1:32.44	2:05.94
	5 Raimond Vahrmeijer	De Dolfijn	69-148	28.69	1:01.10	1:33.41	2:06.46
	6 Almar v.d. Meer	B & O Torpedo	72-015	28.95	1:01.14	1:33.93	2:06.87
	7 Alain de Kort	H.P.C.	69-222	28.04	1:00.91	1:33.98	2:07.59
	8 Vincent Elgersma	De Dolfijn	73-286	28.28	1:00.64	1:34.45	2:08.40

Prog. 182 200m Vlinderslag FB HEREN FINALE

Datum : 10- 3-91

	1 Bram van Haandel	P.S.V.	73-087	27.80	59.28	1:32.95	2:08.12
	2 Chester Marsman	Spartaan	69-376	29.00	1:02.22	1:36.83	2:10.95
	3 Dick Roest	L.Z.1886	68-616	29.26	1:01.97	1:35.46	2:11.36
	4 Edgar Thimister	M.Z. & P.C.	75-676	28.08	1:00.01	1:33.60	2:11.54
	5 Robin Boon	Oceanus	73-355	28.47	1:02.26	1:37.23	2:11.94
	6 Rick Beerendonk	H.P.C.	73-056	28.75	1:02.62	1:37.34	2:12.93
	7 Arjan van Vliet	Nautilus	74-504	28.76	1:01.85	1:37.44	2:14.72
	8 Ronnie Uitzetter	Z.P.A.	75-399	29.77	1:03.80	1:39.48	2:15.13



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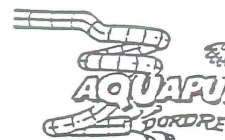
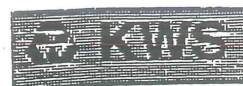


NAUTILUS

Prog. 183 4x200m Vrij slag estafette m.o.16

Datum : 10- 3-91

1 De Dinkel I	De Dinkel	ES-001	28.36	59.49	1:31.40	2:02.35	2:30.98	3:03.10	3:35.29
			4:06.75	4:35.55	5:07.43	5:40.13	6:11.61	6:40.41	7:12.59
			7:45.58	8:18.07					
2 De Dinkel II	De Dinkel	ES-002	29.97	1:03.10	1:36.79	2:09.85	2:39.26	3:12.39	3:46.57
			4:20.92	4:50.76	5:23.90	5:58.04	6:31.94	7:03.12	7:37.31
			8:11.97	8:46.96					
3 T.Z.C.-Vahalis	T.Z.C.-Vahalis	ES-001	30.05	1:03.54	1:38.13	2:12.20	2:42.51	3:16.11	3:51.7
			4:25.77	4:55.45	5:29.30	6:03.69	6:36.64	7:06.51	7:40.49
			8:15.66	8:50.85					
4 W.V.Z.	W.V.Z.	ES-001	30.79	1:04.39	1:39.30	2:12.80	2:41.94	3:15.52	3:50.06
			4:32.17	5:03.56	5:38.43	6:15.44	6:52.27	7:22.35	7:55.25
			8:29.21	9:02.59					
5 L.Z. 1886	L.Z.1886	ES-001	30.85	1:05.13	1:40.12	2:13.39	2:43.83	3:18.11	3:53.27
			4:27.78	4:59.03	5:34.56	6:10.68	6:45.36	7:17.23	7:54.69
			8:33.55	9:11.09					
6 Stadskanaal	Stadskanaal	ES-001	30.88	1:06.06	1:42.82	2:18.56	2:49.17	3:24.53	4:01.56
			4:37.41	5:09.42	5:45.40	6:22.52	6:58.05	7:27.66	8:01.74
			8:36.86	9:11.53					
7 A.Z.P.C.	A.Z.& P.C.	ES-001	31.85	1:08.03	1:45.34	2:22.13	2:53.70	3:30.68	4:07.77
			4:44.01	5:14.43	5:49.26	6:25.93	7:02.34	7:32.42	8:06.03
			8:40.72	9:15.20					
8 De Dolfijn	De Dolfijn	ES-001	30.52	1:04.93	1:40.55	2:15.89	2:46.66	3:20.72	3:55.84
			4:30.86	5:03.25	5:42.95	6:23.69	7:02.26	7:32.82	8:07.00
			8:41.89	9:16.22					
9 Double Duty V.Z.C.	Double Duty-V.Z.C.	ES-001	32.02	1:08.02	1:46.29	2:22.19	2:54.48	3:31.50	4:09.45
			4:46.23	5:15.43	5:50.71	6:28.01	7:06.89	7:37.01	8:19
			8:44.26	9:17.61					
10 D.Z.P.C.	D.Z.& P.C.	ES-001	31.09	1:06.21	1:43.48	2:20.63	2:52.52	3:28.85	4:07.04
				5:15.23	5:51.49	6:30.13	7:07.28	7:38.37	8:13.42
			8:49.52	9:25.1					
11 De Dinkel III	De Dinkel	ES-003	31.14	1:06.33	1:43.15	2:20.36	2:51.72	3:27.46	4:04.05
			4:39.78	5:12.23	5:52.43	6:33.31	7:11.99	7:45.48	8:23.22
			9:01.62	9:38.85					
12*P.S.V.	P.S.V.	ES-001							



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Prog. 184 4x100m Wisselslag estafette j.o. 16

Datum : 10- 3-91

1 De Dolfijn	De Dolfijn	ES-001	30.92	1:06.18	1:37.66	2:13.60	2:41.96	3:15.92	3:42.15
			4:10.77						
2 A.Z.P.C.	A.Z. & P.C.	ES-001	31.07	1:05.75	1:37.63	2:15.03	2:41.86	3:15.38	3:42.00
			4:11.37						
3 De Kempvis	De Kempvis	ES-001	29.44	1:01.45	1:35.07	2:13.78	2:40.90	3:14.62	3:42.10
			4:13.43						
4 H.P.C.	H.P.C.	ES-001	31.29	1:05.38	1:37.91	2:15.46	2:43.19	3:16.50	3:46.03
			4:17.42						
5 Groenlo	Groenlo	ES-001	30.15	1:03.37	1:38.36	2:20.37	2:50.76	3:27.55	3:52.11
			4:20.12						
6 D.W.K.	D.W.K.	ES-001	34.15	1:10.94	1:42.40	2:19.44	2:48.40	3:22.74	3:50.05
			4:20.50						
7 Oceanus	Oceanus	ES-001	31.74	1:06.30	1:39.11	2:16.50	2:47.72	3:25.50	3:53.09
			4:22.83						
8 P.S.V.	P.S.V.	ES-001	33.70	1:08.86	1:41.60	2:20.38	2:51.27	3:27.64	3:54.30
			4:23.72						
9 Tiamat	Tiamat	ES-001	32.63	1:09.69	1:43.89	2:22.11	2:51.30	3:26.27	3:54.23
			4:25.54						
10 De Gelenberg	De Gelenberg	ES-001	31.92	1:07.44	1:40.68	2:19.39	2:50.21	3:27.80	3:55.17
			4:25.94						
11 A.Z.P.C. II	A.Z. & P.C.	ES-002	34.00	1:12.04	1:46.66	2:26.83	2:55.65	3:30.13	3:56.82
			4:26.82						
12 Z.P.A.	Z.P.A.	ES-001	32.45	1:08.51	1:43.45	2:26.04	2:55.30	3:28.28	3:56.35
			4:27.35						
13 M.Z.P.C.	M.Z. & P.C.	ES-001	34.34	1:12.40	1:50.03	2:34.22	3:01.91	3:33.29	4:03.29
			4:36.93						
SK 14 De Dolfijn II	De Dolfijn	ES-002	32.16	1:07.60	1:41.16	2:20.87	2:49.99	3:24.28	3:52.54
			4:23.38						

